

Run With The Wind 3
Wednesday 16th July 2025
Timetable



| Event Id | Name | Rounds | R1Time | Entered |
|----------|-------------------------------|--------|--------|---------|
| F01 | Male Long Jump [6.50 pb up] | 1 | 18:45 | 4 |
| F02 | Female Long Jump [5.50 pb up] | 1 | 18:45 | 7 |
| T01 | U17M-U20W-SW 100m Hurdles | 1 | 18:30 | 7 |
| T02 | Senior Men-U18M 110m Hurdles | 1 | 18:45 | 2 |
| T03 | 100m (Fastest to Slowest pb) | 9 | 19:00 | 67 |
| T04 | 300m [Fastest to Slowest pb] | 1 | 19:40 | 6 |
| T05 | 400m [Fastest to Slowest pb] | 2 | 19:44 | 11 |
| T06 | U13 200m {Mixed Gender on PB} | 1 | 20:00 | 10 |
| T07 | 200m [Fastest to Slowest pb] | 7 | 20:04 | 49 |

SCAN QR CODE FOR START LISTS &
RESULTS

