

Welsh Athletics Athletau Cymru
Senior & U18 Incorporating Euro U18 trials
Track & Field Championships 2026
Saturday 27th & Sunday 28th June
Cardiff International Sports Campus



TRACK EVENTS								
Saturday 27th June								
Event No	Reg Close		Call Room Open	Call Room Closed	Start Time	Age Group	Event	Round
T01-1	09:30	00:16	10:44	10:52	11:00	Senior Men	400M HURDLES	Straight Final
T02-1	09:45	00:16	10:59	11:07	11:15	U18 Men	400M HURDLES	Straight Final
T03-1	10:03	00:16	11:17	11:25	11:33	Senior Women	400M HURDLES	Straight Final
T04-1	10:18	00:16	11:32	11:40	11:48	U18 Women	400M HURDLES	Heats
T07-1	10:38	00:14	11:54	12:02	12:08	U18 Women	800M	Heats
T08-1	10:46	00:14	12:02	12:10	12:16	U18 Men	800m	Heats
T09-1	10:58	00:16	12:12	12:20	12:28	Senior Men	400M	Heats
T10-1	11:10	00:16	12:24	12:32	12:40	Senior Women	400M	Heats
T11-1	11:18	00:16	12:32	12:40	12:48	U18 Men	400M	Heats
T12-1	11:30	00:16	12:44	12:52	13:00	U18 Women	400M	Heats
T13-1	11:50	00:14	13:06	13:14	13:20	U18 Men	2000M S/C	Straight Final
T14-1	12:02	00:16	13:16	13:24	13:32	Senior Men	100M	Heats
T15-1	12:26	00:16	13:40	13:48	13:56	U18 Women	100M	Heats
T16-1	12:38	00:16	13:52	14:00	14:08	U18 Men	100M	Heats
T17-1	13:02	00:16	14:16	14:24	14:32	Senior Women	100M	Heats
T18-1	13:14	00:16	14:28	14:36	14:44	Ambulant M&F	Para M&F Ambulant 100M	Straight Final
T19-1	13:22	00:16	14:36	14:44	14:52	WC & Frame	Para W/C & Frame Running 100M	Straight Final
T14-2	13:34	00:16	14:48	14:56	15:04	Senior Men	100M	Semi Final
T20-1	13:54	00:14	15:10	15:18	15:24	U18 Men	1500M	Heats
T21-1	14:06	00:14	15:22	15:30	15:36	U18 Women	1500M	Heats
T22-1	14:18	00:14	15:34	15:42	15:48	WC & Frame	Para Wheelchair 1500m	Straight Final
T23-1	14:26	00:14	15:42	15:50	15:56	Senior Men	1500M	Straight Final
T24-1	14:32	00:14	15:48	15:56	16:02	Senior Women	1500M	Straight Final
T24A-1	14:46	00:14	16:02	16:10	16:16	U18 Men	3000M	Straight Final
T11-2	14:58	00:16	16:12	16:20	16:28	U18 Men	400M	Final
T12-2	15:02	00:16	16:16	16:24	16:32	U18 Women	400M	Final
T25-1	15:06	00:14	16:22	16:30	16:36	U18 Women	2000M S/C	Straight Final
T15-2	15:22	00:16	16:36	16:44	16:52	U18 Women	100M	Final
T16-2-1	15:26	00:16	16:40	16:48	16:56	U18 Men	100M B FINAL	Final
T16-2-2	15:30	00:16	16:44	16:52	17:00	U18 Men	100M A FINAL	Final
T17-2	15:34	00:16	16:48	16:56	17:04	Senior Women	100M	Final
T14-3	15:38	00:16	16:52	17:00	17:08	Senior Men	100M	Final

Sunday 28th June								
Event No	Reg Close		Call Room Open	Call Room Closed	Start Time	Age Group	Event	Round
T26-1	09:45	00:14	11:01	11:09	11:15	Sen, U20 & U18	5K WALK	Straight Final
T04-2	10:45	00:16	11:59	12:07	12:15	U18 Women	400M HURDLES	Final
T27-1	10:58	00:16	12:12	12:20	12:28	U18 Women	200M	Heats
T28-1	11:10	00:16	12:24	12:32	12:40	U18 Men	200M	Heats
T29-1	11:30	00:16	12:44	12:52	13:00	Senior Women	200M	Heats
T30-1	11:42	00:16	12:56	13:04	13:12	Senior Men	200M	Heats
T31-1	11:58	00:16	13:12	13:20	13:28	Ambulant M&F	Ambulant M&F 200M	Straight Final
T32-1	12:02	00:16	13:16	13:24	13:32	Wheelchair/Fram	W/C & Frame Running 200M	Straight Final
T33-1	12:22	00:16	13:36	13:44	13:52	Senior Men	110M HURDLES	Straight Final
T34-1	12:38	00:16	13:52	14:00	14:08	U18 Men	110M HURDLES	Heats
T35-1	12:54	00:16	14:08	14:16	14:24	Senior Women	100M HURDLES	Heats
T36-1	13:12	00:16	14:26	14:34	14:42	U18 Women	100M HURDLES	Heats
T38-1	13:46	00:14	15:02	15:10	15:16	U18 Women	U18 3000m	Straight Final
T20-2	13:58	00:14	15:14	15:22	15:28	U18 Men	1500M	Final
T21-2	14:04	00:14	15:20	15:28	15:34	U18 Women	1500M	Final
T34-2	14:14	00:16	15:28	15:36	15:44	U18 Men	110M HURDLES	Final
T35-2	14:26	00:16	15:40	15:48	15:56	Senior Women	100M HURDLES	Final
T36-2	14:38	00:16	15:52	16:00	16:08	U18 Women	100M HURDLES	Final
T05-1	14:50	00:14	16:06	16:14	16:20	Senior Men	800M	Straight Final
T06-1	14:55	00:14	16:11	16:19	16:25	Senior Women	800M	Straight Final
T07-2	15:00	00:14	16:16	16:24	16:30	U18 Women	800M	Final
T08-2	15:05	00:14	16:21	16:29	16:35	U18 Men	800m	Final
T09-2	15:10	00:14	16:26	16:34	16:40	Senior Men	400M	Final
T10-2	15:14	00:14	16:30	16:38	16:44	Senior Women	400M	Final
T30-2-1	15:26	00:16	16:40	16:48	16:56	Senior Men	200M B Final	Final
T27-2	15:30	00:16	16:44	16:52	17:00	U18 Women	200M	Final
T28-2-1	15:34	00:16	16:48	16:56	17:04	U18 Men	200M B Final	Final
T28-2-2	15:38	00:16	16:52	17:00	17:08	U18 Men	200M A Final	Final
T29-2	15:42	00:16	16:56	17:04	17:12	Senior Women	200M	Final
T30-2-2	15:46	00:16	17:00	17:08	17:16	Senior Men	200M A Final	Final

FIELD EVENTS							
Saturday 27th June							
Event No	Reg Close	Call Room Open	Call Room Closed	Start Time	Age Group		Event
F01	09:30	10:20	10:28	11:00	U18 Men		Long Jump
F02	09:30	10:20	10:28	11:00	U18 Women		Pole Vault
F03	09:30	10:20	10:28	11:00	U18 Men		Hammer
F04	09:45	10:25	10:33	11:15	Senior Men		High Jump
F05	10:40	11:30	11:38	12:10	Senior Men		Shot Put
F06	10:40	11:30	11:38	12:10	Ambulant Men		Ambulant Shot
F07	10:55	11:45	11:53	12:25	Senior Women		Javelin
F08	11:05	11:55	12:03	12:35	Senior Men		Hammer
F09	11:30	12:20	12:28	13:00	Senior Women		Long Jump
F10	12:20	13:10	13:18	13:50	U18 Women		Javelin
F11	12:40	13:00	13:08	14:10	Senior Women		Pole Vault
F12	12:55	13:45	13:53	14:25	Senior Women		Discus
F13	12:55	13:45	13:53	14:25	Ambulant Female		Ambulant Discus
F14	13:25	14:05	14:13	14:55	U18 Men		High Jump
F15	13:25	14:20	14:28	14:55	Senior Men		Long Jump
F16	14:30	15:20	15:28	16:00	U18 Women		Discus
F17	14:30	15:20	15:28	16:00	U18 Men		Shot Put
F18	14:35	15:35	15:43	16:05	Ambulant M&F		Ambulant Long Jump

Sunday 28th June							
Event No	Reg Close	Call Room Open	Call Room Closed	Start Time	Age Group		Event
F19	09:30	10:40	10:48	11:00	Male & Female		SEATED SHOT
F20	09:30	10:30	10:38	11:00	Senior Men		TRIPLE JUMP
F21	09:30	10:20	10:28	11:00	U18 Women		HAMMER
F22	09:30	10:20	10:28	11:00	U18 Men		JAVELIN
F23	10:00	10:40	10:48	11:30	U18 Men		POLE VAULT
F24	10:50	11:40	11:48	12:20	U18 Women		LONG JUMP
F25	10:35	11:15	11:23	12:05	Senior Women		HIGH JUMP
F26	10:55	11:45	11:53	12:25	Senior Women		HAMMER
F27	11:00	11:50	11:58	12:30	U18 Women		SHOT PUT
F28	12:15	13:05	13:13	13:45	U18 Men		TRIPLE JUMP
F29	12:25	13:15	13:23	13:55	Senior Men		DISCUS
F30	12:25	13:15	13:23	13:55	Ambulant Male		Ambulant DISCUS
F31	12:35	13:35	13:43	14:05	Senior Women		SHOT PUT
F32	12:35	13:35	13:43	14:05	Ambulant Female		SHOT PUT
F33	13:05	13:25	13:33	14:35	Senior Men		POLE VAULT
F34	14:15	15:05	15:13	15:45	Senior Women		TRIPLE JUMP
F35	13:30	14:10	14:18	15:00	U18 Women		HIGH JUMP
F36	13:50	14:40	14:48	15:20	U18 Men		DISCUS
F37	14:00	14:50	14:58	15:30	Senior Men		JAVELIN
F38	14:45	15:35	15:43	16:15	U18 Women		TRIPLE JUMP
F39	15:00	16:10	16:18	16:30	Para M & F		SEATED DISCUS