

**MINIMUM REPORT TO START TEAM FOR
ANY TRACK EVENT IS 10 MINUTES:**

EVENT START TIMES

Ev No	Minimum Report Time	Start Time	Track Events	Age Group	Races	
					QTY	TOT
T01	11:50 AM	12:00 PM	80m Hurdles	U16 Boys	2	2
T02	12:05 PM	12:15 PM	75m Hurdles	U16 Girls	2	4
T03	12:20 PM	12:30 PM	75m Hurdles	U14 Boys	2	6
T04	12:35 PM	12:45 PM	70m Hurdles	U14 Girls	2	8
T05	12:50 PM	1:00 PM	1500m	U14 Girls	1	9
T06	1:00 PM	1:10 PM	1500m	U14 Boys	1	10
T07	1:10 PM	1:20 PM	1500m	U16 Girls	1	11
T08	1:20 PM	1:30 PM	1500m	U16 Boys	1	12
T09	1:30 PM	1:40 PM	200m	U14 Girls	2	14
T10	1:36 PM	1:46 PM	200m	U14 Boys	2	16
T11	1:42 PM	1:52 PM	200m	U16 Girls	2	18
T12	1:48 PM	1:58 PM	200m	U16 Boys	2	20
T13	2:00 PM	2:10 PM	300m	U14 Girls	2	22
T14	2:06 PM	2:16 PM	300m	U14 Boys	2	24
T15	2:12 PM	2:22 PM	300m	U16 Girls	2	26
T16	2:18 PM	2:28 PM	300m	U16 Boys	2	28
T17	2:30 PM	2:40 PM	100m	U14 Girls	2	30
T18	2:36 PM	2:46 PM	100m	U14 Boys	2	32
T19	2:42 PM	2:52 PM	100m	U16 Girls	2	34
T20	2:48 PM	2:58 PM	100m	U16 Boys	2	36
T21	3:00 PM	3:10 PM	800m	U14 Girls	2	38
T22	3:10 PM	3:20 PM	800m	U14 Boys	2	40
T23	3:20 PM	3:30 PM	800m	U16 Girls	2	42
T24	3:30 PM	3:40 PM	800m	U16 Boys	2	44
T25	3:40 PM	3:50 PM	4 x 100 Relay	U14 Girls	2	46
T26	3:50 PM	4:00 PM	4 x 100 Relay	U16 Girls	2	48
T27	4:00 PM	4:10 PM	4 x 100 Relay	U16 Boys	2	50
T28	4:10 PM	4:20 PM	4 x 100 Relay	U14 Boys	2	52

**MINIMUM REPORT TIME FOR FIELD EVENT
WARM UP OF 2 TRIALS IS 20 MINUTES.**

EVENT START TIMES

Ev No	Minimum Report Time	Start Time	Track Events	Age Group
F01	11:40 AM	12:00 PM	Long Jump	U14 Boys
F02	11:40 AM	12:00 PM	High Jump	U16 Boys
F03	11:40 AM	12:00 PM	Shot Put (3.00kg)	U16 Girls
F04	11:40 AM	12:00 PM	Discus (1.25kg)	U16 Boys
F05	11:40 AM	12:00 PM	Javelin (400g)	U14 Girls
F06	11:40 AM	12:00 PM	Triple Jump	U14 Girls
F07	12:40 PM	1:00 PM	Long Jump	U16 Girls
F08	12:40 PM	1:00 PM	Triple Jump	U16 Boys
F09	12:40 PM	1:00 PM	High Jump	U14 Girls
F10	12:40 PM	1:00 PM	Shot Put (2.72kg)	U14 Girls
F11	12:40 PM	1:00 PM	Discus (1.00kg)	U16 Girls
F12	12:40 PM	1:00 PM	Javelin (400g)	U14 Boys
F13	1:40 PM	2:00 PM	Long Jump	U14 Girls
F14	1:40 PM	2:00 PM	Triple Jump	U16 Girls
F15	1:40 PM	2:00 PM	High Jump	U16 Girls
F16	1:40 PM	2:00 PM	Shot Put (3.00kg)	U14 Boys
F17	1:40 PM	2:00 PM	Discus (0.75kg)	U14 Girls
F18	1:40 PM	2:00 PM	Javelin (600g)	U16 Boys
F19	2:40 PM	3:00 PM	Long Jump	U16 Boys
F20	2:40 PM	3:00 PM	High Jump	U14 Boys
F21	2:40 PM	3:00 PM	Shot Put (4.00kg)	U16 Boys
F22	2:40 PM	3:00 PM	Discus (1.00kg)	U14 Boys
F23	2:40 PM	3:00 PM	Javelin (500g)	U16 Girls
F24	2:40 PM	3:00 PM	Triple Jump	U14 Boys