

TRACK EVENTS							
Saturday 24th June							
Event No	Reg Close	Call Room In	Call Room Out	Start Time	Age Group	Event	Round
T01-1	9:30 AM	10:25 AM	10:35 AM	10:45 AM	Senior Men & Women	10k Walk	Straight Final
T02-1	10:30 AM	11:40 AM	11:50 AM	12:00 PM	Senior Men	400m	Heats
T03-1	10:45 AM	11:55 AM	12:05 PM	12:15 PM	Senior Women	400m	Heats
T04-1	11:00 AM	12:10 PM	12:20 PM	12:30 PM	Senior Men	100m	heats
T05-1	11:35 AM	12:45 PM	12:55 PM	1:05 PM	Senior Men	1500m	Heats
T06-1	11:50 AM	1:00 PM	1:10 PM	1:20 PM	Senior Women	1500m	Heats
T07-1	12:05 PM	1:15 PM	1:25 PM	1:35 PM	U15 Boys	1500m	Straight Final
T08-1	12:15 PM	1:25 PM	1:35 PM	1:45 PM	U15 Girls	1500m	Straight Final
T09-1	12:25 PM	1:35 PM	1:45 PM	1:55 PM	U15 Boys	300m	Heats/Final
T10-1	12:30 PM	1:40 PM	1:50 PM	2:00 PM	U15 Girls	300m	Heats
T04-2		1:50 PM	2:00 PM	2:10 PM	Senior Men	100m	Semi Finals
T11-1	12:50 PM	2:00 PM	2:10 PM	2:20 PM	Senior Women	100m	Heats
T12-1	1:05 PM	2:15 PM	2:25 PM	2:35 PM	U15 Girls	100m	Heats
T13-1	1:15 PM	2:25 PM	2:35 PM	2:45 PM	U15 Boys	100m	Heats
T14-1	1:22 PM	2:32 PM	2:42 PM	2:52 PM	Ambulant/Para Male	100m	Straight Final
T15-1	1:27 PM	2:37 PM	2:47 PM	2:57 PM	Ambulant/Para Female	100m	Straight Final
T03-2		2:50 PM	3:00 PM	3:10 PM	Senior Women	400m	Final
T04-2		2:55 PM	3:05 PM	3:15 PM	Senior Men	400m	Final
T16-1		3:05 PM	3:15 PM	3:25 PM	U15 Girls	3000m	Straight Final
T17-1		3:20 PM	3:30 PM	3:40 PM	U15 Boys	3000m	Straight Final
T05-2		3:35 PM	3:45 PM	3:55 PM	Senior Men	1500m	Final
T06-2		3:45 PM	3:55 PM	4:05 PM	Senior Women	1500m	Final
T10-2		3:55 PM	4:05 PM	4:15 PM	U15 Girls	300m	Final
T11-2		4:05 PM	4:15 PM	4:25 PM	Senior Women	100m	Final
T12-2		4:10 PM	4:20 PM	4:30 PM	U15 Girls	100m	Final
T13-2		4:15 PM	4:25 PM	4:35 PM	U15 Boys	100m	Final
T04-3		4:20 PM	4:30 PM	4:40 PM	Senior Men	100m	Final

FIELD EVENTS							
Saturday 24th June							
Event No	Reg Close	Call Room In	Call Room Out	Start Time	Age Group	Event	
F01	9:30 AM	9:54 AM	10:14 AM	11:00 AM	U15 Boys	Triple Jump	
F02	9:30 AM	9:54 AM	10:14 AM	11:00 AM	U15 Girls	Triple Jump	
F03	9:30 AM	10:02 AM	10:22 AM	11:00 AM	U15 Girls	Pole Vault	
F04	10:00 AM	10:28 AM	10:48 AM	11:30 AM	Senior Women	Hammer	
F05	10:00 AM	10:28 AM	10:48 AM	11:30 AM	Senior Men	Hammer	
F06	10:15 AM	10:47 AM	11:07 AM	11:45 AM	Senior Men	Javelin	
F07	10:15 AM	10:47 AM	11:07 AM	11:45 AM	Para Male	Javelin	
F08	10:15 AM	10:47 AM	11:07 AM	11:45 AM	U15 Boys	Javelin	
F09-1	10:45 AM	11:23 AM	11:43 AM	12:15 PM	Senior Women	Long Jump-Pool B	
F10-1	10:45 AM	11:23 AM	11:43 AM	12:15 PM	Para Female	Long Jump-Pool B	
F11-1	10:45 AM	11:19 AM	11:39 AM	12:15 PM	Senior Men	Long Jump-Pool B	
F12-1	10:45 AM	11:19 AM	11:39 AM	12:15 PM	Para Male	Long Jump-Pool B	
F13	11:20 AM	11:25 AM	11:35 AM	1:15 PM	Senior Women	Pole Vault	
F14	11:45 AM	12:05 PM	12:25 PM	1:15 PM	U15 Boys	High Jump	
F15	12:10 PM	12:28 PM	12:48 PM	1:40 PM	U15 Girls	Shot Put	
F16	12:25 PM	12:51 PM	1:11 PM	1:55 PM	Senior Women	Discus	
F17	12:25 PM	12:51 PM	1:11 PM	1:55 PM	Para Female	Discus	
F09-2	12:45 PM	1:25 PM	1:45 PM	2:15 PM	Senior Women	Long Jump-Pool A	
F10-2	12:45 PM	1:25 PM	1:45 PM	2:15 PM	Para Female	Long Jump-Pool A	
F11-2	12:45 PM	1:15 PM	1:35 PM	2:15 PM	Senior Men	Long Jump-Pool A	
F12-2	12:45 PM	1:15 PM	1:35 PM	2:15 PM	Para Male	Long Jump-Pool A	
F18	2:05 PM	2:10 PM	2:30 PM	3:35 PM	Senior Men	High Jump	
F19	2:25 PM	2:55 PM	3:15 PM	3:55 PM	Senior Women	Shot Put	
F20	2:25 PM	2:55 PM	3:15 PM	3:55 PM	Para Female	Shot Put	
F21	2:25 PM	2:33 PM	2:53 PM	3:55 PM	U15 Girls	Discus	

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Sunday 25th June							
Event No	Reg Close	Call Room In	Call Room Out	Start Time	Age Group	Event	Round
T18-1	10:15 AM	11:25 AM	11:35 AM	11:45 AM	U15 Boys & U15 Girls	1k Walk	Straight Final
T19-1	10:30 AM	11:40 AM	11:50 AM	12:00 PM	Senior Women	400m Hurdles	Heats
T20-1	10:50 AM	12:00 PM	12:10 PM	12:20 PM	Senior Men	400m Hurdles	Straight Final
T21-1	11:10 AM	12:20 PM	12:30 PM	12:40 PM	U15 Boys	800m	Heats
T22-1	11:20 AM	12:30 PM	12:40 PM	12:50 PM	U15 Girls	800m	Heats
T23-1	11:40 AM	12:50 PM	1:00 PM	1:10 PM	Senior Women	100m Hurdles	Heats
T24-1	11:50 AM	1:00 PM	1:10 PM	1:20 PM	Senior Women	800m	Heats
T25-1	12:00 PM	1:10 PM	1:20 PM	1:30 PM	Senior Men	800m	Heats
T26-1	12:20 PM	1:30 PM	1:40 PM	1:50 PM	U15 Boys	200m	Heats
T27-1	12:26 PM	1:36 PM	1:46 PM	1:56 PM	U15 Girls	200m	Heats
T28-1	12:35 PM	1:45 PM	1:55 PM	2:05 PM	Senior Women	200m	Heats
T29-1	12:47 PM	1:57 PM	2:07 PM	2:17 PM	Senior Men	200m	Heats
T30-1	1:20 PM	2:30 PM	2:40 PM	2:50 PM	Senior Men	110m Hurdles	Straight Final
T31-1	1:30 PM	2:40 PM	2:50 PM	3:00 PM	U15 Boys	80m Hurdles	Straight Final
T32-1	1:40 PM	2:50 PM	3:00 PM	3:10 PM	U15 Girls	75m Hurdles	Straight Final
T23-2	1:50 PM	3:00 PM	3:10 PM	3:20 PM	Senior Women	100m Hurdles	Final
T33-1	2:00 PM	3:10 PM	3:20 PM	3:30 PM	Senior Men	3000m S/C	Straight Final
T34-1	2:15 PM	3:25 PM	3:35 PM	3:45 PM	Senior Women	3000m S/C	Straight Final
T21-2		3:40 PM	3:50 PM	4:00 PM	U15 Boys	800m	Final
T22-2		3:45 PM	3:55 PM	4:05 PM	U15 Girls	800m	Final
T24-2		3:50 PM	4:00 PM	4:10 PM	Senior Women	800m	Final
T25-2		4:05 PM	4:15 PM	4:25 PM	Senior Men	800m	Final
T19-2	3:05 PM	4:15 PM	4:25 PM	4:35 PM	Senior Women	400m Hurdles	Final
T26-2		4:20 PM	4:30 PM	4:40 PM	U15 Boys	200m	Final
T27-2		4:25 PM	4:35 PM	4:45 PM	U15 Girls	200m	Final
T28-2		4:30 PM	4:40 PM	4:50 PM	Senior Women	200m	Final
T29-2-1		4:35 PM	4:45 PM	4:55 PM	Senior Men	200m	B - Final
T29-2-2		4:40 PM	4:50 PM	5:00 PM	Senior Men	200m	A - Final

Sunday 25th June							
Event No	Reg Close	Call Room In	Call Room Out	Start Time	Age Group	Event	
F22	9:30 AM	10:22 AM	10:42 AM	11:00 AM	Para Male & Female	Seated Shot	
F23	9:30 AM	10:08 AM	10:28 AM	11:00 AM	U15 Girls	Hammer	
F24	9:30 AM	10:08 AM	10:28 AM	11:00 AM	U15 Boys	Hammer	
F25	9:30 AM	10:08 AM	10:28 AM	11:00 AM	U15 Boys	Long Jump	
F26	9:30 AM	10:00 AM	10:20 AM	11:00 AM	U15 Boys	Pole vault	
F27	10:45 AM	11:05 AM	11:25 AM	12:15 PM	U15 Girls	High Jump	
F28	10:45 AM	11:15 AM	11:35 AM	12:15 PM	Senior Men	Triple Jump	
F29	10:50 AM	11:38 AM	11:58 AM	12:20 PM	U15 Boys	Shot Put	
F30	11:00 AM	11:20 AM	11:40 AM	12:30 PM	Senior Men	Discus	
F31	11:00 AM	11:20 AM	11:40 AM	12:30 PM	Para Male	Discus	
F32	11:30 AM	12:14 PM	12:34 PM	1:00 PM	Senior Women	Javelin	
F33	11:30 AM	12:14 PM	12:34 PM	1:00 PM	Para Female	Javelin	
F34	11:30 AM	12:14 PM	12:34 PM	1:00 PM	U15 Girls	Javelin	
F35	11:15 AM	11:15 AM	11:35 AM	1:15 PM	Senior Men	Pole vault	
F36	12:50 PM	1:38 PM	1:58 PM	2:20 PM	U15 Boys	Discus	
F37	1:00 PM	1:20 PM	1:40 PM	2:30 PM	Senior Women	High Jump	
F38	1:30 PM	2:10 PM	2:30 PM	3:00 PM	Senior Women	Triple Jump	
F39	1:30 PM	1:52 PM	2:12 PM	3:00 PM	Senior Men	Shot Put	
F40	1:30 PM	1:52 PM	2:12 PM	3:00 PM	Para Male	Shot Put	
F41	1:50 PM	1:58 PM	2:18 PM	3:20 PM	U15 Girls	Long Jump	
F42	2:20 PM	3:12 PM	3:32 PM	3:50 PM	Para Male & Female	Seated Discus	

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