

Wednesday 18th May South & East Wales Regional Championships

Track Events

Event No	Registration closes	Start Time	Event	Round
T01-1	17:00	18:00	U17M 400m Hurdles	Final
T02-1	17:15	18:15	U17W 300m Hurdles	Final
T03-1	17:40	18:40	U15G 75m Hurdles	Final
T04-1	17:55	18:55	U15B & U17W 80m Hurdles	Final
T05-1	18:10	19:10	U17M & U20W 100m Hurdles	Final
T06-1	18:20	19:20	U15B U15G 3000m	Final
T07-1	18:35	19:35	U17M,U17W,U20M,U20W,SM,SW 3000m	Final
T08-1	18:50	19:50	U17M 1500m S/C	Final
T09-1	19:05	20:05	U17W U20W SW 1500m S/C	Final

Field Events

Event No	Registration closes	Start Time	Event
F01	17:00	18:00	U15B Javelin
F02	17:00	18:00	U15G Javelin
F03	18:15	19:15	U17W Javelin
F04	18:15	19:15	U20W Javelin
F06	18:15	19:15	U17M Javelin
F08	18:15	19:15	SM Javelin

FIELD EVENTS 3 TRIALS FOR ALL AGE GROUPS

REGISTRATION WILL CLOSE ON EVERY EVENT 1 HOUR PRIOR TO EVENT START TIME

LIVE RESULTS AND START LISTS - SCAN QR CODE

