



Race 08-U17 Women (Yr11 & 12) & U20 Women (Yr 13 & 14) 4,770m

U17W	U20W	Int-Sch	U17/U20	BIB	ATHLETE	REGION & CLUB	SCHOOL	TIME
1		1	1-U17W	16	Beca BOWN-U17W	NORTH-Menai Track and Field	Ysgol Uwchradd Bodedern	18:55
2		2	2-U17W	46	Mai DAVIES-U17W	WEST-Swansea Harriers	YG Gwyr	19:15
	1			91	Gwenno GOODE-U20W	SOUTH-Cardiff Athletics		19:17
3				32	Caitlin JONES-U17W	SOUTH-Aberdare Valley AAC		19:19
4				1	Ceri GRIFFITHS-U17W	EAST-Newport Harriers		19:30
5		3	3-U17W	17	Maddison GRIFFITHS-U17W	NORTH-Maldwyn Harriers	Welshpool High School	19:40
6				47	Eleanor WHITE-U17W	WEST-Carmarthen Harriers		19:44
6	1			801	Jessica HYLAND-U17W	Canada		19:44
7				18	Cara SCOTT-U17W	NORTH-Menai Track and Field		19:47
8		4		31	Mali MACDUFF-U17W	SOUTH-Bridgend Athletics	Cowbridge	19:52
9		5		42	Hollie LEWIS-U17W	SOUTH-Cardiff Archers	Cowbridge	20:31
	2	6	1-U20W	106	Ella DAVIES-U20W	WEST-Swansea Harriers	YG Gwyr	20:33
10				49	Holly JOHN-U17W	WEST-Pembrokeshire Harriers		20:35
11				34	Nia REDDY-U17W	SOUTH-Aberdare Valley AAC		20:43
12				48	Sophie HARTLEY-GREEN-U17W	WEST-Swansea Harriers		20:51
13		7		2	Lilly OAKENFULL-U17W	EAST-Newport Harriers	Bassaleg School	20:58
14		8		57	Frances MACKIE-U17W	WEST-Carmarthen Harriers	Ysgol Glan Y Môr	21:10
15				33	Neve JONES-U17W	SOUTH-Cardiff Athletics		21:22
	3			61	Emily WILCOX-U20W	EAST-Newport Harriers		21:40
	4			107	Kelcy HOOPER-U20W	WEST-Llanelli AAC		21:46
16				3	Imogen JONES-U17W	EAST-Rhymney Valley AC		22:03
17		9		37	Skylar ROBBINS-U17W	SOUTH-Aberdare Valley AAC	St David's College	22:25
18				22	Caitlyn BLOOR-U17W	NORTH-Maldwyn Harriers		22:38
	5			92	Chloe PIGGOTT-U20W	SOUTH-Aberdare Valley AAC		22:52
	6			78	Mabli BAINES-U20W	NORTH-Eryri Harriers		22:52
	7			62	Alyssa BAKER-U20W	EAST-Newport Harriers		23:01
19		10		36	Lily STEPHENS-U17W	SOUTH-Bridgend Athletics	Llangynwyd	23:04
20		11		52	Erin MORGAN-U17W	WEST-Carmarthen Harriers	Bro Myrddin	23:05
	8			79	Efa BAINES-U20W	NORTH-Eryri Harriers		23:09
21		12		53	Ffion OUSELEY-U17W	WEST-Pembrokeshire Harriers	Ysgol Bro Preseli	23:20
22		13		23	Cadi EDWARDS-U17W	NORTH-Menai Track and Field	Ysgol Uwchradd Bodedern	23:30
23		14		44	Alice Davies-U17W	SOUTH-Cardiff Archers	Cowbridge	23:32
24				24	Tallulah SEGUIN-U17W	NORTH-Menai Track and Field		23:39
		15		409	Tegan TEDDER-U17W		Cowbridge	23:39
		16		405	Maisie PATTERSON-U17W		Cowbridge	23:46
25		17		54	Rhiannon HEREDIA-ROWE-U17W	WEST-Celtic Tri	YG Gwyr	23:52
		18		507	Beca EVANS-U17W		Ysgol Glantaf	23:58
	9	19	2-U20W	108	Amy TUCKER-U20W	WEST-Llanelli AAC	Coleg Sir Gar	24:02
26				38	Yasmin HADID-U17W	SOUTH-Cardiff Athletics		24:29
		20		395	Lisa AMATSUJI-U17W		Christ College	24:53
27				55	Leah REGAN-U17W	WEST-Carmarthen Harriers		25:05
28		21		39	Freya ALLEN-U17W	SOUTH-Bridgend Athletics	Bryntirion	25:45
29				40	Mia ALLEN-U17W	SOUTH-Bridgend Athletics		25:49
		22		515	Eve PASCOE-U17W		Ysgol Glantaf	28:36
		23		488	Imogen NASH-U17W		Rougemont School	28:38
30				41	Caitin CARTLIDGE-U17W	SOUTH-Aberdare Valley AAC		29:19

U17W INTER REGIONAL TEAM RESULTS											
Pos	Region	1	2	3	4	5	6	7	8	Pts	Total
1	SOUTH	3	8	9	11	15	17	19	23	15	105
2	WEST	2	6	10	12	14	20	21	25	14	110
3	NORTH	1	5	7	18	22	24			6	77
4	EAST	4	13	16						3	33

U20W INTER REGIONAL TEAM RESULTS											
Pos	Region	1	2	3	4					Pts	Total
1	NORTH	1	3	9	10					15	23
2	WEST	2	4	7	12					14	25
3	SOUTH	5	8	13	14					13	40
4	EAST	6								1	6

1st U17W Regional Team Athletes: SOUTH Wales (105Pts)	
32	Caitlin JONES-U17W-Aberdare Valley AAC (3) 19:19
31	Mali MACDUFF-U17W-Bridgend Athletics (8) 19:52
42	Hollie LEWIS-U17W-Cardiff Archers (9) 20:31
34	Nia REDDY-U17W-Aberdare Valley AAC (11) 20:43
33	Neve JONES-U17W-Cardiff Athletics (15) 21:22
37	Skylar ROBBINS-U17W-Aberdare Valley AAC (17) 22:25
36	Lily STEPHENS-U17W-Bridgend Athletics (19) 23:04
44	Alice Davies-U17W-Cardiff Archers (23) 23:32

2nd U17W Regional Team Athletes: WEST Wales (110Pts)	
46	Mai DAVIES-U17W-Swansea Harriers (2) 19:15
47	Eleanor WHITE-U17W-Carmarthen Harriers (6) 19:44
49	Holly JOHN-U17W-Pembrokeshire Harriers (10) 20:35
48	Sophie HARTLEY-GREEN-U17W-Swansea Harriers (12) 20:51
57	Frances MACKIE-U17W-Carmarthen Harriers (14) 21:10
52	Erin MORGAN-U17W-Carmarthen Harriers (20) 23:05
53	Ffion OUSELEY-U17W-Pembrokeshire Harriers (21) 23:20
54	Rhiannon HEREDIA-ROWE-U17W-Celtic Tri (25) 23:52

1st U20W Regional Team Athletes: NORTH Wales (23Pts)	
16	Beca BOWN-U17W-Menai Track and Field (1) 18:55
32	Caitlin JONES-U17W-Aberdare Valley AAC (3) 19:19
42	Hollie LEWIS-U17W-Cardiff Archers (9) 20:31
49	Holly JOHN-U17W-Pembrokeshire Harriers (10) 20:35

2nd U20W Regional Team Athletes: WEST Wales (25Pts)	
46	Mai DAVIES-U17W-Swansea Harriers (2) 19:15
1	Ceri GRIFFITHS-U17W-Newport Harriers (4) 19:30
18	Cara SCOTT-U17W-Menai Track and Field (7) 19:47
48	Sophie HARTLEY-GREEN-U17W-Swansea Harriers (12) 20:51

3rd U20W Regional Team Athletes: SOUTH Wales (40Pts)	
17	Maddison GRIFFITHS-U17W-Maldwyn Harriers (5) 19:40
31	Mali MACDUFF-U17W-Bridgend Athletics (8) 19:52
2	Lilly OAKENFULL-U17W-Newport Harriers (13) 20:58
57	Frances MACKIE-U17W-Carmarthen Harriers (14) 21:10

