



# 22nd Welsh Athletics Inter Regional & 44th Welsh Schools' Inter Schools

## Cross Country Championships

Saturday 20th November 2021

Penlan, Brecon



WELSH ATHLETICS  
ATHLETAU CYMRU

### Race 09-U17 Men (Yr11 & 12) & U20 Men (Yr 13 & 14) 5,745m

POS	Int-Sch	BIB	ATHLETE	REGION & CLUB	SCHOOL	TIME	U17M INTER REGIONAL TEAM RESULTS											
							Pos	Region	1	2	3	4	5	6	7	8	Pts	Total
1		181	Lloyd SHEPPARD-BROWN-U20M	EAST-Cardiff AAC		21:06												
2	1	136	Deri MCCLUSKEY-U17M	NORTH-Maldwyn	Ysgol Llanfyllin	21:39												
3		141	Aled BREEZE-U17M	NORTH-Maldwyn		21:55												
4		140	Tudor-Harper LLOYD-U17M	NORTH-Menai T&F		21:58	1	SOUTH	13	19	20	24	28	31	43	45	15	223
5	2	230	Rhys LLEWELLYN-U20M	WEST-Pembrokeshire Harriers	Pembrokeshire College	22:02	2	WEST	11	15	22	29	33	38	39	40	14	227
6	3	121	Henry EVANS-U17M	EAST-Newport Harriers	Monmouth School	22:03	3	NORTH	2	3	4	7	14	30	36		13	96
7	4	142	Callum MORGAN-U17M	NORTH-Maldwyn	Welshpool	22:04	4	EAST	6	17	25	34	49				6	131
8	5	182	Oliver PRICE-U20M	EAST-Cardiff AAC	Coleg Gwent	22:06												
9		212	Devin COOMBES-U20M	SOUTH-Bridgend Athletics		22:07												
10		226	Callum CAMPION-U20M	WEST-Llanelli AAC		22:10												
11		166	Aled TUMELTY-U17M	WEST-Swansea Harriers		22:42												
12		231	Euros EVANS-U20M	WEST-Cardiff Athletics		22:45												
13		153	Tom ATWOOD-U17M	SOUTH-Swansea Harriers		22:48												
14		139	Joseff MORGAN-U17M	NORTH-Menai T&F		23:03												
15		170	Steffan DAVIES-U17M	WEST-Carmarthen Harriers		23:03												
16	6	840	Ollie GEORGE-U20M	WSAA-	Ysgol Y Preseli	23:09												
17		123	Oliver HUMPHREYS-U17M	EAST-Newport Harriers		23:12												
18		199	James SMITH-U20M	NORTH-Menai T&F		23:14												
19	7	160	Charlie HARRIS-U17M	SOUTH-Swansea Harriers	Cwm Rhymini Y Gwyndy	23:16												
20		162	Louis CAMILLERI-U17M	SOUTH-Cardiff Archers		23:17												
21	8	217	Huw RILEY-U20M	SOUTH-Cardiff Athletics	Radyr	23:18												
22		171	Morgan WILLIS-U17M	WEST-Swansea Harriers		23:21												
23	9	183	Evan PRICE-U20M	EAST-Newport Harriers	Coleg Gwent	23:22												
24		159	Rhys SMART-U17M	SOUTH-Cardiff Athletics		23:25												
25	10	128	Rhys PHILLIPS-U17M	EAST-Haberdashers Monmouth	Monmouth School	23:34												
26		227	James FISHLOCK-U20M	WEST-Neath Harriers		23:37												
27	11	184	Morgan WATTS-U20M	EAST-Blaenau Gwent AC	Coleg Gwent	23:39												
28		152	Osiain TYRRELL-U17M	SOUTH-Cardiff Athletics		23:40												
29		169	Benjamin SULLIVAN-U17M	WEST-Swansea Harriers		23:49												
30		137	Harvey DAVIS-U17M	NORTH-Wrexham AC		23:50												
31		157	Ben FARRELL-U17M	SOUTH-Cardiff Athletics		24:06												
32	12	823	James HARRIES-U17M	WSAA-	Coleg Sir Gar	24:11												
33	13	172	Iwan WILSON-U17M	WEST-Llanelli AAC	Ysgol Y Strade	24:13												
34		129	Thomas WEEKS-U17M	EAST-Newport Harriers		24:19												
35	14	229	Dominic DAVIES-U20M	WEST-Llanelli AAC	Coleg Sir Gar	24:21												
36		138	Harri MORGAN-U17M	NORTH-Menai T&F		24:22												
37		228	Iwan WHITE-U20M	WEST-Swansea Harriers		24:27												
38		175	Jack BRUCE-U17M	WEST-Carmarthen Harriers		24:30												
39		180	Jack THOMAS-U17M	WEST-Carmarthen Harriers		24:33												
40	15	173	Matthew LEWIS-U17M	WEST-Swansea Harriers	Bishopston Comp	24:39												
41	16	804	Steffan BRIDGER-U17M	WSAA-	Haverfordwest High School	24:42												
42		214	Ben DEMELLWEEK-U20M	SOUTH-Cardiff Athletics		24:43												
43	17	154	Leroy GRIFFITHS-U17M	SOUTH-Rhondda AAC	Nantgwyn	24:46												
44	18	185	Josh JONES-U20M	EAST-Newport Harriers	Monmouth School	24:51												
45		155	Alex RIDOUT-U17M	SOUTH-Cardiff Athletics		25:03												
46	19	174	Joshua PRITCHARD-U17M	WEST-Swansea Harriers	YG Gwyr	25:09												
47		168	Finlay CATLING-U17M	WEST-Neath Harriers		25:13												
48		156	Hari ELIAS-U17M	SOUTH-Cardiff Athletics		25:14												
49		126	Jac MATTHEWS-U17M	EAST-Rhymney Valley AC		25:24												
50	20	826	Josh THOMAS-U20M	WSAA-	Llandovery College	25:25												
51		232	Morgan THOMPSON-U20M	WEST-Meirionnydd RC		25:30												
52		177	Jonathan PRICE-U17M	WEST-Sarn Helen		25:45												
53		176	Ethan JONES-U17M	WEST-Celtic Tri		25:49												
54	21	797	Jamie LEE-U17M	WSAA-	Cwm Rhymini Y Gwyndy	25:55												
55	22	178	Dafydd GREEN-U17M	WEST-Pembrokeshire Harriers	Ysgol Y Preseli	26:29												
56	23	876	Cai DAVIES-U17M	WSAA-	YG Glantaf	26:30												
57	24	809	Kit SKAILES-U17M	WSAA-	Monmouth School	26:32												
58		215	Ben JONES-U20M	SOUTH-Bridgend Athletics		26:52												
59	25	798	Roman MORRIS-U17M	WSAA-	Cwm Rhymini Y Gwyndy	27:05												
60	26	839	Luke ALLSWORTH-U20M	WSAA-	Ysgol Y Preseli	27:07												
61	27	830	Jacob PARRY-U20M	WSAA-	Neath PT College	27:14												
62		158	Joshua MORGAN-U17M	SOUTH-Bridgend Athletics		27:16												
63	28	793	Dylan SALMONI-U17M	WSAA-	Cwm Rhymini Y Gwyndy	27:32												
64	29	792	Dylan LAWLOR-U17M	WSAA-	Cwm Rhymini Y Gwyndy	27:34												
65	30	179	Rogan COX-U17M	WEST-Carmarthen Harriers	Bro Myrddin	28:22												
66	31	794	Iwan WILLIAMS-U17M	WSAA-	Cwm Rhymini Y Gwyndy	28:30												
67	32	786	Iestyn STEPHENS-U20M	WSAA-	Bro Pedr	28:57												
68	33	899	Not Declared -U17M	WSAA-	YG Glantaf	29:53												
69	34	831	James VAUGHAN-U20M	WSAA-	Neath PT College	30:26												
70	35	812	Myles DUGGAN-U17M	WSAA-	Rougemont	30:29												
						30:43												
<b>U20M INTER REGIONAL TEAM RESULTS</b>																		
							Pos	Region	1	2	3	4	5			Pts	Total	
							1	WEST	5	10	12	26	35			15	88	
							2	EAST	1	8	23	27	44			14	103	
							3	SOUTH	9	21	42	58				4	130	
							4	NORTH	18							1	18	
<b>1st U20M Regional Team Athletes: WEST Wales (88Pts)</b>																		
							230	Rhys LLEWELLYN-U20M-Pembrokeshire Harriers (5)									22:02	
							226	Callum CAMPION-U20M-Carmarthen Harriers (10)									22:10	
							231	Euros EVANS-U20M-Carmarthen Harriers (12)									22:45	
							227	James FISHLOCK-U20M-Carmarthen Harriers (26)									23:37	
							229	Dominic DAVIES-U20M-Carmarthen Harriers (35)									24:21	
<b>2nd U20M Regional Team Athletes: EAST Wales (103Pts)</b>																		
							181	Lloyd SHEPPARD-BROWN-U20M-Brecon AC (1)									21:06	
							182	Oliver PRICE-U20M-Blaenau Gwent AC (8)									22:06	
							183	Evan PRICE-U20M-Brecon AC (23)									23:22	
							184	Morgan WATTS-U20M-Brecon AC (27)									23:39	
							185	Josh JONES-U20M-Brecon AC (44)									24:51	
<b>NO TEAM</b>																		
<b>INTER SCHOOL RESULTS</b>																		
							Pos	School	1	2	3	4			Total			
							1	Monmouth School	3	10	18	24			55			
							2	Cwm Rhymini Y Gwyndy	7	21	25	28			81			
<b>1st Schools Team - Athletes: Monmouth School (55Pts)</b>																		
							121	Henry EVANS-U17M (3)									22:03	
							128	Rhys PHILLIPS-U17M (10)									23:34	
							185	Josh JONES-U20M (18)									24:51	
							809	Kit SKAILES-U17M (24)									26:32	
<b>2nd Schools Team - Athletes: Cwm Rhymini Y Gwyndy (81Pts)</b>																		
							160	Charlie HARRIS-U17M (7)									23:16	
							797	Jamie LEE-U17M (21)									25:55	
							798	Roman MORRIS-U17M (25)									27:05	
							793	Dylan SALMONI-U17M (28)									27:32	
<b>Incomplete Teams</b>																		
							School	Places								Pts		
							1	Coleg Gwent	5								25	
							2	Ysgol Y Preseli	6								54	
							3	Coleg Sir Gar	12								26	
							4	YG Glantaf	23								56	
							5	Cwm Rhymini Y Gwyndy	29								60	
							6	Neath PT College	27								61	
							7	Ysgol Llanfyllin	1								1	
							8	Pembrokeshire College	2								2	
							9	Welshpool	4								4	
							10	Radyr	8								8	
							11	Ysgol Y Strade	13								13	
							12	Bishopston Comp	15								15	
							13	Haverfordwest High School	16								16	
							14	Nantgwyn	17								17	
							15	YG Gwyr	19								19	
							16	Llandovery College	20								20	
							17	Bro Myrddin	30								30	
							18	Bro Pedr	32								32	
							19	Rougemont	35								35	