



Race 04 U13 Girls (Yr 7 & 8) 2,520m (12:30 PM)

POS	Int-Sch	BIB	ATHLETE	REGION & CLUB	SCHOOL	TIME
1	1	297	Martha Bown	NWAL-Menai Track & Field	Ysgol Uwchradd Bodedern	9:04
2		281	Leah Rhodes	EWAL-Newport Harriers		9:30
3		296	Tasmin Seguin	NWAL-Menai Track & Field		9:44
4		298	Katie Doherty	NWAL-Deeside AAC		9:55
5	2	326	Manon Phillips	WWAL-Taf Running & Orienteering Team	Bro Myrddin	9:57
6	3	311	Elinor Roberts	SWAL-Cardiff Athletics	Ysgol Glantaf	9:59
7		328	Lowri Morgan	WWAL-Carmarthen Harriers		9:59
8		312	Lily Parsons	SWAL-Cardiff Athletics		10:12
9	4	327	Maisie Foster	WWAL-Taf Running & Orienteering Team	Dyffryn Taf	10:15
10	5	1139	Betty Ahmed	WSAA	YG Bro Morgannwg	10:15
11	6	1141	Seren Richards	WSAA	YG Bro Morgannwg	10:15
12		330	Tabitha Curtis	WWAL-Pembrokeshire Harriers		10:18
13		282	Sophie Piddington	EWAL-Newport Harriers		10:21
14		323	Bella Thie	SWAL-Bridgend Athletics		10:22
15	7	329	Talia Jones	WWAL-Sarn Helen	Ysgol Gyfun Aberaeron	10:28
16		335	Jessie Davies	WWAL-Celtic Tri		10:29
17	8	317	Eloise Neenan	SWAL-Bridgend Athletics	Cowbridge	10:30
18		299	Esyllt Owen	NWAL-Menai Track & Field		10:33
19		303	Daisy Jones	NWAL-Deeside AAC		10:34
20		333	Annie Evans	WWAL-Celtic Tri		10:35
21		316	Eva Martin	SWAL-Cardiff Athletics		10:36
22		283	Isabella Peter	EWAL-Newport Harriers		10:36
23	9	332	Beca Elfyn	WWAL-Carmarthen Harriers	Bro Myrddin	10:37
24		302	Catrin Evans	NWAL-Eryri Harriers		10:38
25		334	Paige-Lily Williams	WWAL-Carmarthen Harriers		10:38
26		301	Ruby Watts	NWAL-Deeside AAC		10:39
27	10	1140	Emilia Davies	WSAA	YG Bro Morgannwg	10:40
28		300	Holly Worth	NWAL-Menai Track & Field		10:42
29		288	Poppy Howells	EWAL-Rhymney Valley AC		10:43
30	11	314	Seren Hardman	SWAL-Bridgend Athletics	Cowbridge	10:44
31		331	Mabli King	WWAL-Taf Running & Orienteering Team		10:45
32	12	1030	Anna Beharrell	WSAA	Christ College Brecon	10:46
33		304	Bethan Roberts	NWAL-Wrexham AAC		10:48
34		315	Lucy Arnold	SWAL-Bridgend Athletics		10:50
35		307	Evie Mortell	NWAL-Deeside AAC		10:52
36	13	322	Cadee Williams	SWAL-Aberdare Valley AAC	Ysgol Gyfun Rhydywaun	10:52
37	14	1071	Rene Thurston	WSAA	Llanidloes	10:56
38		306	Fleur Randles	NWAL-Deeside AAC		11:00
39		340	Eva Davies	WWAL-Carmarthen Harriers		11:04
40	15	338	Gwenan Gruffydd	WWAL-Swansea Harriers	Ysgol Gyfun Gwyr	11:06
41	16	318	Amelia Garvey	SWAL-Barry & Vale Harriers	Cowbridge	11:08
42	17	319	Ella Hayward	SWAL-Aberdare Valley AAC	Ysgol Gyfun Rhydywaun	11:09
43		313	Elsi Ap Hywel	SWAL-Aberdare Valley AAC		11:09
44	18	1042	Eleanor Rowlands	WSAA	Cowbridge	11:10
45		325	Nia Vale	SWAL-Bridgend Athletics		11:12
46	19	1004	Gwenno Powell	WSAA	Bro Myrddin	11:12
47	20	1068	Freya Lamp	WSAA	Llanidloes	11:12
48	21	324	Isla Garvey	SWAL-Barry & Vale Harriers	Cowbridge	11:13
49	22	321	Lois Worlock	SWAL-Aberdare Valley AAC	Ysgol Gyfun Rhydywaun	11:16
50	23	1170	Chloe Edwards	WSAA	Ysgol Calon Cymru	11:17
51	24	1187	Catrin Thomas	WSAA	Ysgol Glantaf	11:17
52		305	Grace Hughes	NWAL-Wrexham AAC		11:18
53	25	1017	Mali Griffiths	WSAA	Bro Myrddin	11:19
54	26	1168	Teleri Davies	WSAA	Ysgol Calon Cymru	11:19
55	27	1186	Isla Carson	WSAA	Ysgol Garth Olwg	11:20
56		290	Ava Cromie	EWAL-Cwmbran Harriers		11:20
57		339	Lucy Li	WWAL-Swansea Harriers		11:20
58	28	1045	Nuala Comey	WSAA	Dyffryn Taf	11:23
59		336	Hannah Sullivan	WWAL-Swansea Harriers		11:24
60	29	1077	Ella Williams	WSAA	Llanidloes	11:27
61	30	1073	Bethan Evans	WSAA	Llanidloes	11:29
62		337	Aimee Besley	WWAL-Swansea Harriers		11:34
63	31	1040	Poppy Thomas	WSAA	Cowbridge	11:35
64	32	1044	Angelica Thomas	WSAA	Dyffryn Taf	11:36
65	33	1081	Lily Calvin-Thomas	WSAA	Llanidloes	11:39
66		291	Amelia Bartley	EWAL-Cwmbran Harriers		11:39
67	34	1223	Lillie Parry	WSAA	Ysgol Gyfun Rhydywaun	11:41
68	35	1028	Matilda Hill	WSAA	Christ College Brecon	11:42
69		285	Beth Symmons	EWAL-Brecon AC		11:45
70	36	1046	Amelia Bowen	WSAA	Dyffryn Taf	11:47
71	37	1115	Masie Love	WSAA	Newtown High School	11:50

INTER REGIONAL TEAM RESULTS

Pos	Region	Places										Pts	Total
1	WEST WALES	5	7	9	12	15	16	20	23	15	107		
2	NORTH WALES	1	3	4	18	19	24	26	28	14	123		
3	SOUTH WALES	6	8	14	17	21	30	34	36	13	166		
4	EAST WALES	2	13	22	29	56	66	69	87	12	344		

1st Regional Team Athletes: WEST WALES (107Pts)

326	Manon Phillips-Taf Running & Orienteering Team (5)	09:57
328	Lowri Morgan-Carmarthen Harriers (7)	09:59
327	Maisie Foster-Taf Running & Orienteering Team (9)	10:15
330	Tabitha Curtis-Pembrokeshire Harriers (12)	10:18
329	Talia Jones-Sarn Helen (15)	10:28
335	Jessie Davies-Celtic Tri (16)	10:29
333	Annie Evans-Celtic Tri (20)	10:35
332	Beca Elfyn-Carmarthen Harriers (23)	10:37

2nd Regional Team Athletes: NORTH WALES (123Pts)

297	Martha Bown-Menai Track & Field (1)	09:04
296	Tasmin Seguin-Menai Track & Field (3)	09:44
298	Katie Doherty-Deeside AAC (4)	09:55
299	Esyllt Owen-Menai Track & Field (18)	10:33
303	Daisy Jones-Deeside AAC (19)	10:34
302	Catrin Evans-Eryri Harriers (24)	10:38
301	Ruby Watts-Deeside AAC (26)	10:39
300	Holly Worth-Menai Track & Field (28)	10:42

3rd Regional Team Athletes: SOUTH WALES (166Pts)

311	Elinor Roberts-Cardiff Athletics (6)	09:59
312	Lily Parsons-Cardiff Athletics (8)	10:12
323	Bella Thie-Bridgend Athletics (14)	10:22
317	Eloise Neenan-Bridgend Athletics (17)	10:30
316	Eva Martin-Cardiff Athletics (21)	10:36
314	Seren Hardman-Bridgend Athletics (30)	10:44
315	Lucy Arnold-Bridgend Athletics (34)	10:50
322	Cadee Williams-Aberdare Valley AAC (36)	10:52

Inter Schools Scoring Teams =9

Pos	School	1	2	3	4	Total
1	Cowbridge	8	11	16	18	53
2	Bro Myrddin	2	9	19	25	55
3	YG Bro Morgannwg	5	6	10	41	62
4	Ysgol Gyfun Rhydywaun	13	17	22	34	86
5	Llanidloes	14	20	29	30	93
6	Dyffryn Taf	4	28	32	36	100
7	Ysgol Gyfun Aberaeron	7	38	45	46	136
8	Christ College Brecon	12	35	52	55	154
9	Llanidloes	33	43	50	57	183

1st Schools Team - Athletes: Cowbridge (53Pts)

317	Eloise Neenan (8)	10:30
314	Seren Hardman (11)	10:44
318	Amelia Garvey (16)	11:08
1042	Eleanor Rowlands (18)	11:10

2nd Schools Team - Athletes: Bro Myrddin (55Pts)

326	Manon Phillips (2)	09:57
332	Beca Elfyn (9)	10:37
1004	Gwenno Powell (19)	11:12
1017	Mali Griffiths (25)	11:19

3rd Schools Team - Athletes: YG Bro Morgannwg (62Pts)

1139	Betty Ahmed (5)	10:15
1141	Seren Richards (6)	10:15
1140	Emilia Davies (10)	10:40
1144	Nia Lewis (41)	11:58



Race 04 U13 Girls (Yr 7 & 8) 2,520m (12:30 PM)

POS	Int-Sch	BIB	ATHLETE	REGION & CLUB	SCHOOL	TIME
72	38	1197	Isla Mckay	WSAA	Ysgol Gyfun Aberaeron	11:52
73	39	1121	Gwen Tompsett	WSAA	Penweddig	11:52
74	40	1225	Lucy Griffiths	WSAA	Ysgol Nantgwyn	11:56
75	41	1144	Nia Lewis	WSAA	YG Bro Morgannwg	11:58
76	42	1043	Phoebe Erskine	WSAA	Dyffryn Taf	12:02
77	43	1070	Carys Davies-Williams	WSAA	Llanidloes	12:06
78	44	1116	Leal Borysiewicz	WSAA	Newtown High School	12:07
79	45	1198	Claire Lloyd	WSAA	Ysgol Gyfun Aberaeron	12:08
80	46	1196	Mari Mcconochie	WSAA	Ysgol Gyfun Aberaeron	12:10
81	47	1120	Linos Rowlands	WSAA	Penweddig	12:16
82	48	1200	Rhianna Bowen	WSAA	Ysgol Gyfun Aberaeron	12:17
83	49	1006	Davis Honey	WSAA	Bro Myrddin	12:21
84	50	1076	Emily Kiely	WSAA	Llanidloes	12:21
85	51	1199	Ffion Bowen	WSAA	Ysgol Gyfun Aberaeron	12:22
86	52	1033	Holly Mathias	WSAA	Christ College Brecon	12:23
87		287	Ffion Enoch	EWAL-Rhymney Valley AC		12:28
88	53	1054	Cerys Frost	WSAA	Gwent Is Coed	12:44
89	54	1055	Carys Jones	WSAA	Gwent Is Coed	12:46
90	55	1032	Helisent Graham Paul	WSAA	Christ College Brecon	13:05
91	56	1031	Seraphina Cullum	WSAA	Christ College Brecon	13:11
92	57	1074	Ellen Bound	WSAA	Llanidloes	13:19
93	58	1078	Keira Lloyd	WSAA	Llanidloes	13:21

Inter Schools Incomplete Teams = 15

	School	Places			Pts
1	Ysgol Glantaf	3	24		27
2	Ysgol Calon Cymru	23	26		49
3	Cowbridge	21	31		52
4	Newtown High School	37	44		81
5	Penweddig	39	47		86
6	Ysgol Gyfun Aberaeron	48	51		99
7	Gwent Is Coed	53	54		107
8	Ysgol Uwchradd Bodedern	1			1
9	Ysgol Gyfun Gwyr	15			15
10	Ysgol Garth Olwg	27			27
11	Ysgol Nantgwyn	40			40
12	Dyffryn Taf	42			42
13	Bro Myrddin	49			49
14	Christ College Brecon	56			56
15	Llanidloes	58			58