

FINAL TIMETABLE

EVENT INFORMATION

REGISTRATION AND NUMBERS 40 minutes before the start of your event. (Upstairs on the balcony)
Use of cameras will be allowed during the meeting.

9.40				Registration			
TRACK				FIELD			
Event No	Time	Event	Age Groups[s]	Event No	Time	Event	Age Groups[s]
				F01	10.00	Long Jump	U15 Boys & U17 Men
				F02 (1)	10.00	High Jump Pool 1	U13 Boys, U13 Girls & All Master Men
				F03	10.00	Pole Vault	All Age Groups
				F04	10.20	Shot Put	U15 Girls & U17 Women
				F02 (2)	11.10	High Jump Pool 2	All U15, U17 & U20
				F05	11.20	Long Jump	U11 Boys & U11 Girls
				F06	11.30	Shot	Senior & Master Men
				F07	12.05	Long Jump	U13 Boys
				F08	12.45	Triple Jump	All Ages
				F09	12.55	Shot Put	U11 Boys & U11 Girls
				F10	13.45	Shot Put	U15 Boys & U17 Men
T01-1-1	14.01	60m	U11 Boys				
T01-1-2	14.04	60m	U11 Girls				
T02-1	14.07	60m Heats	U15 Girls				
T03-1	14.16	60m Heats	U13 Girls				
				F11	14.20	Shot Put	Sen Women & Master Women
				F12	14.20	Long Jump	U15 Girls
T04-1	14.22	60m Heats	U13 Boys				
T05-1	14.28	60m Heats	U15Boys				
T06-1	14.34	60m Heats	U17Men				
T07-1	14.40	60m Heats	U17 Women				
				F13	14.45	Shot Put	U13 Boys & U13 Girls
T08-1	14.46	60m Heats	U20 Men & Sen Women				
T09-1	14.49	60m Heats	U20 Women				
T10-1	14.55	60m Final	MM35 to MM55				
T11-1	14.58	60m Final	MM60 to MM75				
T12-1	15.01	60m Heats	Sen Men				
T13-1	15.25	Hurdles Finals	U17 Men & MM40				
T14-1	15.40	Hurdles Finals	U20 Women & U15 Boys				
				F14	15.45	Long Jump	U17 Women, U20 Men, All Vet Men
T15-1	15.55	Hurdles Finals	U13 Girls & U17 Women				
T02-2	16.06	Hurdles Final	U15 girls				
T04-2	16.18	60m Final	U13 Boys				
T03-1	16.21	60m Final	U13 Girls				
T05-2	16.24	60m Final	U15 Boys				
T02-2	16.27	60m Final	U15 Girls				
T06-2	16.30	60m Final	U17 Men				
T07-2	16.33	60m Final	U17 Women	F15	16.33	Long Jump	U 13 Girls
T09-2	16.36	60m Final	U20 Women				
T12-2	16.39	60m Final	Senior Men				

In Long jump, Triple Jump and Shot, provided the timetable is adhered to, there is just enough time for 1 min of warm up and 3 trials for U11, 4 trials each for 13 ; 6 trials for all other athletes.

The jumps will have to go through at an average of 60 seconds per jump including measurement and changeover between events to finish before The results from the Masters competitions will be amalgamated in 10 year age groups to determine the medal positions.

In the heats the finalists will be taken from the winners of each heat and the fastest losers to bring the total to 5 finalists.

FOR ALL OF TODAY'S START LISTS AND RESULTS SCAN THE QR CODE AND OPEN THE WEB PAGE LINK

