



# North Wales Regional Athletics Council

## North Wales Run With The Wind

T01	U10 & U12 B&G 75m	18:30
T02	U14 & U16 B&G 100m	18:45
T03	U18 to Senior M&F 100m	18:55
T05	U14 & U16 B&G 200m	19:10
T06	U18 to Senior M&F 200m	19:20
T07	U16B, U16G 300m	19:40
T08	U10 & U12 B&G 400m	19:50
T09	U18 to Senior 400m	20:00
T10	Relays	20:15



**Scan for Results**