

Welsh Junior League 2 (West Wales Division) - U11, U13 & U15
Carmarthen Leisure Centre Athletics Track – Saturday 17th June

TRACK / TRAC

FIELD / CAE

To event	Event Time	Event	Age Group
11:20	11:30	1000m Walk	M&F
11:30	11:40	80m Hurdles	U15B
11:35	11:45	800m	U15G
11:40	11:50	800m	U15B
11:45	11:55	75m Hurdles	U15G
11:50	12:00	75m Hurdles	U13B
11:55	12:05	800m	U13G
12:05	12:15	800m	U13B
12:15	12:25	70m Hurdles	U13G
12:25	12:35	800m	U11G
12:35	12:45	800m	U11B
12:50	13:00	100m	U15G
13:05	13:15	100m	U15B
13:10	13:20	100m	U13G
13:30	13:40	100m	U13B
13:45	13:55	75m	U11G
14:00	14:10	75m	U11B
 			
14:35	14:45	300m	U15G
14:40	14:50	1500m	U13G/B
14:48	14:58	1500m	U15G/B
15:00	15:10	200m	U15G
15:15	15:25	200m	U15B
15:20	15:30	200m	U13G
15:30	15:40	200m	U13B
15:40	15:50	150m	U11G
15:55	16:05	150m	U11B
16:10	16:20	1500m Steeplechase	U17M
	16:30	4 x 100m Relay	U15B U13B U11B U11G U13G U15G

To event	Event Time	Event	Age Group
10:00	10:15	Triple Jump	U15G
10:40	11:00	Hammer	U15G & U15B
10:30	11:00	Long Jump	U11G & U11B
10:40	11:00	High Jump	U13G & U13B
10:45	11:30	Pole Vault	U13 & U15
11:30	12:00	Discus	U13G, U13B, U15G & U15B
12:10	12:30	High Jump	U15G
12:10	12:40	Long Jump	U13G
13:10	13:30	Javelin	U11G & U11B
13:10	13:30	Shot Put	U15G & U15B
13:55	14:15	Javelin	U13G & U13B
14:00	14:30	Long Jump	U13B & U15B
14:25	14:45	Shot Put	U11G & U11B
15:25	15:45	Javelin	U15G & U15B
15:15	15:45	Long Jump	U15G
15:25	15:45	Shot Put	U13G & U13B

3 trials each in all field events except vertical jumps

**REPORT TO TRACK EVENTS:
10 minutes before start time**

**REPORT TO FIELD EVENTS:
At the 'To Event' time**

**LIVE EVENT RESULTS / CANLYNIADAU BYW
SCAN QR CODE**

