

**WELSH ATHLETICS
U20 INTERNATIONAL
SATURDAY 26TH AUGUST 2023
TIMETABLE**



WELSH ATHLETICS
ATHLETAU CYMRU

Event Number	Start Time	Event
T01	12:00	Male 400m Hurdles
T02	12:15	Female 400m Hurdles
T03	12:35	Female 1500m
T04	12:42	Male 1500m
T05	12:55	Female 400m
T06	13:00	Male 400m
T07	13:10	Male 100m
T08	13:15	Female 100m
T09	13:20	Male Ambulant 100m
T10	13:25	Female Ambulant 100m
T12	13:35	Female 800m
T13	13:40	Male 800m
T15	14:00	Female 100m Hurdles
T14	14:15	Male/Female 5000m Walk
T16	14:45	Male 110m Hurdles
T17	15:00	Female 200m
T18	15:05	Male 200m
T19	15:10	Female 3000m
T20	15:25	Male 3000m
T21	15:45	Universal 4x100
T22	15:50	Male 2000m S/C
T23	16:05	Female 4x100
T24	16:10	Female 2000m S/C
T25	16:25	Male 4x100
T26	16:35	Mixed 4x400

Event Number	Start Time	Event
F01	12:00	Female Hammer
F02	12:00	Female High Jump
F03	12:00	Male Long Jump
F04	12:00	Ambulant Male Long Jump
F05	12:30	Male Shot Put
F06	12:30	Male Ambulant Shot Put
F07	13:00	Male Hammer
F08	13:30	Female Pole Vault
F13	14:00	Female Triple Jump
F09	14:10	Female Discus
F10	14:10	Female Ambulant Discus
F14	14:25	Male High Jump
F11	14:30	Female Shot
F12	14:30	Female Ambulant Shot
F15	15:00	Female Jong Jump
F16	15:00	Female Ambulant Long Jump
F17	15:00	Male Pole Vault
F18	15:10	Male Triple Jump
F19	15:30	Male Discus
F20	15:30	Male Ambulant Discus
F21	15:45	Male Javelin
F22	15:45	Female Javelin