



WELSH ATHLETICS
ATHLETAU CYMRU

*LISTEN
ENGAGE
REPRESENT*

Welsh Athletics Athlete Support Overview

Transition Programme (formerly WA Futures)

2022-2026



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Creating A Performance Culture



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WELSH ATHLETICS TRANSITION PROGRAMME .

What is the profile of a Welsh Athletics Transition Programme athlete?

- **Reaches WA Performance Event Group consideration standards. These sit within % of the UKA European Championship U18/U20/U23 age group standards. 15%**
- **Has demonstrated outstanding performances at Age Group/British Championships that are aligned with standards required to transition to a senior programme athlete. 20%**
- **Athletes will have agreed performance/process goals aligned to their athlete improvement plan with evidence based information supporting progression of key performance markers. 25%**
- **Athlete and coaches engaging with support and resource from Welsh Athletics and key partners that will influence performance development. 40%**



WELSH ATHLETICS TRANSITION PROGRAMME

- **Athlete Services** - athlete service agreement for athletes based in Wales and also outside Wales.
- **Camps** - athletes will be invited to WA organised camps, this will be the only camp investment for athletes based on the Transition programme. Some flexibility will be granted for athletes that are in full time education who cannot attend WA organised camps. This will allow investment for athletes attending University, to be put toward personal coach/University organised camps
- **Competition** – Compliance to attend agreed WA representative and priority competition opportunities aligned to strategic objectives :
 - British Senior/Age Group Championship events
 - Specific event group competitions as determined by NTDC lead
- **Coaching Support** - Support from WA Coach Development Manager and Event Group NTDCs to generate an agreed coach development plan with four review points annually Dec/Feb/April/Aug.

