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WELSH ATHLETICS
ATHLETAU CYMRU

2023 Fixture List

Month	Date	Name	Location	Discipline
January	28 & 29	Welsh Senior & U15 Indoor Championships	NIAC	Track and Field
February	4 & 5	Welsh U13 / U17 / U20 Indoor Championships	NIAC	Track & Field
	15	Welsh Schools National Cross-Country Championships	Brecon	Cross Country
	25	Welsh Cross Country Championships	Brecon	Cross Country
April	23	London Marathon inc. Welsh Marathon Championships	London	Road
	29	Red Kite Challenge inc. Welsh Trail Championships (Long & Junior)	Devils Bridge	Trail Running
	30	Cardiff 5K inc. Welsh 5K Championship	Whitchurch, Cardiff	Road
May	14	Bryn Meadows Caerphilly 10K inc. Welsh 10K Championships	Caerphilly	Road
	31	Night of Endurance inc. Welsh 3000m & 5000m Championships	TBC	Track & Field
June	24 & 25	Welsh Senior & U15 Championships	Cardiff	Track & Field
July	1	WSAA Track & Field Championships	Cardiff	Track & Field

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	15	Rabbit Run inc. Welsh Trail Running Championships (Short)	Merthyr Mawr	Trail Running
	16	Welsh Inter-Regional Track & Field Championships	TBC	Track & Field
August	5	Maesgwn Detour inc. Welsh Mountain Running Championships (Senior)	Maesgwyn	Mountain Running
	12 & 13	Welsh U13 / U17 / U20 Championships	Newport	Track & Field
September	9	Welsh Road Relay Championships	Pembrey	Road
October	1	Cardiff Half Marathon inc. Welsh Half Marathon Championships	Cardiff	Road
November	18	Welsh Inter Schools & Inter-Regional Cross Country Championships	TBC	XC