



Welsh Athletics

Commonwealth Games Birmingham 2022 28th July 2022 – 8th August 2022

Athlete Nomination Policy

Introduction

- 1 This nomination policy has been agreed by Welsh Athletics and Commonwealth Games Wales (CGCW). It provides detail on the process by which Welsh Athletics will arrive at its nominations to CGCW for the selection of athletes within the Welsh Team in Birmingham 2022 which will be submitted for consideration.
- 2 In all cases, the submission by Welsh Athletics represents a nomination to CGCW for selection. The final decision in selection to the 2022 Games lies with CGCW. Achievement of the nomination criteria therefore represents **eligibility for nomination**, not selection.
- 3 Welsh Athletics will only have the option to nominate those athletes that have qualified under both the Welsh Athletics nomination criteria stated below, the criteria listed in the CGCW Selection Handbook (available on the Team Wales website here; <http://teamwales.cymru/en/> [UPDATE LINK](#)) and the relevant criteria within the Commonwealth Games Federation (CGF) Constitution (available on the CGF website here; <http://www.thecgf.com/about/constitution.pdf> [UPDATE LINK](#)) – both of which should be read in conjunction with this policy.

Nomination policy aim

4 To nominate to Team Wales

- (i) A team of athletes capable of competing at the 2022 Commonwealth Games, with the clear consideration that individuals have indicated that they have the ability to achieve a top six placing in the anticipated field as per the nomination guidelines detailed in section 11 (Table 1) of this document.
- (ii) Welsh Athletics will nominate a Team that both supports Team Wales at the Birmingham 2022 Commonwealth Games and develops the strategic objective of building into the 2026 Commonwealth Games.

(iii) Welsh Athletics will also take into consideration developing athletes who clearly have the potential to win medals at future Athletics Championships.

Athlete eligibility

- 5 **Prospective team members must fulfil the eligibility criteria of the CGF outlined in the CGCW Selection Handbook (available on the Team Wales website here; <http://teamwales.cymru/en/> UPDATE LINK) and the relevant criteria within the Commonwealth Games Federation (CGF) Constitution (available on the CGF website here; <http://www.thecgf.com/about/constitution.pdf> UPDATE LINK)**
- 6 Where prospective team members do not meet the above criteria, they will only be nominated for final selection if prior dispensation has been granted by the CGF.

Games competition format

- 7 The following events will be contested at the 2022 Commonwealth Games within the Athletics programme.

Men

100m, 100m T11/12, 100m T37/38, 100m T45-47, 200m, 400m, 800m, 1500m, 1500m T53/54, 5000m, 10000m, Marathon, Marathon T53/54, 10,000m Race Walk, 3000m steeplechase, 400m hurdles, 110m hurdles, 4 x 100m Relay, 4 x 400m Relay, Long Jump, Triple Jump, High Jump, Pole Vault, Shot Put, Discus, Discus F42-44 / F61-64, Hammer, Javelin, Decathlon

Women

100m, 100m T33/34, 100m T37/38, 100m T53/54, 200m, 400m, 800m, 1500m, 1500m T53/54, 5000m, 10000m, Marathon, Marathon T53/54, 10,000m Race Walk, 3000m steeplechase, 400m hurdles, 100m hurdles, 4 x 100m Relay, 4 x 400m Relay, Long Jump, Triple Jump, High Jump, Pole Vault, Shot Put, Shot Put F55-57 Discus, Discus F42-44 / F61-64, Hammer, Javelin, Heptathlon

Nomination criteria

- 8 CGCW requires that athletes have the ability to finish in the top six or have the ability to enhance a medal potential for a Team Event at the 2022 Commonwealth Games. The content of this section reflects and supports this.
- 9 To be nominated to the CGCW, athletes must compete at the 2021 Welsh Athletics Track and Field Championships

Note: This does not apply to the 10,000m, Marathon, 10,000m Walk or Combined Events disciplines, which will not be included in the 2021 Welsh Athletics Track and Field Championships

Permission to do otherwise must be gained in advance from the Head of Coaching and Performance, which will only be granted in exceptional circumstances.

10 The number of athletes that can be entered for a discipline is set out by the Commonwealth Games Federation (CGF) as follows:

- (i) in an individual discipline, up to three athletes may be entered
- (ii) for relay events, up to six athletes may be entered

11 To be **considered for nomination**, Athletes must have achieved a standard.

A performance will be considered as a valid Welsh Athletics nomination standard if it:

- (i) meets or exceeds the level shown in Table 1.0
- (ii) is achieved during the Qualification period (paragraph 12)
- (iii) is achieved in an Eligible Competition (paragraph 13); and
- (iv) meets the additional criteria (paragraph 14)

Table 1.0

Female	Event	Male
11.35	100m	10.23
23.30	200m	20.60
52.25	400m	45.75
2.01.30	800m	1.46.50
4.08.30	1500m	3.39.00
15.30.00	5000m	13.33.00
32.30.00	10000m	28.30.00
9.49.50	3000m S/C	8.34.30
56.90	400mH	50.00
13.25	100 / 110mH	13.65
6.55	Long Jump	7.90
13.55	Triple Jump	16.50
1.85	High Jump	2.22
4.25	Pole Vault	5.30
16.75	Shot Putt	19.00
55.00	Discus	60.50
62.00	Hammer	69.00
55.00	Javelin	76.00
5650	Heptathlon / Decathlon	7600
46.00.00	10,000m Race Walk	41.30.00
2.35.30	Marathon	2.15.30
44.00	4 x 100m	39.00
3.31.90	4 x 400m	3.03.50

Note: Para sport events are not included here as they will be selected from a quota system – as outlined in Paragraph 19

- (i) Performance standards are based on a top six finish at the previous three Commonwealth Games and are aligned to the Sports Wales Performance Tracker.
- (ii) Note: Relay teams can be selected based on an alternative set of criteria as outlined at paragraph 18
- (iii) Should there be any circumstances that would materially affect the ability of Welsh Athletics to fairly nominate a Team, Welsh Athletics retains the right to amend the Performance Standards in conjunction with Team Wales.

12 Qualifying performances must be achieved within the “Qualification Period defined as follows:

From: 00.00 (GMT) on 1st January 2021
To: 23.59 (GMT) on 24th April 2022

13 Qualifying performances must be achieved at one of the following competitions:

- (i) Any event organised or sanctioned and certified by the World Athletics, its area associations or its member federations.
- (ii) A United Kingdom Athletics (UKa) Level 2 Permit or above.
- (iii) In the case of Marathon events, performances must be achieved on an IAAF accredited course.

Any competitive performances outside of these events will only be given consideration if the validity of the performance is confirmed by the appropriate standard of officials and is accepted at the discretion of the Nomination Panel.

14 Qualifying performances must meet all of the following additional criteria (taken from the World Athletics Competition rules:

<http://www.worldathletics.org/aboutiaaf/documents/technical> **UPDATE LINK**) :

- (i) wind assisted performances will not be accepted
- (ii) hand timed performances will not be accepted for qualification purposes, but **may** be considered in the event of electronic timing failure
- (iii) indoor performances for all events will be accepted
- (iv) performances in mixed events between male and female participants, held entirely in a stadium, may be accepted under specific circumstances
- (v) 100m, 200m, 400m, 110m/100m hurdles and 400m hurdles performances at altitudes of or above 950m will not be accepted
- (vi) in all field events, only the single best trial from within a single competition series will be accepted
- (vii) multiple performances in official Championships, of Welsh National level or higher, achieved in the same discipline on a single day will all be counted.

In all other cases only one performance per day will be counted as follows:

- (i) in track events, only the fastest official result of the day will be counted
- (ii) in throwing events, only the result of the first competition of the day will be counted
- (iii) in horizontal jumping events, only the results of the first competition of the day will be counted unless every mark achieved by the athlete was wind assisted, in which case, a second competition held under better conditions will count
- (iv) in vertical jumping events, only the results of the first competition of the day will be counted, unless the competition was abandoned for safety reasons; in which case a second competition held under safer conditions will count

15 The minimum age of athletes permitted to compete at the 2022 Commonwealth Games is governed by World Athletics rules, as follows

- (i) Junior Athletes: any athlete aged 18 or 19 on 31st December in the year of competition (born in 2003 or 2004) may compete in any event except the Marathon
- (ii) Male Youth Athletes: any athlete aged 16 or 17 on 31st December in the year of competition (born in 2005 or 2006) may compete in any event except the throwing events, Decathlon, 10000m and Marathon
- (iii) Female Youth Athletes: any athlete aged 16 or 17 on 31st December in the year of competition (born in 2005 or 2006) may compete in any event except the 10000m and Marathon
- (iv) Athletes younger than 16: no athlete younger than 16 years of age on the 31st December in the year of competition (born in 2007 or later) may be entered

16 In making their nominations to the CGCW, the Welsh Athletics nomination panel will use the following criteria

Individual Events

- (i) any eligible athlete who has achieved a valid nomination standard (Table 1.0), within the qualification period (paragraph 12), in a recognised competition (paragraph 13) and whose performance fulfils the criteria (paragraph 14), will **automatically receive a nomination** from Welsh Athletics to the CGCW.
Please note that this does not guarantee selection, as outlined in paragraph 2
- (ii) at its sole discretion, the nomination panel **may** consider nominating an athlete who has not achieved the relevant standard, but who they strongly believe has the potential to win a medal at the Games, but that the attainment of the relevant standard has not

been possible due to an unforeseen situation (long term injury etc.). The body of evidence to support a nomination under these circumstances must be overwhelming.

- (iii) at its sole discretion, the nomination panel **may** consider nominating a developing athlete who has not achieved the relevant nomination standard, but who they strongly believe has the potential to win medals at future championships. The body of evidence to support this talent development pathway decision must be overwhelming.

Marathon Selection Policy Birmingham Commonwealth Games 2022.

- 17 The aim of the Marathon selection process is to maximise the opportunity for athletes to deliver their best performance in 2022.

The selection process is designed to support athlete nomination based on the ability to satisfy the following criteria.

- (i) athlete attained the required nomination standard.
- (ii) athlete attained the required nomination standard in the priority window.
- (iii) athlete attained the nomination standard prior to the nomination date.
- (iv) athlete proved fitness after gaining the nomination standard in the priority preparation window.
- (v) athlete(s) nominated have the maximum preparation window prior to the holding camp / Commonwealth Games 2022. Marathon.

The Marathon policy is designed to have 3 priority windows; these windows are weighted in order of the lead in time to the 2022 Commonwealth Games. When the athlete nominations are made, these weighted priority windows will be used as part of the nomination evaluation process.

Performance Priority Window One.

01 Jan 2021 – 31 Dec 2021.

This window is designed to allow for maximal performance and recovery / preparation time for athletes ahead of a major game's marathon. Proof of fitness prior the nomination process will be required. The fitness protocol will be agreed by the Team Leader and Welsh Athletics Team Physiotherapist.

Performance Priority Window Two.

01 Jan 2022 – 28 Feb 2022

Athletes attain a Nomination Standard in this second window of priority; the process is designed to allow for recovery / preparation plus proof of fitness prior to the nomination process. The fitness protocol will be agreed by the Team Leader and Welsh Athletics Team Physiotherapist.

Performance Priority Window Three.

01 Mar 2022 – 24 April 2022

Athletes attain a Nomination Standard in this third window. In view of the short timescale leading into the 2022 Commonwealth Games, the final window is weighted with a risk factor that will be taken into consideration by the nomination panel based on the following:

- (i) limited time to recover.
- (ii) limited time to prepare for a major games marathon.

18 Relay Events

- (i) A relay team that has achieved a valid standard (Table 1.0), within the qualification period (paragraph 12), in a recognised competition (paragraph 13) and whose performance fulfils the criteria in paragraphs 14, will **automatically receive a nomination** from Welsh Athletics to the CGCW. Please note that this does not guarantee selection, as outlined in paragraph 2
- (ii) At its sole discretion, the nomination panel **may** consider nominating a relay team who has not achieved the relevant standard, but who they strongly believe has the potential to achieve the aim of the policy (paragraph 4). This would **normally** occur when two or more individual athletes who make up part of the relay team are already nominated in individual events and where the other individual athletes who would make up the remaining places are within reasonable proximity to their individual event standards.

It should be noted that the nomination from Welsh Athletics to the CGCW represents the nomination of a team – not individual athletes. The composition of that team remains at the discretion of the nomination panel and the CGCW and may not include all the athletes who ran in the teams whose qualification performances were considered as part of the nomination process. The nomination of individual athletes to support relay teams will be based on the following factors

- (i) the proximity of the athlete's performance to the "nomination standard within the qualification period (in the corresponding individual event(s))
- (ii) the consistency of the athlete's performances, demonstrated by performing at or around the standard within the qualification period (in the corresponding individual event(s))
- (iii) position at the 2021 Welsh Championships (in the corresponding individual event(s))
- (iv) the athlete's specific relay skills, as determined and recommended by the Welsh Athletics relay coaches

- (v) the athlete's attendance at, and support for, Welsh Athletics relay programme training sessions
- (vi) head to head competitive records with other eligible athletes
- (vii) current form and fitness (athletes may be asked to undertake health and fitness checks prior to nomination to the CGCW or any period thereafter prior to the Games, as required)
- (viii) the athlete's individual long-term potential and the potential benefit of attending the 2022 Commonwealth Games in supporting a future medal winning performance
- (ix) any other factor(s) which in the panel's opinion will impact on an athlete's ability to support the relay team at the Games

If an athlete is selected as part of a relay team, but is not selected in an individual event, then their priority will always be to support the relay team in the pursuit of achieving the aim of the policy (paragraph 4). However, at the sole discretion of the panel, an athlete who is not already nominated as an individual, **may** be nominated in an individual event, if it is deemed to be in the best interests of the relay team and the athlete concerned.

Typically, Welsh Athletics would look to nominate a total of five individual athletes as part of a relay team in order to provide the necessary support for the "strike four" in the event of injury, illness or any other factors that would prevent one of the "strike four" from competing in one of the rounds. However, it is possible that only four, or up to six individual athletes could be nominated as part of the relay team.

In the event that one or more of the "strike four" relay athletes is forced to withdraw from the Games team prior to departure for the Games (for any reason), then it will be at the discretion of the CGCW, in consultation with Welsh Athletics, as to whether the relay team is also withdrawn at that time.

- 19 Para-Sport athletes will receive an invitation to compete from the CGF, based on a quota system adopted by the CGF in line with IPC Commonwealth rankings. However, athletes must show consistent form within the qualification period (paragraph 12) to be nominated by Welsh Athletics. Due to the limited competition opportunities available, an athlete who is nominated would be expected to demonstrate genuinely competitive form and fitness.
- 20 Para-Sport athletes must hold a current IPC Licence and have a permanent IPC Classification.
- 21 The onus of providing evidence of the achievement of a performance rests with the athlete / coach

- 22 Where an athlete attains the nomination criteria in one event, they may still be nominated for a second event, but would be expected to prioritise the event in which they have achieved the nomination criteria.
- 23 In circumstances deemed appropriate by the Team Leader, an athlete may be requested to complete a fitness test prior to nomination to the CGCW. Specific details of this testing can be seen in Appendix 3.

Nomination and Appeals Process

- 24 The Welsh Athletics Birmingham 2022 Nomination Panel (as detailed in Appendix 1), as appointed by the Board of Directors, will nominate athletes to the CGCW in accordance with the nomination criteria detailed above. In the event that any of the nomination panel member has a conflict of interest in relation to the nomination of any person or team, they shall declare it to the other members of the nomination panel and shall not exercise their vote in relation to the nomination of that person or team.
- 25 The Birmingham 2022 Commonwealth Games qualifying period for Welsh Athletics will start and finish as detailed in paragraph 12.
- 26 The Welsh Athletics nomination panel will meet on the 25th April 2022 to discuss and confirm nominations to the CGCW.
- 27 Following the Welsh Athletics nomination panel meeting listed in paragraph 26, a member of the nomination panel will contact, by telephone and in confidence, those athletes who the panel have nominated to the CGCW. This will be done within 24 hours (i.e. by 9pm on the 26th April 2022) of the nomination panel meeting.
- 28 Athletes who do not receive a telephone call from a member of the nomination panel within 24 hours (i.e. by 9pm on the 26th April 2022), should consider themselves as being not included in the list of nominations to the CGCW. Confirmation of this can be sought by contacting the Head of Coaching and Performance (as detailed in Appendix 2). Those athletes who are not included in the list of nominations to the CGCW will have the right to appeal (to Welsh Athletics) their non-nomination, if the appeal conforms to the details outlined in Appendix 2).
- 29 Appeals will be considered by the Welsh Athletics Appeals Panel (as detailed in Appendix 1 and 2) on 29th April 2022. All athletes who have appealed will be notified of the decision of the Appeals Panel by telephone and in writing. In the first instance Appellants will be notified of the decision by telephone between 16.00 and 20.00 on 29th April 2022. They will receive written notification thereafter.
- 30 Welsh Athletics will be required to provide supporting information in respect of any Nomination to Team Wales. This information will be scrutinised by the Team Wales Selection Panel and will form part of their decision in respect of selection or non-selection for the 2022 Commonwealth Games Team. All factual information being submitted will be confirmed with each athlete ahead of being submitted to Team Wales and the Athlete will

need to confirm (in writing / by email) that the information being submitted is correct / factual.

- 31 As part of the Nomination / Selection Process athletes will need to provide consent for Welsh Athletics / Team Wales to process special categories of Data, this is in accordance with General Data Protection Regulations (GDPR). Any requests for this express athlete consent will be made in reasonable time and the request will detail the rational / purpose of the data collection.
- 32 The proposed list of nominees will be submitted to CGCW on 29th April 2022.
- 33 The CGCW selection panel will meet to consider the nominations on 4th May 2022 and will then make recommendations to the CGCW Board, who will confirm the team selection.
- 34 Welsh Athletics will confirm both non-selection and selection to nominated athletes by 6th May 2022, by telephone and in writing.
- 35 The right of appeal to the CGCW for non-selection is as per the policy detailed in the CGCW Selection Handbook.
- 36 CGCW will confirm the final Athletics team selections on 18th May 2022.
- 37 Nominations must be kept confidential until CGCW have completed their selection process. Nominated / non-nominated athletes are not permitted to make any announcements to the media or general public in any form whatsoever (including any social media platforms such as Twitter and Facebook) of their possible confirmed selection or non-selection prior to the official team announcement by the CGCW of such selection. Breach of this clause may impact on an athlete's selection or appeal.
- 38 Final selection to the Games team is dependent on receipt of relevant information required by CGCW such as the CGF Eligibility form and Team Member Agreement.
- 39 Details of compulsory Games briefing / kit fitting session will be announced in the Autumn of 2020.

De-nomination

- 40 De-nomination from the list of athletes submitted to CGCW (and / or athletes selected by the CGCW following nomination) may occur as a result of:
 - (i) Failure to adhere to the athlete code of conduct or the Team Member agreement
 - (ii) Failure to meet the agreed fitness testing protocols (see Paragraph 37 & Appendix 3).

- (iii) As detailed in paragraph 16, a relay team may be de-nominated following the withdrawal of one or more of the “strike four” athletes.

Athlete de-selection and replacements

- 41 At any time after nomination has occurred and prior to Team Wales being formally entered into the Games, Welsh Athletics reserves the right to withdraw an athlete’s nomination should, in the reasonable opinion of the Welsh Athletics Team Leader and in conjunction with Welsh Athletics’ Lead Physiotherapist, that there is an issue that could reasonably impact on an athlete’s potential to achieve performances within **10% or less** of the average of their best 5 performances during the relevant qualification period set out at **paragraph 2.7**, in their event in the Games.

The process by which an athlete may be de-selected from the Games depends on the exact timing in relation to Team Wales’ official entry into the Games – i.e. the date on which Team Wales is formally entered into the Games. This is currently set for the 29th June 2022.

Where such concerns exist, the process will be undertaken as per Appendix 3.

Appointment of Team Staff

- 42 The Team Leader and Team Manager for Welsh Athletics will be confirmed by **XX XXXX** 2020. It is anticipated that the Team Leader and Team Manager positions will be ratified by the Board of Welsh Athletics at the same time as the Nomination Policy. The final complement of Welsh Athletics team staff attending the Games (Team Coaches) will ultimately depend upon team size and composition, and will be determined by CGCW in consultation with Welsh Athletics after the final team selection is made.

Force Majeure

- 43 “Force Majeure” means any act, event, omission, cause or circumstance not within the reasonable control of Welsh Athletics, Team Wales or the Commonwealth Games Federation, including but not limited to any strike, lockout or other industrial action, any civil commotion or disorder, riot, invasion, war or terrorist activity or threat of war or terrorist activity, any action taken by a governmental or public authority of any kind(including, without limitation, not granting a consent, exemption, approval or clearance), any fire, explosion, storm, flood, earthquake, subsidence, epidemic, pandemic or other natural physical disaster. In the event of such Force Majeure affecting the application of this Nomination Policy, Welsh Athletics shall have the sole discretion, in consultation with Team Wales, to invoke any reasonable amendments in line with the principles, strategy and mission of this nomination policy.

Appendix 1

Nomination and Appeals Panels

The following appointed individuals will finalise the nominations by Welsh Athletics for the 2022 Commonwealth Games to the CGCW:

Nomination Panel:

- (i) Team Leader for Athletics at Birmingham 2022**
- (ii) Chair of the Board of Directors CEO for Welsh Athletics*
- (iii) Board of Directors Member (Performance – Sub-Group Director)*
- (iv) Academy Manager, Disability Sport Wales*
- (v) Performance Sub-Group Member – (Independent Observer Non-Voting)*

**The Team Leader will act as the Chair for the Nomination Panel and will have the casting vote where necessary.*

Should any member of the Nomination Panel have a personal conflict in any nomination decisions this will be noted, and if deemed necessary, will be asked to leave the meeting when a decision of nominate / non-nomination is made.

Appeals Panel;

- (i) Chief Executive Officer of Welsh Athletics **
- (ii) Board of Directors Member*
- (iii) Independent*
- (iv) Performance Advisor – Sport Wales (Independent Observer Non-Voting)*

**The Welsh Athletics Chief Executive Officer will act as the Chair for the Appeals Panel and will have the casting vote where necessary.*

Note: The appeals panel will be made of 4 (3 voting) individuals who are independent of the nomination panel

Should any member of the Appeals Panel have a personal conflict in any nomination decisions this will be noted, and if deemed necessary, will be asked to leave the meeting when a decision of nominate / non-nomination is made.

Appendix 2

Appeals Procedure

If an athlete has not received a telephone call by 9pm on the 26th April 2022 informing them of their nomination to the CGCW, they should assume their non-nomination. If an athlete wishes to clarify this, they should contact the Team Leader (XXXXXXXXXXXXXXXXXX) immediately by e-mail XXXXXXXXXXXXXXXXXXXX Any athlete who has not been nominated has the right to appeal that decision and for that appeal to be considered by an independent panel. Any appeal should be made on the basis of an error of fact or incorrect process.

Any appeal against the decision(s) made by the Welsh Athletics Nomination Panel, based on an error of fact or incorrect process, must be submitted to the "Appeals Panel", C/O Welsh Athletics, Cardiff International Sports Campus, Leckwith Road, Cardiff, CF11 8AZ or by email to XXXXXXX@welshathletics.org no later than 14.00 on the 27th April 2022. This process is outlined below:

- (i) *An athlete ("the Appellant") may appeal against the decision of the Welsh Athletics Nomination Panel to Welsh Athletics, Cardiff International Sports Campus, Leckwith Road, Cardiff, CF11 8AZ*
- (ii) *The appellant shall lodge an appeal in writing ("Notice of Appeal") to the Appeals Panel C/O Welsh Athletics, Cardiff International Sports Campus, Leckwith Road, Cardiff, CF11 8AZ or by email to XXXXXXXX@welshathletics.org no later than 14.00 on the 27th April 2022. The Notice of Appeal should set out in full the basis on which the Appellant wishes to appeal and the remedy sought, and should be accompanied by all relevant documentation which the Appellant wishes to rely on in support of the Appeal. The Appellant is required, when lodging a Notice of Appeal, to forward a payment to Welsh Athletics for £200 to be held on account pending the outcome of the Appeal.*

For Electronic Payments

Account Name: Welsh Athletics Limited

Sort Code: 30-91-68

Account Number: 00686618

- (iii) *The Appeals Panel will consider the appeals on the 29th April 2022. Appellants will be notified of the decision by telephone between 16.00 and 20.00 on the 29th April 2022. They will also receive written notification thereafter.*
- (iv) *The decision of the Appeals Panel is final.*
- (v) *Costs*
- (vi) *The costs of an unsuccessful appeal will be met by the Appellant - £200*
- (vii) *In successful appeals the held payment will be returned.*

Appendix 3

Illness / Injury / Fitness Testing Protocols and Procedures

At any time prior to the Games, Welsh Athletics in conjunction with Team Wales reserves the right to withdraw an athlete's nomination should, in the reasonable opinion of the Welsh Athletics Team Leader and the Welsh Athletics Lead Physiotherapist, there be an injury/illness that could impact on an athlete's potential to achieve performances within 10% or less of their average qualifying performances (best 5 performances in the qualifying window) in their event in the Games.

Where such concerns exist, the following process will be undertaken:

Appendix 3.1 Nomination period to Team Wales

If there is reasonable concern regarding an athlete's potential to achieve performances within 10% or less of their average qualifying performances (best 5 performances in the qualifying / nomination window) in the build up to the Games. The Welsh Athletics Team Leader and the Welsh Athletics Lead Physiotherapist, at their absolute discretion, will request that the athlete undergoes a medical examination to determine his/her fitness to compete at the Games.

This examination will be conducted by the Welsh Athletics Lead Physiotherapist, or Sport Wales Lead Sports Physician (depending on the nature of the issue) in the presence of the Welsh Athletics Team Leader (If logistically this is not possible Welsh Athletics retains the discretion to employ two suitably qualified individuals to act upon Welsh Athletics behalf under strict guidance).

If the athlete fails, or refuses to undergo, the examination, his/her nomination will be withdrawn.

If the athlete passes the medical examination carried out in accordance with paragraph a. above, but Welsh Athletics reasonably retains concerns over their potential to achieve performances within 10% or less of their average qualifying performances (best 5 performances in the qualifying window) in their event in the Games due to the underlying injury or illness, the Welsh Athletics Team Leader at their sole discretion, may request that the athlete undergoes a set of event-specific performance tests. The test(s) will be agreed between the Welsh Athletics Team Leader and the Welsh Athletics Lead Physiotherapist and will be designed to determine the impact of any injury/illness on the athlete's potential to achieve performances within 10% or less of their average qualifying performances (best 5 performances in the qualifying window) in their event in the Games. If the athlete fails or refuses to undertake the test(s), his/her nomination will be withdrawn.

Appendix 3.2 – Pre Games

If there is reasonable concern regarding an athlete's potential to achieve performances within 10% or less of their average qualifying performances (best 5 performances in the qualifying window) in their event in the Games. The Welsh Athletics Team Leader and Welsh Athletics Lead Physiotherapist, at their absolute discretion, will request that the athlete undergoes a medical examination to determine his/her fitness to compete. This examination will be conducted by the Welsh Athletics Lead Physiotherapist, or Sport Wales Lead Sports Physician (depending on the nature of the issue) in the presence of the Welsh Athletics Head Coach or Team Leader (If logistically this is not possible Welsh Athletics retains the discretion to employ two suitably qualified individuals to act upon Welsh Athletics behalf under strict guidance). If the athlete fails, or refuses to undergo, the examination, his/her nomination will be withdrawn.

Should an athlete refuse or fail the medical examination or event specific tests as requested by the Welsh Athletics Team Leader in conjunction with the Welsh Athletics Lead Physiotherapist whilst in the UK (prior to travelling to a preparation camp) the athlete will be withdrawn from the preparation camp.

Should an athlete refuse or fail the medical examination or event specific tests as requested by the Welsh Athletics Team Leader in conjunction with the Welsh Athletics Lead Physiotherapist whilst on/attending a preparation camp, a reasonable discussion will be held between the athlete, Team Leader and Lead Physiotherapist regarding the withdrawal of the athlete from the preparation camp.

At all times Welsh Athletics retains the right to request Athletes permission to seek addition advice from suitable external practitioners if decisions to be made could be compromised in not doing so.

Appendix 3.3 Once entered into the Games by Team Wales

After Team Wales has been entered into the Games, athlete de-selections and replacements may only be allowed in accordance with the CGF's "Late Athlete Replacement Policy" (or any revised or amended CGF policy relating to athlete replacement in force at the time). Athletes may be de-selected at this stage due to the athlete no-longer being eligible (as detailed in paragraph 36) or due to injury/illness. In such circumstances, should the Welsh Athletics Team Leader and/or the Welsh Athletics Lead Physiotherapist believe injury/illness to an athlete may impact upon their potential to achieve performances within 10% or less of their average qualifying performances (best 5 performances in the qualifying window) in their event in the Games, the following process will be undertaken:

- (i) The Team Wales CMO, in conjunction with the Welsh Athletics Lead Physiotherapist, will request that the athlete undergoes a medical examination to determine his/her fitness to compete. This examination will be conducted by the Welsh Athletics Lead Physiotherapist, or Sport Wales Lead Sports Physician (depending on the nature of

the issue). If the athlete fails, or refuses to undergo, the examination, his/her nomination will be withdrawn.

- (ii) If the athlete passes the medical examination carried out in accordance with paragraph above, but Welsh Athletics and/or Team Wales retain concerns over their potential to achieve performances within 10% or less of their average qualifying performances (best 5 performances in the qualifying window) in their event in the Games due to the underlying injury or illness, the Team Wales Chef de Mission, at their sole discretion, may reasonably request the athlete undergoes a set of event-specific performance tests. The test(s) will be agreed by the Welsh Athletics Team Leader, the Welsh Athletics Lead Physiotherapist and a delegated Team Wales representative, and will be designed to determine the impact of any injury/illness on the athlete's potential to achieve performances within 10% or less of their average qualifying performances (best 5 performances in the qualifying window) in their event in the Games. If the athlete fails or refuses to undertake the test(s), his/her nomination will be withdrawn.

- (iii) Should an athlete refuse or fail a requested medical examination or event specific tests as stated above whilst in the CWG Holding Camp or Games Village, a reasonable discussion will be held between the athlete, Welsh Athletics Team Leader and a Team Wales representative regarding the withdrawal of the athlete from the CWG Village / Holding Camp. Any decision made in this meeting will reflect the Athletes ability to be able to perform during the Games and the ability of the Welsh Athletics / Team Wales Support Team to facilitate and protocols deemed necessary to enable the athlete to perform.

Note: At all times any decisions affecting the withdrawal of Nominations / Team Accreditations will be communicated to the following in a timely manner for their overview:

- (i) Chief Executive Officer of Welsh Athletics

- (ii) Chair of Welsh Athletics

- (iii) Academy Manager Disability Sport Wales

- (iv) Board Director of Welsh Athletics – (Performance Support Group Chair)