

WELSH ATHLETICS ROAD/CROSS COUNTRY COMMITTEE MINUTES OF MEETING HELD ON WEDNESDAY 11th SEPTEMBER 2019 AT J43 HOLIDAY INN EXPRESS SWANSEA	<u>ACTION</u>
<p>PRESENT: - Graham Finlayson, Martin Green (by telephone), Nikki Haines, Steve Jones, Sharon Leech, Rhiannon Linnington-Payne, Kevin Tobin</p> <p>APOLOGIES : - Liz Davies, Alex Donald, Peter Sowerby</p>	
<p>MATTERS ARISING FROM LAST MEETING (ref. 1st AUGUST 2019)</p>	
<ul style="list-style-type: none"> • HCI 2021 hosted by Wales. AD still looking at dates, waiting for fixture confirmation of other competitions. Will liaise with Graham Heeley once a date decided. 	<p>AD</p>
<ul style="list-style-type: none"> • Selection process for 2020 mini-marathon to be released soon. Welsh XC at Pembrey proposed, first 6 past the post to be selected. KT proposed putting this on the WA website soon so that athletes/parents/coaches aware, as the Welsh XC falls during half term 	<p>RLP/LD</p>
<ul style="list-style-type: none"> • Inter-regional 10K and HM cost. JW updated that no IR road races will be held in 2019 due to cost. Application details for races to apply to host IR 10K and HM in 2020 will be released soon 	<p>AD/JW</p>
<ul style="list-style-type: none"> • Leeds Abbey Dash (Inter-Area match). 8 free places allocated to Wales for the Inter Area team. Team finalized. Regions in process of selecting teams, SL has given each regional rep details of how to get teams entered 	<p>REGIONS</p>
<ul style="list-style-type: none"> • Inter-Schools and Inter-Regional held together in November. This will be confirmed on 14th September 	<p>SJ</p>
<ul style="list-style-type: none"> • Celtic XC will not include school teams in 2020 as no budget for this 	
<ul style="list-style-type: none"> • CJ/GF to see Marcel Whitchurch 5K. Marcel now happy to host the Welsh 5K champs in 2020 and entries are open 	
<p>CORRESPONDENCE RECEIVED</p>	
<ul style="list-style-type: none"> • Email received from James Vallely race director Armagh, inviting a team to participate at the 30th anniversary race this year on Thursday 13th Feb 2020. Armagh will support (meals/accommodation 12-14th Feb) up to 10 (2 teams of 4 plus 2 TM), WA to support a further team of development athletes to attend. Teams will be met at airport. Teams to comprise of 4 athletes, 3 to score 	<p>RLP</p>
<ul style="list-style-type: none"> • PS sent email to SL asking for WA to provide video conferencing facilities. SL replied that this would need to be arranged in a place convenient for MG and PS to attend, such as is done for GC at Plas Menai. MG happy to continue attending meetings by telephone, SL suggested PS could try skype. PS to confirm 	<p>PS</p>

<ul style="list-style-type: none"> • PS sent an email with feedback from the East regional meeting, stating their disappointment at the proposal to host the Inter Regional XC within the Inter Schools Competition on 16th November. The date clashes with the Masters XC which would affect numbers, combining the two reduces the significance of the Championships and there is a concern that there is not enough space at Brecon due to development work. MG added that the North region were of the same opinion. SJ stated that the main reason for combining both events was from a welfare perspective, to help reduce the number of fixtures for younger athletes. AD also replied by email that whilst it's recognised that it's not ideal as a clash with the Masters event, it may be unavoidable this year, however a more suitable date would be looked at in 2020. WA are however happy that there is sufficient land at Brecon to have a suitably challenging senior course • LD sent an email to all with standards for domestic and international races. These had been set by the performance team. The Committee had understood at the last meeting that it was to be further discussed as a group, SL, KT and GF had sent emails stating as much, CJ agreed to look at this again, when LD and CJ present • JW asked the Committee to discuss moving the Welsh XC Championships at Pembrey from 22nd February to 15th February, due to the British Indoor Championships being on the weekend of 22nd/ 23rd. The Committee however felt that if it were to move to the 15th, it would then be too close to the Armagh fixture on 13th and the Barcelona Half on 16th, both of which are representative fixtures and likely to have the same athletes who would also wish to do the XC. It was also suggested that those wishing to compete at the Indoors would be unlikely to compete at the XC, even if it were a week earlier. The Committee therefore proposed keeping the date as its original 22nd February <p>2019/20 ROAD & CROSS COUNTRY COMPETITIONS PROGRAMME</p> <p>Domestic fixtures:</p> <ul style="list-style-type: none"> • Road Relays 15th September Pembrey 2019 (trial race for 6 stage) • Welsh Half Marathon Champs Cardiff 6th October 2019 • Cardiff Cross Challenge 12th October 2019 • Masters Marathon Championships, Snowdon 26th October • Inter-Schools XC Champs combined with Inter-Regional Cross Country Championships 16th November, Brecon • Welsh Cross Country Championships, Pembrey, Saturday 22nd February 2020 • Welsh Schools March 11th 2020 	<p>ALL</p> <p>WA</p>
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<ul style="list-style-type: none"> • Welsh 10K Champs, Cardiff Bay March 2020 • Welsh Marathon Champs 26th April 2020, London <p>Representative fixtures:</p> <ul style="list-style-type: none"> • Abbotstown Cross Country 20th October 2019 (selected athletes) • Leeds Abbey Dash 10K 27th October 2019 (Welsh and Regional teams) • Burgos Cross 10th November 2019 (U20 & senior) (this could be changed to an event at Antrim instead) • Liverpool Cross Country 23rd November 2019 (U17 & U20) • HCI & Celtic Nations Cross Country 11th January 2020, Stirling Scotland (U17, U20, Senior) LD to speak to SJ re Welsh Schools team • Armagh Road 3K and 5K 13 February 2020 (development and senior) • Barcelona Half Marathon 16th February 2020 (up to 4 M & F) • SIAB XC • Mini-Marathon London 26th April 2020 • Welsh 5K Champs, Whitchurch Cardiff 3rd May 2020 	
<p>SCHOOLS</p> <ul style="list-style-type: none"> • Welsh Schools Executive meeting to be held on 14th September, the IR and Inter Schools will be discussed and agreed (or not) here. SJ to update the committee after the meeting 	<p>SJ</p>
<p>TEAM SELECTION AND MANAGEMENT</p> <ul style="list-style-type: none"> • JW sent a reminder of selection meeting criteria, as per the bye laws. Last month the Committee stated that due to the number of events, some of the decisions may need to be done by correspondence, to avoid having to meet too often. Changes to the bye laws were also proposed. The Committee decided to nominate people as and when team selection arises and try to tag it on to a committee meeting if possible, when all relevant parties are in the room. The next selection event (Burgos and Liverpool) is proposed to take place on 16th October at the next meeting • GF volunteered to be TM at Leeds Abbey Dash, however he will also ask Carwyn Jones if he would like to be TM, as at Armagh in 2019. (GF confirmed that CJ will be TM). SL and NH both unavailable for Leeds, it was agreed that as these are senior athletes, it's not mandatory to have a male and female TM • GF suggested that WA visit Three Cocks as a possible venue for a IR cross country in the future – an alternative to Brecon. Committee agreed that alternative courses to Brecon could still 	<p>ALL</p> <p>GF/CJ</p> <p>WA</p>

<p>be looked at, although it did recognize that AD has looked at various sites which were found unsuitable</p> <p>AOB</p> <ul style="list-style-type: none">• GF suggested that TM shouldn't necessarily be coaches, as they may have a conflict of interest, as agreed by others• KT suggested that the selection criteria for the Mini marathon and other upcoming fixtures are put on the website asap <p>DATE & TIME OF NEXT MEETING</p> <ul style="list-style-type: none">• Wed 16th October, 6.30pm, Holiday Inn Express Swansea East SA10 6GZ	<p>RLP</p>
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