

Meeting of East Wales Regional Athletics Council

Wednesday 14 February via Teams

6:30pm

Present:

Joyce Tomala,(JT) Christine Vorrés,(CV)), Kieron Hearne (KH), Lynette Harries (LH), Sandy Chipper (SC), James Blore (JB), Martyn Jenkins (MJ), Kate Mills (KM) Becky Bell (BB), Lorriane Clark (LC), Tom Meredith (TM) Darryn Mcattee (DM) Dave Brown (DB) Haydn O'Reilly, (HO)

Agenda Item	Discussion	Action Points
1.Apologies:	Nicola Brunnock, Andy Millard, Keith Matthews, Paul Adams, Charlotte Moran	
1. Conflict of Interest	None stated	
3. Actions from Previous Meeting	None	
Reports:		
i.	<p>Report from Regional Officers meeting with WA CEO (JT/CV) Competitions – should WA continue to support the regional champs? The members present discussed the benefits of hosting regional champs – including:- .team building .pride in representing their area .coaching – development for the athletes . marketing and encouragement . official development The message to take back to WA is that all members agreed that they want to keep the regional competitions.</p>	
ii.	Safeguarding – KH had nothing to report	
iii.	<p>Finance – New report to be sent out with minutes following last minute changes. JT stated that regions cannot raise funds and that WA should advise. CV – maybe charge for development days and clubs use grants to cover charges. Venues and attendance may be an issue and T & F already host official and athlete development days. Schools may also like to send students?</p>	CV and JT to explore
iv.	General Council LH provided a report. See attached.	
v.	<p>Track and Field (JT) Joyce provided a report. See attached.</p>	
vi.	<p>Cross Country/Road A: Cross Country Report (DO) B: Cross Country Regional Champs – JB / SC No meeting since inter-regional champs, which went really well, east winning medals in each category. Race times still an issue (the long</p>	

	<p>delay between male and female races) – East Wales tent needs repairing or replacing. Some issues with the female results are still to be resolved which is very frustrating.</p> <p>c. Next event is Nottingham in March – hope is that no athletes drop out. A coach will be organised. JT –For future competitions may need to increase cost of coach, or consider obtaining sponsorship.</p>	<p>JT speak to Darryn about the tent. SC send details of incorrect results to JT and she will take it up</p>
vii	<p>Trail and Mountain (TM) Tom advised the dates of Senior inter counties is 21 April in Keswick. Juniors is 9th June in Rosedale Championships – the Coity Fell Race in June (very successful in 2023) – it’s a good course Junior Champs Llanthony Show. A race referee is needed for this. National events – Red Kite challenge Welsh Junior Champs 14 July WA Fell and Trail Committee asked if some fell champs could be held in the south instead of North Wales? Tom will look to do this in 2025. JT – licence with WFRA or WA? Tom advised it is much easier and less onerous to licence with WFRA. Toilets, Referee are an issue. It has been raised with WA but no actions. It was agreed to take this issue to GC. Tom is also working on development days similar to those he organised last year.</p>	<p>JT and LH raise these issues at Gen Council.</p>
viii.	<p>East Wales Road Race Champs - PA The presentations were made for the 2023 championship at the GLCL XC fixture in Monmouth on January 7th. It was felt that purchasing non-returnable trophies every year wasn't particularly cost effective for the region. Instead a set of shields were purchased that will last the competition at least 7 years. Athletes from the winning teams in the overall competition, who competed in at least 2 of the 4 races received regional medals. The 4 races will be the same for the 2024 competition - Newport Half Marathon, Kymin Dash, Scenic 7 & Elan Valley 10 miler. The first of these, Newport Half, is on March 3rd. A little bit of feedback on last year. The competition appears to be popular with 8 clubs in the region but some clubs have very minimal or even no athletes taking part. There doesn't appear to be any geographical or logistical reason for this pattern. Can clubs encourage their members to follow the EWCRRC page on Facebook and also to ensure that the most appropriate person at their club is the email contact for information to be sent through. Please email me at EWCRRC@gmail.com to send updated details.</p>	
ix.	<p>TF Officials Report (BB) the officials virtual conference is on 17 March and the Endurance officials is on 9th March. New officials pathway is being developed. (Not yet approved). There was some opposition to the removing of reflections. Some officials need to agree the new terms and conditions from WA. JT asked if new officials are on Becky’s monthly list.</p>	<p>JT – Mention to CB that he needs to complete the T’s & C’s BB – forward list of officials to JT</p>
x.	<p>Website CV Kit may now be ordered via the East Wales website. Supplied by Ruggerbug.</p>	

<p>5.</p>	<p>AOB</p> <p>JT – Medals Cost of medals – come from China, East Wales medals are virtually the same as WA medals. WA will only provide £750 to purchase medals. This year we are ok, next year we will need to order about 400 medals at £2 each. The following year again, cost could be around £1500. We need to decide if we continue ordering as we have in the past, or do we have East Wales medals?</p> <p>CV – Possibly reduce the number of medals awarded, and look at ordering bespoke cheap medals – or wooden medals?</p> <p>BB – cheap medals with centres are cost effective.</p> <p>The members discussed various pro’s and cons regarding design and sustainability of medals. All agreed medals are needed to reward athletes.</p> <p>Eligibility -HO JT – checked on WA website for details of regional eligibility Bylaws, 16-21 – the bylaw cannot be changed until AGM so a proposal needs to be submitted for changes HO – last inter-regional cross country – runners live in East Wales, on border with England and are registered with England Athletics. They had to become social members of the Welsh club to be eligible to run. The athletes live, and were born in East Wales. JB – Was told that to compete for East Wales, you have to be a member of a club in the region. JT –it is not dependant on what club you register with, it is residency and birth – but will check in respect of Welsh and regional eligibility.</p> <p>Development Plan CV working on a plan – JT asked for suggestions to add to the plan.</p> <p>Future Meeting Dates: 10/04/2024 12/06/2024 14/08/2024 09/10/2024 11/12/2024</p>	<p>BB – email medal supplier to CV</p> <p>JT – check with WA if grant is still available if the region buys their own medals.</p> <p>JT – will take this back to Jacqueline Brace at WA and Gen Council for clarification.</p>

Minutes written by Christine Vorrés
07/03/2024