East Wales Regional Athletic Council

https://www.eastwalesathletics.co.uk/

**Meeting of East Wales Regional Athletics Council**
**Wednesday 12 February via Teams**
**6:30pm**

**Present:**
Joyce Tomala, Christine Vorrés, Martyn Jenkins, Lynette Harries, Liz Richards Tom Meredith, Becky Bell, Keiron Hearne, Sandy Chipper, Rob Eales, Andy Millard, Hayden O'Reilly,

| Agenda Item | Discussion | Action Points |
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| **1.Apologies:** | Keith Matthews, Bethan Logan, Deb Quirk, | |
| **2. Conflict of Interest** | None stated | |
| **3. Actions from Previous Meeting** | a. Feedback from member survey: CV gave a summary of the responses received from the survey and will create a complete chart. JT and CV will meet in the new year to discuss points raised and development of the committee for 2026, and invite any members to come along if they would like to.<br><br>b. JT advised that regional funding is being cut more and more. Grants are not available for regions. James Williams is attending next Gen Council meeting so she will approach the subject with him. Be Active grants are not available for regions only Clubs and applications opening soon.<br>Modernisation grants Clubs can apply for up to £2000 regions can apply for up to £1000 Joyce also advised clubs to be succinct when filling out their applications.<br><br>c. Volunteers to organise the East Wales Road Race Champs. CV has emailed and posted asking for volunteers, but none came forward. | CV/JT Meet in new year<br>CV Create a visual of the survey results. |
| **4. Discussion** | a. Club Kit. Junior kit – the purple is discontinued, and the senior purple will be discontinued in the new year. Some alternative suppliers have been identified but they were very expensive. JT suggested reverting to the Royal Blue previously used. No objection was made to this suggestion. | **CV/JT/KM**<br>Discuss changing colour to the old royal blue colour |
| **5. Reports** | | |
| **i.** | **Safeguarding** – Keiron, No matters reported for meeting. On-line safeguarding courses now readily available. | |
| **ii.** | **Finance** –KM forwarded report (Summary Item 3 below)– region holding own at the moment but venue costs for next year's events are very high. Zoe Holloway is looking into these costs. The region's savings account is still frozen with Santander and KM is unable to access it. JT stated that Andrew from WA has been extremely helpful in dealing with the bank to resolve the issues of signatories on the account.<br>Fees for regional champs will need to be increased to help cover the costs of hosting. £2 was suggested for cross country events and no objection received. | |
| **iii.** | **a. General Council** – LH was unable to attend the last Gen Council meeting, but JT picked up 2 points:<br>Lack of engagement from schools for events is a concern, across all disciplines. She asked members for suggestions to improve | |

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| | communication and engagement with the schools. LH suggested that the region should be represented at Schools Athletics meetings.<br>**b.** Officials Courses. Recently courses have had to be cancelled last minute by Rob Campion so he has asked the regional councils to encourage people to make sure that they attend courses that they have booked onto. | |
| **iv.** | **Track & Field**<br>Regional indoor champs – JT thanked Blaenau Gwent, RVRC and Cwmbran Harriers for providing volunteers to support the event. No volunteers from Newport were present, although they had a considerable number of athletes competing. She asked clubs to consider volunteering at future events.<br>2026 – Aberdare booked for 9 May.<br>Inter-regional, it's the turn of East Wales to host this event, will be 13 June again at Aberdare. | |
| **v.** | **Cross Country/Road –**<br>Junior Report attached below: Item 2.<br>SC detailed the many successes of the senior teams. All went very well on the day. CAU – date and venue will be advised in January. JT thanked the team Managers for their hard work. | |
| **vi.** | **Trail and Mountain (TM)**<br>Meeting last week to sort out dates and venues, Bethan Logan is doing the seniors, (report below item 1) Juniors have 2 events, British and Irish champs. Now that WA will accept events run under WFRA licenses it is a lot easier to select races. Next year 4 confirmed races (2 more being planned) being hosted by providers who will host the Junior champs within their events. | **TM/BL**<br>Confirm dates races and selection races to CV to be promoted in the Region. |
| **vii** | **East Wales Road Race Champs –** Final results sent out by Paul Adams | **CV – Post results on website.** |
| **viii.** | **Officials –**<br>**T & F**<br>JT – Congratulations to Becky for her appointment to officiate at the British indoor champs.<br>BB – Officials survey results – mostly very positive. Coach and Officials now only one Safeguarding course to cover both licences.<br><br>**Endurance:** CV – Recent meeting was cancelled so no update. | |
| **ix.** | **Website – CV**<br>No updates. | |
| **5.** | **AOB:**<br>**JT**. Thanked everyone for their time and input and wished all a good Christmas<br><br>**Date of next meeting: 11 February 2026**<br><br>**Dates of Future Meetings: tbc**<br>**Meeting ended at 7.45pm.**<br>. | |

**Minutes written by Christine Vorrés 9 December 2025**

**1, Mountain, trail and fell running – Senior champs from Bethan Logan**

The senior mountain running champs for East Wales and selection event for the inter-regionals in Sedbergh will be held at Coppett Hill Fell Race on Saturday 21st March. I will write a post and send details next week. The race organiser is happy for this to happen.

**2. Junior XC East Wales Team Report from Stephanie Rhodes**

**Newtown juniors XC race report 29.11.25**

On Saturday we got a much kinder weather than forecast - but unfortunately it being winter bugs season, a fair few runners laid up by illness!

Congratulations to all who ran! The course lived up to its mudfest reputation, getting more churned up as the day went.

Some highlights from the day

- a hotly disputed first place overall for Henry Evans in the combined U17/U20, and third overall for Will Chalk, and 2nd U17 - congratulations to both!!
- team medals for the U13G (3rd place), U15B (3rd place), U17M (2nd place), and U20M (2nd place). I have a few unclaimed medals for the U15B and U17M and will take those with me to Blaise Castle next Saturday-

Special mention to Gracie who acted as team manager assistant for most of the day, deftly issuing race numbers to competitors

Looking forward to seeing our youngsters out in force through the rest of the xc season!

**3. Finance Report Summary – Keith Matthews**

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| **Income brought forward from 2024-25** | **£76** |
| **Total Current Account Balance 7th October 2025** | **£6,303** |
| **Business Deposit Account** | **£1,720** |
| **Total Adjusted Reserves as @ 7th october 2025** | **£8,023** |