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WELSH ATHLETICS
ATHLETAU CYMRU

2023 Welsh Athletics U20 International
26th August 2023
Cardiff, Wales
Selection Policy – Updated August 2023

Overview

The overall objective of the international competitions programme is to prepare Welsh athletes to perform at the best of their ability at major, senior Championship events (e.g., the Commonwealth Games). As part of that strategy, Welsh Athletics is committed to providing inclusive international competition opportunities to developing and aspirational Welsh athletes.

International competitions are categorised as one of the following:

1. International Matches (where a Welsh team is fielded in a competitive fixture against other teams)
2. International Overseas Fixtures (an international, overseas competition that provides Welsh athletes of the appropriate standard with a conducive environment to achieve a good performance outcome)

The Welsh Athletics U20 International is classified as an **International Match**.

Selection Policy Aim:

The selection panel will attempt to select the best U20 team possible to represent Wales. It will prioritise athletes who were born in the years 2004, 2005 and 2006- school years 12, 13 and 14 (who qualify as Under 20s). Athletes in the U17 age group who meet the performance standard may be considered at the discretion of the panel.

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Athlete Eligibility

To be considered for selection, athletes must satisfy the following:

1. Be eligible to compete for Wales by either:
 - a. Birth
 - b. Parentage
 - c. Retention
 - d. Residence (minimum 3 years)

2. Be born in either 2004, 2005 or 2006. Younger athletes (U17) may be considered for the team, but selection priority will be for athletes in the U20 age category.

3. For non-para athletes must have achieved the International Match selection standard for U20 within the set timeframe (see below for standards)

4. Para athletes will be selected using Raza Points and 2023 power of 10 rankings. Para athletes must have an IPC or UKA classification.

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Men	Event	Women
11.20	100m	12.60
22.75	200m	25.80
51.00	400m	59.50
1.58	800m	2.17
4.11/4:02	1500m	5.10/4.45
8.55	3000m	10.30
6.36	2000m S/C	7.30
NA	1500m S/C	5.40*
23:00	5000m Walk	27:00
15.20	110m/100Mh	15.75
57.00	400H	65.50
13.00	TJ	10.75
6.30	LJ	5.30
1.85	HJ	1.63
4.10	PV	3.40
13.50	Shot	11.00
43.00	Discus	33.00
48.00	Hammer	40.00
52.00	Javelin	38.00

*In the Welsh U20 International, the U20 women will race 2000m S/C, not 1500m S/C. However, as there are few 2000m S/C race opportunities for U20 women, athletes with the international match standard for the 1500m S/C can be considered for selection for the 2000m S/C.

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Competition Format:

In 2023, this fixture provides an U20 age group competition for Wales (1 per event) against home countries and Welsh Schools Amateur Athletics teams.

The following events will be contested:

U20 Men:

100m, Ambulant 100m, 200m, 400m, 800m, 1500m, 3000m, 2000m S/C, 5000 walk, 110m Hurdles, 400m Hurdles, Long Jump, Ambulant Long Jump, Triple Jump, High Jump, Pole Vault, Hammer, Shot Put, Ambulant Shot Put, Discus, Ambulant Discus, Javelin, 4 x 100m Relay, *Mixed Para 4x100m Relay, 4 x 400m Mixed Relay (2 male athletes)

U20 Women:

100m, Ambulant 100m, 200m, 400m, 800m, 1500m, 3000m, 2000M S/C, 1500m S/C, 5000 walk, 100m Hurdles, 400m Hurdles, High Jump, Long Jump, Ambulant Long Jump, Triple Jump, Pole Vault, Hammer, Shot Put, Ambulant Shot Put, Discus, Ambulant Discus, Javelin, 4 x 100m, *Mixed Para 4x100m Relay, 4 x 400m Mixed Relay (2 female athletes)

*The Mixed Para 4x100m Relay will consist of athletes already selected in the wider team. The team will be made up of 2 Male and 2 Female athletes - One of each gender should be ambulant and one should be able-bodied.

(All events subject to change)

Selection Criteria

For consideration for selection, athletes must have achieved the U20 International Match Standard between 1st January 2023 and 13th August 2023. The panel will then consider the following when selecting athletes who have achieved the match standard:

1. Current form (2023 season's best performance and depth of performances above the selection standard)
2. Future potential at senior level (and associated progression / development)
3. Previous / other Championship performances
4. Head-to-head competitive records
5. Injury status
6. Athletes who are supportive of Welsh Athletics
7. Any other factors that, in the panel's opinion, give Wales the best chance of success in the match

Where appropriate, the selection panel will avoid selecting athletes in more than one event (for the health and wellbeing of the athlete and optimal performance in a single event). This will not apply to an individual event plus a relay.

Conditions

The achievement of the International Match standards must conform with the following requirements:

1. Must be achieved in competitions organised or authorised by the IAAF, its Area Associations or its National Member Federations.
2. Wind assisted performances (or performances where wind measurement was not available) will not be accepted.

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3. Hand timed performances in the 100m, 200m, 400m, 100/110m Hurdles, 400m Hurdles will not be accepted. Performances in all events must be registered on the Power of 10.
4. Indoor performances for all events **will be accepted**.

Selection Process:

The selection meeting will take place on **15th August 2023**. The International Match Selection Panel ("the Panel") will comprise of 5 voting members (2 members of the Coaching and Performance team, 2 independent members nominated by the Track and Field committee and 1 of the nominated team managers for the event) and an independent observer (non-voting).

There is no obligation to fill all available positions – as per the selection criteria.

Selected athletes will be informed via e-mail on **16th August 2023**.

There shall be no right of appeal to the selection of the Welsh team made by the Panel.

De-selection Process:

De-selection of an athlete may occur following:

1. Failure to achieve the standard fitness testing protocols
2. Failure to adhere to the Welsh Athletics athlete code of conduct

In the event that an athlete sustains an injury following acceptance of their position on the team, they are required to inform the Team Leader immediately.

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Confirmation of Team Staff

The following positions will be confirmed by the Panel following the selection of the athletes:

1. Team Leader
2. Team Managers
3. Event Managers

Amendment

Welsh Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version publicly available (including the date on which the amendment was made) at www.welshathletics.org.