

## **International Representative Road Fixtures 2019 Selection Policy – updated March 2019**

### **Overview**

The overall objective of the international competitions programme is to prepare Welsh athletes to perform at the best of their ability at major, senior Championship events (e.g. World Championships and the Commonwealth Games). As part of that strategy, Welsh Athletics is committed to providing domestic and international competition opportunities to developing and aspirational Welsh athletes. International competitions are categorised as one of the following;

1. **International Matches** (where a Welsh team is fielded in a competitive fixture against other teams)
2. **International Overseas or Domestic Fixtures** (either an overseas or domestic competition that provides Welsh athletes of the appropriate standard with a conducive environment to achieve a good performance outcome)

### **Athlete Eligibility**

To be considered for selection, athletes must satisfy the following;

1. Be eligible to compete for Wales by either:
  - a. Birth
  - b. Parentage
  - c. Retention
  - d. Residence (minimum 2 years, and not having competed for another nation in the previous 12 months)

### **Cardiff 5K – Whitchurch, Cardiff – Sunday 5<sup>th</sup> May**

The Cardiff 5K is classified as an International Match (Inter-Area).

Welsh Athletics will select to compete:

**LISTEN  
ENGAGE  
REPRESENT**



**WELSH ATHLETICS**  
ATHLETAU CYMRU

- Up to four senior men and up to four senior women

There is no obligation to fill all positions.

### **Selection Process**

The selection meeting will take place on Wednesday 17<sup>th</sup> April 2019. The International Match Selection Panel will comprise of 3 voting members from the combined cross country and road running committee.

There will be no automatic selection. Athletes are required to submit an expression of interest to Rhiannon Linington-Payne ([Rhiannon@welshathletics.org](mailto:Rhiannon@welshathletics.org)) no later than Wednesday 3<sup>rd</sup> April.

Athletes should have achieved the International Selection Standards

Selections will be based on the selection criteria (appendix i), in priority order.

### **Vitality 10K – Westminster, London – Monday 27<sup>th</sup> May**

The Vitality 10K is classified as an International Overseas or Domestic Fixture.

Welsh Athletics will select to compete:

- Up to four senior men and up to four senior women

There is no obligation to fill all positions.

### **Selection Process**

The selection meeting will take place on Wednesday 17<sup>th</sup> April 2019. The International Match Selection Panel will comprise of 3 voting members from the combined cross country and road running committee.

**LISTEN  
ENGAGE  
REPRESENT**



There will be no automatic selection. Athletes are required to submit an expression of interest to Rhiannon Linington-Payne ([Rhiannon@welshathletics.org](mailto:Rhiannon@welshathletics.org)) no later than Monday 15<sup>th</sup> April.

Athletes should have achieved the International Selection Standards

Selections will be based on the selection criteria (appendix i), in priority order.

### **Leeds Abbey Dash 10K – Leeds – Sunday 27<sup>th</sup> October**

The Leeds Abbey Dash 10K is classified as an **International Match (Inter-Area)**.

Welsh Athletics will select to compete:

- Up to four senior men and up to four senior women

There is no obligation to fill all positions.

### **Selection Process**

The selection meeting will take place on TBC. The International Match Selection Panel will comprise of 3 voting members from the combined cross country and road running committee.

There will be no automatic selection. Athletes are required to submit an expression of interest to Rhiannon Linington-Payne ([Rhiannon@welshathletics.org](mailto:Rhiannon@welshathletics.org)) no later than TBC.

Athletes should have achieved the International Selection Standards

Selections will be based on the selection criteria (appendix i), in priority order.

Welsh Athletics is committed to offering equal opportunities to all athletes in Wales. Any Welsh athlete is eligible to be selected and will be considered as part of the selection process, providing they have achieved all that is laid out within this selection

**LISTEN  
ENGAGE  
REPRESENT**



**WELSH ATHLETICS**  
ATHLETAU CYMRU

policy. Welsh Athletics will not discriminate in the selection of any athlete on the basis of any protected characteristic.

### **Appeals Process**

There shall be no right of appeal to the selection of the Welsh team made by the Panel.

### **De-Selection Process**

De-selection of an athlete may occur following;

1. Failure to achieve the standard fitness testing protocols
2. Failure to adhere to the Welsh Athletics athlete code of conduct

In the event that an athlete sustains an injury following acceptance of their position on the team, they are required to inform the Team Leader immediately.

### **Confirmation of Team Staff**

The following positions will be confirmed by the Panel following the selection of the athletes:

1. Team Leader (if applicable)
2. Team Managers
3. Team Coaches
4. Team Medical Staff (if applicable)

### **Amendment**

Welsh Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version publicly available (including the date on which the amendment was made) at [www.welshathletics.org](http://www.welshathletics.org)

### Appendix i – Selection Criteria

1. Current form

**LISTEN  
ENGAGE  
REPRESENT**



**WELSH ATHLETICS**  
ATHLETAU CYMRU

2. Future potential at senior level (and associated progression / development)
3. Head to head competitive records
4. Previous / other Championship performances
5. Injury status
6. Athletes who are supportive of Welsh Athletics

**LISTEN  
ENGAGE  
REPRESENT**



**WELSH ATHLETICS**  
ATHLETAU CYMRU