

**International Representative Road Running Fixtures 2019-2020
Selection Policy Version 1 – September 2019**

Overview

The overall objective of the international competitions programme is to prepare Welsh athletes to perform at the best of their ability at major, senior Championship events (e.g. World Championships and the Commonwealth Games). As part of that strategy, Welsh Athletics is committed to providing domestic and international competition opportunities to developing and aspirational Welsh athletes. International competitions are categorised as one of the following;

1. **International Matches** (where a Welsh team is fielded in a competitive fixture against other teams)
2. **International Overseas or Domestic Fixtures** (either an overseas or domestic competition that provides Welsh athletes of the appropriate standard with a conducive environment to achieve a good performance outcome)

Athlete Eligibility

To be considered for selection, athletes must satisfy the following;

1. Be eligible to compete for Wales by either:
 - a. Birth
 - b. Parentage
 - c. Retention
 - d. Residence (minimum 2 years, and not having competed for another nation in the previous 12 months)

Armagh 5K – Armagh, NI – Thursday 13th February 2019

The Armagh 5K (women's race 3K) is classified as an **International Overseas Fixture**.

Welsh Athletics will select to compete:

- Up to four Senior Men and up to four Senior Women
- Up to four U20 Men and up to four U20 Women

There is no obligation to fill all positions.

Selection Process

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The selection meeting will take place on Wednesday 15th January 2020. The Selection Panel will comprise of two members of the Coaching and Performance Team, two independent members nominated by the Cross Country & Road Committee and at least one of the appointed Team Managers.

There will be no automatic selection. Athletes must have achieved the International 5K/3K road running standards in 2019 and should submit an expression of interest to Rhiannon Linington-Payne (Rhiannon@welshathletics.org) no later than Friday 13th December.

Selections will be based on the selection criteria (appendix I) in priority order.

Barcelona Half Marathon – Barcelona, ESP – Sunday 16th February 2020

The Barcelona Half Marathon is classified as an **International Overseas Fixture**.

Welsh Athletics will select to compete:

- Up to four Senior Men and up to four Senior Women

There is no obligation to fill all positions.

Selection Process

The selection meeting will take place on Wednesday 15th January 2020. The Selection Panel will comprise of two members of the Coaching and Performance Team, two independent members nominated by the Cross Country & Road Committee and at least one of the appointed Team Managers.

There will be no automatic selection. Athletes must have achieved the International Selection Standard for Half Marathon in 2019 and should submit an expression of interest to Rhiannon Linington-Payne (Rhiannon@welshathletics.org) no later than Friday 13th December.

Selections will be based on the selection criteria (appendix I) in priority order.

Virgin London Mini Marathon – London – Saturday 26th April 2020

The Virgin London Mini Marathon is classified as an **International Match**.

Welsh Athletics will select to compete:

- Six athletes in each age group (both male and female) at U13, U15 and U17

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There is no obligation to fill all positions.

Selection Process

Automatic selection will be awarded to the first six finishers at the Welsh Cross Country Championships (Saturday 22nd February) in each age group/gender, with an additional two selections as non-travelling reserves.

Athletes will be given selection letters as they finish the race on 22nd February.

Cardiff 5K – Whitchurch, Cardiff – Sunday 3rd May 2020

The Cardiff 5K is classified as an **International (Inter Area) Match**.

Welsh Athletics will select to compete:

- Up to four Senior Men and up to four Senior Women

There is no obligation to fill all positions.

Selection Process

There will be no automatic selection. Athletes must have achieved the Domestic Road Running Standard for 5K and should submit an expression of interest to Rhiannon Linington-Payne (Rhiannon@welshathletics.org) no later than Friday 13th December 2019.

The selection meeting will take place on **Friday 3rd April 2020** and the Selection Panel will comprise of two members of the Coaching and Performance Team, two independent members nominated by the Cross Country & Road Committee and at least one of the appointed Team Managers.

Selections will be based on the selection criteria (appendix I) in priority order.

Welsh Athletics is committed to offering equal opportunities to all athletes in Wales. Any Welsh athlete is eligible to be selected and will be considered as part of the selection process, providing they have achieved all that is laid out within this selection policy. Welsh Athletics will not discriminate in the selection of any athlete on the basis of any protected characteristic.

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Appeals Process

There shall be no right of appeal to the selection of the Welsh team made by the Panel.

De-Selection Process

De-selection of an athlete may occur following;

1. Failure to achieve the standard fitness testing protocols
2. Failure to adhere to the Welsh Athletics athlete code of conduct

In the event that an athlete sustains an injury following acceptance of their position on the team, they are required to inform the Team Leader immediately.

Confirmation of Team Staff

The following positions will be confirmed by the Panel following the selection of the athletes:

1. Team Leader (if applicable)
2. Team Managers
3. Team Coaches
4. Team Medical Staff (if applicable)

Amendment

Welsh Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version publicly available (including the date on which the amendment was made) at www.welshathletics.org

Appendix i – Selection Criteria

1. Current form
2. Future potential at senior level (and associated progression / development)
3. Head to head competitive records
4. Previous / other Championship performances
5. Injury status
6. Athletes who are supportive of Welsh Athletics