

**LISTEN  
ENGAGE  
REPRESENT**



**WELSH ATHLETICS**  
ATHLETAU CYMRU

2023 Welsh Athletics U20 International  
26<sup>th</sup> August 2023,  
Cardiff, Wales  
**Selection Policy – updated April 2023**

### **Overview**

The overall objective of the international competitions programme is to prepare Welsh athletes to perform at the best of their ability at major, senior Championship events (e.g., the Commonwealth Games). As part of that strategy, Welsh Athletics is committed to providing inclusive international competition opportunities to developing and aspirational Welsh athletes.

### **International competitions are categorised as one of the following:**

1. International Matches (where a Welsh team is fielded in a competitive fixture against other teams)
2. International Overseas Fixtures (an international, overseas competition that provides Welsh athletes of the appropriate standard with a conducive environment to achieve a good performance outcome)

The Welsh Athletics U20 International is classified as an **International Match**.

### **Selection Policy Aim:**

The selection panel will attempt to select the best U20 team possible to represent Wales. It will prioritise athletes who were born in the years 2004, 2005 and 2006- school years 12, 13 and 14 (who qualify as Under 20s). Athletes in the U17 age group who meet the performance standard may be considered at the discretion of the panel.

### **Athlete Eligibility**

To be considered for selection, athletes must satisfy the following:

1. Be eligible to compete for Wales by either:
  - a. Birth
  - b. Parentage
  - c. Retention
  - d. Residence (minimum 3 years)
  
2. Be born in either 2004, 2005 or 2006. Younger athletes (U17) may be considered for the team, but selection priority will be for athletes in the U20 age category.
  
3. For non-para athletes must have achieved the International Match selection standard for U20 within the set timeframe (see below for standards)

<b>Men</b>	<b>Event</b>	<b>Women</b>
<b>11.20</b>	<b>100m</b>	<b>12.60</b>
<b>22.75</b>	<b>200m</b>	<b>25.50</b>
<b>51.00</b>	<b>400m</b>	<b>57.00</b>
<b>1.58</b>	<b>800m</b>	<b>2.17</b>
<b>4.11/4:00</b>	<b>1500m</b>	<b>5.10/4.45</b>
<b>8.55</b>	<b>3000m</b>	<b>10.30</b>
<b>23:00</b>	<b>5000m Walk</b>	<b>27:00</b>
<b>15.20</b>	<b>110m/100Mh</b>	<b>15.75</b>
<b>57.50</b>	<b>400H</b>	<b>65.50</b>
<b>13.00</b>	<b>TJ</b>	<b>10.75</b>
<b>6.30</b>	<b>LJ</b>	<b>5.30</b>
<b>1.85</b>	<b>HJ</b>	<b>1.63</b>
<b>4.10</b>	<b>PV</b>	<b>3.40</b>
<b>13.50</b>	<b>Shot</b>	<b>11.00</b>
<b>43.00</b>	<b>Discus</b>	<b>33.00</b>
<b>48.00</b>	<b>Hammer</b>	<b>40.00</b>
<b>51.00</b>	<b>Javelin</b>	<b>38.00</b>

**LISTEN  
ENGAGE  
REPRESENT**



**WELSH ATHLETICS**  
ATHLETAU CYMRU

4. Para athletes will be selected based on recommendation by the Welsh Athletics Para Pathway lead and Disability Sport Wales.

#### **Competition Format:**

In 2023, this fixture provides an U20 age group competition for Wales (1 per event) against home countries and Welsh Schools Amateur Athletics teams.

The following events will be contested:

#### **U20 Men:**

100m, Ambulant 100m, 200m, 400m, 800m, 1500m, 3000m, 5000 walk, 110m Hurdles, 400m Hurdles, Long Jump, Ambulant Long Jump, Triple Jump, High Jump, Pole Vault, Hammer, Shot Put, Ambulant Shot Put, Discus, Ambulant Discus, Javelin, 4 x 100m Relay, Mixed Para 4x100m Relay (TBC), 4 x 400m Mixed Relay (2 male athletes)

#### **U20 Women:**

100m, Ambulant 100m, 200m, 400m, 800m, 1500m, 3000m, 5000 walk, 100m Hurdles, 400m Hurdles, High Jump, Long Jump, Ambulant Long Jump, Triple Jump, Pole Vault, Hammer, Shot Put, Discus, Javelin, 4 x 100m, Mixed Para 4x100m Relay (TBC), 4 x 400m Mixed Relay (2 female athletes)

(All events subject to change)

There will be an opportunity in both genders for integrated throws and seated throws for Para Athletes.

#### **Selection Criteria**

**LISTEN  
ENGAGE  
REPRESENT**



**WELSH ATHLETICS**  
ATHLETAU CYMRU

For consideration for selection, athletes must have achieved the U20 International Match Standard between 1<sup>st</sup> January 2023 and 13<sup>th</sup> August 2023. The panel will then consider the following when selecting athletes who have achieved the match standard:

1. Current form (2023 season's best performance and depth of performances above the selection standard)
2. Future potential at senior level (and associated progression / development)
3. Previous / other Championship performances
4. Head-to-head competitive records
5. Injury status
6. Athletes who are supportive of Welsh Athletics
7. Any other factors that, in the panel's opinion, give Wales the best chance of success in the match

Where appropriate, the selection panel will avoid selecting athletes in more than one event (for the health and wellbeing of the athlete and optimal performance in a single event). This will not apply to an individual event plus a relay.

### **Conditions**

The achievement of the International Match standards must conform with the following requirements:

1. Must be achieved in competitions organised or authorised by the IAAF, its Area Associations or its National Member Federations
2. Wind assisted performances (or performances where wind measurement was not available) will not be accepted
3. Hand timed performances in the 100m, 200m, 400m, 100/110m Hurdles, 400m Hurdles will not be accepted. Performances in all events must be registered on the Power of 10.
4. Indoor performances for all events **will be accepted**

**LISTEN  
ENGAGE  
REPRESENT**



**WELSH ATHLETICS**  
ATHLETAU CYMRU

#### **Selection Process:**

The selection meeting will take place on **15<sup>th</sup> August 2023**. The International Match Selection Panel (“the Panel”) will comprise of 5 voting members (2 members of the Coaching and Performance team, 2 independent members nominated by the Track and Field committee and 1 of the nominated team managers for the event) and an independent observer (non-voting).

There is no obligation to fill all available positions – as per the selection criteria.

Selected athletes will be informed via e-mail on **16<sup>th</sup> August 2023**.

#### **Appeals Process**

There shall be no right of appeal to the selection of the Welsh team made by the Panel.

#### **De-Selection Process**

De-selection of an athlete may occur following:

1. Failure to achieve the standard fitness testing protocols
2. Failure to adhere to the Welsh Athletics athlete code of conduct

In the event that an athlete sustains an injury following acceptance of their position on the team, they are required to inform the Team Leader immediately.

#### **Confirmation of Team Staff**

The following positions will be confirmed by the Panel following the selection of the athletes:

1. Team Leader
2. Team Managers
3. Team Coaches

Amendment

**LISTEN  
ENGAGE  
REPRESENT**



**WELSH ATHLETICS**  
ATHLETAU CYMRU

Welsh Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version publicly available (including the date on which the amendment was made) at [www.welshathletics.org](http://www.welshathletics.org).