

**Leiria Throws International
3rd & 4th August 2019, Leiria, Portugal
Selection Policy – published May 2019**

Overview

The overall objective of the international competitions programme is to prepare Welsh athletes to perform at the best of their ability at major, senior Championship events (e.g. the Commonwealth Games). As part of that strategy, Welsh Athletics is committed to providing international competition opportunities to developing and aspirational Welsh athletes. International competitions are categorised as one of the following;

1. **International Matches** (where a Welsh team is fielded in a competitive fixture against other teams)
2. **International Overseas Fixtures** (an international, overseas competition that provides Welsh athletes of the appropriate standard with a conducive environment to achieve a good performance outcome)

The Leiria Throws International is classified as an **International Overseas Fixture**.

Selection Policy Aim

The selection panel will attempt to select the best team possible to represent Wales.

Athlete Eligibility

To be considered for selection, athletes must satisfy the following;

1. Be eligible to compete for Wales by either:
 - a. Birth
 - b. Parentage
 - c. Retention
 - d. Residence (minimum 2 years)
2. Have achieved the International Match selection standard

Competition Format

In 2019, this fixture provides an International level competition against other athletes from across Europe.

Selection Criteria

For consideration for selection, athletes must have achieved the **Welsh Athletics Throws International Overseas Fixture Standard** between the 1st January 2019 and the 30th June 2019. In recognising that the development pathway for men's and women's throws differs from that of most athletic disciplines, development standards for U23 athletes have been introduced to help developing athletes bridge that gap.

Welsh Athletics International Overseas Fixture Standard

U20	U23	Senior	Event	Senior	U23	U20
Men				Women		
-	16.50	17.00	Shot Putt	15.30	14.70	14.00
16.50	-	-	6kg	-	-	-
-	53.00	56.00	Discus	54.00	50.00	45.00
50.00	-	-	1.75kg	-	-	-
-	61.00	63.00	Hammer	59.00	56.00	52.00
63.00	-	-	6kg	-	-	-
63.00	67.00	70.00	Javelin	52.00	49.00	45.00

Conditions

The achievement of the International Overseas standards must conform with the following requirements:

1. Must be achieved in competitions organised or authorised by the IAAF, its Area Associations or its National Member Federations
2. Indoor performances for shot will be accepted

Selection Process

The selection meeting will take place on **Monday 1st July 2019**. The International Match Selection Panel ("the Panel") will comprise of 3 voting members from the Welsh Athletics Performance Team, to include the National Development Coach for Throws and the Programme Manager.

There is no automatic selection for this event. In coming to its decision, the Panel will consider the following criteria (in priority order):

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1. Current form (2019 season's best performance and depth of performances above the selection standard)
2. 2018 form (performance and depth of performances above the selection standard)
3. Future potential at senior level (and associated progression / development)
4. Previous / other Championship performances
5. Injury status
6. Athletes who are supportive of Welsh Athletics
7. Any other factors that, in the panel's opinion, give Wales the best chance of success in the match

Selected athletes will be informed by e-mail by Tuesday 2nd July. The team will be announced on Monday 29th July.

Welsh Athletics is committed to offering equal opportunities to all of the athletes in Wales. Any Welsh athlete is eligible

to be selected and will be considered as part of the selection process, providing they have achieved all that is laid out

within this selection policy. Welsh Athletics will not discriminate in the selection of any athlete on the basis of any

protected characteristic

Appeals Process

There shall be no right of appeal to the selection of the Welsh team made by the Panel.

De-Selection Process

De-selection of an athlete may occur following;

1. Failure to achieve the standard fitness testing protocols
2. Failure to adhere to the Welsh Athletics athlete code of conduct

In the event that an athlete sustains an injury following acceptance of their position on the team, they are required to inform the Team Leader immediately.

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Amendment

Welsh Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version publically available (including the date on which the amendment was made) at www.welshathletics.org

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