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Anglo Celtic Plate 100km
Sunday 2nd April 2023 – South Lake Leisure Centre, Craigavon Lakes, Northern Ireland
Selection Policy published December 2022

Overview

The Anglo Celtic Plate 100km will take place at South Lake Leisure Centre, Craigavon Lakes, Northern Ireland on Sunday 2nd April 2023. This race will also incorporate the British 100km Championships. This provides senior athletes with the opportunity to compete against a high-quality **British and Irish** field. Welsh Athletics continues to value **representative** competition opportunities and the role it plays in developing Welsh athletes.

Selection Policy Aim

The selection panel will attempt to select the best team possible to represent Wales.

Athlete Eligibility

To be considered for selection, athletes must be eligible to compete for Wales through at least one of the following:

1. Birth
2. Parentage
3. Retention
4. Residence (minimum 3 years)

Competition Format

The Anglo Celtic Plate 100km provides **Senior Age Group** competition opportunities.

Teams of up to **4 Senior Men and 4 Senior Women** may be selected. Wales will compete against **national** teams from Britain and Ireland.

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Selection Criteria



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For consideration for selection, athletes must have achieved at least one of the following qualification standards:

Senior Female	Event	Senior Male
3:05:00	Marathon	2:35:00
3:45:00	50km	3:25:00
5:35:00	40miles	4:50:00
8:45:00	100km	8:15:00

Qualification standards must have been achieved between 00:00 (GMT) 1st January 2022 and 00:00 8th January 2023 (GMT).

Qualification standards must be achieved in competitions organised or authorized by World Athletics, its Area Associations or its National Member Federations (Road and Track performances apply).

Athletes must also have also previously competed in at least one ultra-distance road or track race of at least 50km.

Selection Process

The selection meeting will take place on **Tuesday 10th January 2023** and the teams will be announced on **Saturday 14th January 2023**. **There is no obligation to fill all available positions.**

The **Selection Panel** will comprise of **2 individuals nominated by the Welsh Athletics Road and Cross Committee, a team manager and 2 individuals from the Welsh Athletics performance team.**

In coming to its decision, the **Selection Panel** will consider the following criteria for the discretionary places (in no priority order):

1. 2022 form and fitness in ultra-distance and/or marathon road and/or track races
2. Evidence of competing at ultra-distance and/or marathon road and/or track races in previous seasons
3. Current form, fitness and competition history (from 1st September 2022 to 8th January 2023)
4. Future potential and associated progression / development
5. Head-to-head competitive records
6. Previous / other event championship performances

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7. Injury status
8. Athletes who are supportive of Welsh Athletics
9. Any other factors that, in the panel's opinion, give Wales the best chance of success

Appeals Process

There shall be no right of appeal to Welsh Team selected by the Selection Panel.

De-Selection Process

De-selection of an athlete may occur following:

1. Failure to adhere to the Welsh Athletics athlete code of conduct
2. In the event of an athlete sustaining an injury or illness following acceptance of their position on the team, they are required to inform the team leader immediately. If it is deemed that the injury or illness will negatively affect the athlete's performance this will result in de-selection.

Equal Opportunities

Welsh Athletics is committed to offering equal opportunities to all athletes in Wales. Any Welsh athletes will be considered as part of the selection process, providing they have met the criteria that is laid out within this policy. Welsh Athletics will not discriminate in the selection of any athlete on the basis of any protected characteristics.

Amendment

Welsh Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version publicly available (including the date on which the amendment was made) at www.welshathletics.org