

Race 4		U17W_RESULTS	Leg 1		Leg 2		Leg 3		Total Time	TEAM SCORES			
Pos	BIB	CLUB/ATHLETES	Time	Ind Place	Time	Ind Place	Time	Ind Place					
1	49	Swansea Harriers	12:26	8	24:40	5	37:04	7	37:04	1	37:04	Swansea Harriers (places 5 7 8)	
A	49A	Mai DAVIES	12:26	8						2	37:26	Newport Harriers (places 3 9 11)	
B	49B	Ella DAVIES			12:14	5				3	38:09	Cardiff Archers (places 1 2 21)	
C	49C	Tiffany REES					12:24	7		4	39:48	Cardiff Athletics (places 4 12 16)	
2	47	Newport Harriers	11:39	3	24:42	11	37:26	9	37:26	5	40:24	Aberdare Valley AAC 'A' (places 6 10 22)	
A	47A	Ceri GRIFFITHS	11:39	3						6	42:48	Pembrokeshire Harriers (places 13 15 23)	
B	47B	Alyssa BAKER			13:03	11				7	43:46	Aberdare Valley AAC 'B' (places 17 18 19)	
C	47C	Lily WILLIAMS					12:44	9		8	28:32	Carmarthen Harriers (places 14 20)	
3	44	Cardiff Archers	11:34	1	26:30	21	38:09	2	38:09	FASTEST & INDIVIDUAL LEG TIMES			
A	44A	Sophie KNOYLE	11:34	1						1	11:34	Sophie KNOYLE	Cardiff Archers
B	44B	Erin Lucie WILLIAMS			14:56	21				2	11:39	Bethan HARDMAN	Cardiff Archers
C	44C	Bethan HARDMAN					11:39	2		3	11:39	Ceri GRIFFITHS	Newport Harriers
4	45	Cardiff Athletics	12:14	4	25:23	12	39:48	16	39:48	4	12:14	Yasmin HADID	Cardiff Athletics
A	45A	Yasmin HADID	12:14	4						5	12:14	Ella DAVIES	Swansea Harriers
B	45B	Freya HUGHES-ROLLS			13:09	12				6	12:16	Caitlin JONES	Aberdare Valley AAC 'A'
C	45C	Erin ANDREWS					14:25	16		7	12:24	Tiffany REES	Swansea Harriers
5	42	Aberdare Valley AAC 'A'	15:16	22	28:08	10	40:24	6	40:24	8	12:26	Mai DAVIES	Swansea Harriers
A	42A	Abi JARVIS	15:16	22						9	12:44	Lily WILLIAMS	Newport Harriers
B	42B	Nia REDDY			12:52	10				10	12:52	Nia REDDY	Aberdare Valley AAC 'A'
C	42C	Caitlin JONES					12:16	6		11	13:03	Alyssa BAKER	Newport Harriers
6	48	Pembrokeshire Harriers	13:50	15	29:13	23	42:48	13	42:48	12	13:09	Freya HUGHES-ROLLS	Cardiff Athletics
A	48A	Lily WALTERS	13:50	15						13	13:35	Ffion OUSLEY	Pembrokeshire Harriers
B	48B	Carys KENNIFORD			15:23	23				14	13:40	Emma FERNS	Carmarthen Harriers
C	48C	Ffion OUSLEY					13:35	13		15	13:50	Lily WALTERS	Pembrokeshire Harriers
7	43	Aberdare Valley AAC 'B'	14:32	17	29:13	39	43:46	18	43:46	16	14:25	Erin ANDREWS	Cardiff Athletics
A	43A	Macey HOLLAND	14:32	17						17	14:32	Macey HOLLAND	Aberdare Valley AAC 'B'
B	43B	Jessica DAVIES			14:41	19				18	14:33	Ffion LIGHTFOOT	Aberdare Valley AAC 'B'
C	43C	Ffion LIGHTFOOT					14:33	18		19	14:41	Jessica DAVIES	Aberdare Valley AAC 'B'
8	46	Carmarthen Harriers	13:40	14	28:32	20			28:32	20	14:52	Amy GREATRICK	Carmarthen Harriers
A	46A	Emma FERNS	13:40	14						21	14:56	Erin Lucie WILLIAMS	Cardiff Archers
B	46B	Amy GREATRICK			14:52	20				22	15:16	Abi JARVIS	Aberdare Valley AAC 'A'
C										23	15:23	Carys KENNIFORD	Pembrokeshire Harriers