

48th Welsh Schools'
Inter Schools Cross Country
Wednesday 22nd October 2025
Penlan Track Brecon

Race 03-U16G Race year 9 & 10 3,090m @ 1:40 PM

Pos	Bib	Athlete	School	Time
1	287	Esme LEWIS	Brynteg	10:28
2	1324	Isabella THIE	Y Pant	10:32
3	68	Leah RHODES	Bassaleg School	10:38
4	1258	Isabelle LAWLEY	Whitchurch	10:48
5	727	Emily DANDO	Llanishen High	10:53
6	197	Manon PHILLIPS	Bro Myrddin	10:58
7	119	Lyla JONNISON	Bishopston Comprehensive	10:59
8	1097	Isabella PETER	St Josephs RC Newport	11:00
9	1549	Lyla PRICHARD	Ysgol Glantaf	11:06
10	1402	Seren RICHARDS	YG Bro Morgannwg	11:06
11	532	Lily CHAPPLE	Dwr y Felin	11:12
12	547	Lily MORGAN	Greenhill	11:12
13	911	Zoe THOMPSON	Olchfa School	11:18
14	1018	Emily JENKINS	Radyr comprehensive	11:28
15	14	Talia JONES	Aberaeron School	11:29
16	1042	Elin EVANS	St Brigid's Denbigh	11:34
17	363	Jessie DAVIES	Cefn Saeson	11:34
18	910	Rosie JONES	Olchfa School	11:36
19	1616	Eliza PARRY	Ysgol Gyfun Gwyr	11:36
20	533	Ffion DAVIES	Dwr y Felin	11:39
21	1480	Ariana SULLIVAN	YG Cwm Rhymini - Y Gwyndy	11:40
22	1396	Emilia DAVIES	YG Bro Morgannwg	11:53
23	389	Amelia REES	Cowbridge	11:54
24	786	Lily STABLER	Morrison Comprehensive	11:56
25	1548	Elin MATTHEWS	Ysgol Glantaf	11:56
26	1472	Ellie-May HOLMES	YG Cwm Rhymini - Y Gwyndy	11:57
27	1180	Isla COOPER	Stanwell School	12:02
28	1547	Chloe KINGMAN	Ysgol Glantaf	12:03
29	1614	Gwennan GRUFFYDD	Ysgol Gyfun Gwyr	12:03
30	1079	Elsi AP HYWEL	St John Baptist	12:07
31	467	Nansi SHIDE	Cwm Rhymini Gelli Haf	12:08
32	460	Emilia HARRISON	Cwm Rhymini Gelli Haf	12:09
33	16	Isla MCKAY	Aberaeron School	12:14
34	410	Hollie BODENHAM	Cwm Brombil	12:17
35	517	Pheobe MORGAN	Cyfarthfa	12:17
36	1179	Alice ATKIN	Stanwell School	12:18
37	658	Poppy HOWELLS	Islwyn High School	12:19
38	1550	Catrin THOMAS	Ysgol Glantaf	12:19
39	1403	Lleucu ROBERTS	YG Bro Morgannwg	12:19
40	162	Ellie DAVIES- BOWEN	Brecon High	12:22
41	1017	Isla HUGHES	Radyr comprehensive	12:25
42	908	Bella DI FRANCESCO	Olchfa School	12:30
43	399	Billie POMFRET	Crickhowell High	12:32
44	386	Arianwen BUDDEN	Cowbridge	12:37
45	390	Elena ROWLANDS	Cowbridge	12:37
46	1546	Ela Lois DAVIES	Ysgol Glantaf	12:39
47	1007	Phoebe EVANS	Queen Elizabeth High School	12:40
48	701	Lily CALVIN-THOMAS	Llanidloes High School	12:44
49	1323	Katie MEREDITH	Y Pant	12:44
50	1144	Amelia BARTLEY	St Martin's	12:44

Team Scores (31) complete

Pos	School	1	2	3	4	Total
1	Ysgol Glantaf	9	25	28	38	100
2	YG Bro Morgannwg	10	22	39	82	153
3	Cowbridge	23	44	45	54	166
4	YG Cwm Rhymini - Y Gwyndy	21	26	51	83	181
5	Whitchurch	4	63	78	84	229
6	Y Pant	2	49	85	96	232
7	Cwm Rhymini Gelli Haf	31	32	81	99	243
8	Olchfa School	13	18	42	180	253
9	Stanwell School	27	36	101	110	274
10	Aberaeron School	15	33	120	140	308
11	St Martin's	50	75	77	115	317
12	Ysgol Gyfun Gwyr	19	29	139	146	333
13	Penweddig	60	74	80	123	337
14	Maes Y Gwendraeth	55	71	111	113	350
15	Brecon High	40	79	116	138	373
16	YG Rhydywaun	62	73	106	145	386
17	Bassaleg School	3	76	134	193	406
18	Ysgol Penrhyn Dewi	65	72	126	167	430
19	Cardiff High School	59	61	150	173	443
20	YG Bro Morgannwg	100	103	108	152	463
21	Cwm Rhymini Gelli Haf	109	119	124	125	477
22	King Henry VIII	87	102	114	179	482
23	YG Cwm Rhymini - Y Gwyndy	88	122	128	148	486
24	Ysgol Y Strade	64	67	162	199	492
25	Gwent Is Coed	92	121	132	149	494
26	Brynteg	1	105	203	204	513
27	Cwm Rhymini Gelli Haf	127	133	142	143	545
28	Whitchurch	129	135	141	160	565
29	YG Cwm Rhymini - Y Gwyndy	154	156	157	159	626
30	Cwm Rhymini Gelli Haf	144	164	174	177	659
31	Bro Pedr	93	191	194	195	673

Team Scores (44) Incomplete

	School	Places	Pts
1	Bro Myrddin	6	6
2	St Josephs RC Newport	8	8
3	Greenhill	12	12
4	St Brigid's Denbigh	16	16
5	Morrison Comprehensive	24	24
6	Dwr y Felin	11	20
7	Crickhowell High	43	43
8	Queen Elizabeth High School	47	47
9	Radyr Comprehensive	14	41
10	Ysgol Dyffryn Aman	58	58
11	Idris Davies	68	68
12	Wyclif Christian School	69	69
13	Islwyn High School	37	57
14	Cefn Saeson	17	89

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Pos	Bib	Athlete	School	Time					
51	1474	Hefina LEWIS	YG Cwm Rhymini - Y Gwyndy	12:45	15	Cwm Rhondda	118		118
52	728	Alice THOMAS	Llanishen High	12:46	16	Bishop of Llandaff	56	86	142
53	117	Darcy GIBBON	Bishopston Comprehensive	12:46	17	Afon Taf High	147		147
54	387	Seren HARDMAN	Cowbridge	12:47	18	Ysgol Glantaf	46	107	153
55	756	Ellie ROWE	Maes Y Gwendraeth	12:49	19	Cowbridge	66	98	164
56	95	Emily BESSANT EVANS	Bishop of Llandaff	12:49	20	Caerleon Comprehensive	70	95	165
57	657	Grace ANDREWS	Islwyn High School	12:49	21	Penweddig	166		166
58	1523	Paige - Lily WILLIAMS	Ysgol Dyffryn Aman	12:50	22	Llanishen High	5	52	112 169
59	346	Sophie PAUL	Cardiff High School	12:50	23	Aberdare Community School	176		176
60	942	Gwennan TOMPSETT	Penweddig	12:50	24	Redhill High School	190		190
61	347	Neve SAMUEL	Cardiff High School	12:52	25	YG Bro Dur	94	97	191
62	1509	Isabella COOKE	YG Rhydywaun	12:52	26	St John Baptist	30	165	195
63	1256	Rose HOOPER	Whitchurch	12:57	27	King Henry VIII	197		197
64	1710	Layla PERROTT	Ysgol Y Strade	12:58	28	Bishopston Comprehensive	7	53	151 211
65	1676	Isabelle MILLS	Ysgol Penrhyn Dewi	12:59	29	Newbridge	91	161	252
66	391	Poppy THOMAS	Cowbridge	13:01	30	Ysgol Nantgwyn	90	163	253
67	1711	Sara WILLIAMS	Ysgol Y Strade	13:05	31	Cwmtawe	117	155	272
68	638	Amelia RAE-CLOKE	Idris Davies	13:09	32	Stanwell School	136	137	273
69	1286	Siwan HALLAM	Wyclif Christian School	13:10	33	YG Bro Morgannwg	171	172	343
70	321	Grace DAVIES	Caerleon Comprehensive	13:12	34	Brecon High	170	175	345
71	752	Tiffany MATHEWS	Maes Y Gwendraeth	13:19	35	YG Cwm Rhymini - Y Gwyndy	168	183	351
72	1675	Nia KAILL FRANKS	Ysgol Penrhyn Dewi	13:23	36	Whitchurch	169	188	357
73	1510	Lillie PARRY	YG Rhydywaun	13:23	37	Llanidloes High School	48	153	158 359
74	938	Seren ALEXANDER	Penweddig	13:23	38	Gwent Is Coed	184	187	371
75	1146	Ava EDWARDS	St Martin's	13:27	39	Blackwood Comprehensive	189	198	387
76	67	Chloe HARDING	Bassaleg School	13:27	40	Cyfarthfa	35	181	182 398
77	1147	Caitlin FORD	St Martin's	13:28	41	Porthcawl School	104	130	185 419
78	1261	Indie MORGAN	Whitchurch	13:32	42	St Martin's	131	186	192 509
79	167	Tes SCANLON	Brecon High	13:32	43	Cwm Rhymini Gelli Haf	178	201	202 581
80	940	Magi JONES	Penweddig	13:32	44	Mountain Ash	196	200	205 601
81	455	Ellie BEAMENT	Cwm Rhymini Gelli Haf	13:32	1st Team - Athletes: Ysgol Glantaf (100Pts)				
82	1407	Megan STADDON	YG Bro Morgannwg	13:32	1549	Lyla PRICHARD (9)			11:06
83	1478	Annabel PRICE	YG Cwm Rhymini - Y Gwyndy	13:32	1548	Elin MATTHEWS (25)			11:56
84	1254	Amber EDWARDS	Whitchurch	13:32	1547	Chloe KINGMAN (28)			12:03
85	1335	Lily ROSE	Y Pant	13:39	1550	Catrin THOMAS (38)			12:19
86	96	Louisa FORTNER	Bishop of Llandaff	13:39	2nd Team - Athletes: YG Bro Morgannwg (153Pts)				
87	671	Alywen HEPTON	King Henry VIII	13:39	1402	Seren RICHARDS (10)			11:06
88	1483	Mali WINDSOR	YG Cwm Rhymini - Y Gwyndy	13:42	1396	Emilia DAVIES (22)			11:53
89	364	Ayva WILLIAMS	Cefn Saeson	13:42	1403	Lleucu ROBERTS (39)			12:19
90	1730	Lucy GRIFFITHS	Ysgol Nantgwyn	13:42	1407	Megan STADDON (82)			13:32
91	890	Lowri INSON	Newbridge	13:43	3rd Team - Athletes: Cowbridge (166Pts)				
92	566	Nia THOMAS	Gwent Is Coed	13:43	389	Amelia REES (23)			11:54
93	220	Alis JONES	Bro Pedr	13:43	386	Arianwen BUDDEN (44)			12:37
94	1361	Mylee WATKINS	YG Bro Dur	13:48	390	Elena ROWLANDS (45)			12:37
95	322	Lilliana NEWSHAM	Caerleon Comprehensive	13:48	387	Seren HARDMAN (54)			12:47
96	1322	Megan HUSSEY	Y Pant	13:48					
97	1363	Moli THOMAS	YG Bro Dur	13:48					
98	388	Phoebe HOWELLS	Cowbridge	13:52					
99	456	Evie-Louise CORNS	Cwm Rhymini Gelli Haf	13:52					
100	1404	Nia ROWE	YG Bro Morgannwg	13:52					

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101	1184	Maya TINCA	Stanwell School	13:58
102	673	Ella WHISTANCE	King Henry VIII	14:00
103	1405	Nia SAZANOVA	YG Bro Morgannwg	14:00
104	976	Mei-Ling LAU	Porthcawl School	14:04
105	293	Zoe WOOD	Brynteg	14:04
106	1512	Lois WORLOCK	YG Rhydywaun	14:04
107	1562	Chloe PRICKETT	Ysgol Glantaf	14:04
108	1406	Martha SHELLEY	YG Bro Morgannwg	14:07
109	470	Pollyana WELLS	Cwm Rhymni Gelli Haf	14:07
110	1182	Annabel MORGAN	Stanwell School	14:07
111	751	Cadi JAMES	Maes Y Gwendraeth	14:11
112	726	Isabel ALLEN	Llanishen High	14:11
113	753	Cassidy NICHOLAS	Maes Y Gwendraeth	14:11
114	669	Bethany BRINDLEY	King Henry VIII	14:14
115	1134	Annie COLLINS	St Martin's	14:14
116	166	Esme OILPHANT	Brecon High	14:14
117	495	Leila OSELL	Cwmtawe	14:14
118	417	Lacey-Jo HARRIS	Cwm Rhondda	14:14
119	459	Aalyah EVANS	Cwm Rhymni Gelli Haf	14:20
120	12	Charlotte ANDERTON	Aberaeron School	14:20
121	562	Cerys FROST	Gwent Is Coed	14:20
122	1470	Lila GEORGE	YG Cwm Rhymni - Y Gwyndy	14:22
123	941	Gwenno MAI	Penweddig	14:24
124	462	Emilia GORDON	Cwm Rhymni Gelli Haf	14:24
125	454	Indie AHERN	Cwm Rhymni Gelli Haf	14:24
126	1674	Molly IGGLEDEN	Ysgol Penrhyn Dewi	14:27
127	461	Cariad JONES	Cwm Rhymni Gelli Haf	14:27
128	1467	Jessica BATEMAN	YG Cwm Rhymni - Y Gwyndy	14:27
129	1257	Jess JONES	Whitchurch	14:27
130	979	Indie SEAGE	Porthcawl School	14:27
131	1145	Ebony COTTER	St Martin's	14:28
132	565	Alayah-Marie STOCK	Gwent Is Coed	14:29
133	466	Ruby RICHARDS	Cwm Rhymni Gelli Haf	14:30
134	65	Gweny BRACE	Bassaleg School	14:31
135	1252	Isabelle BENHAM	Whitchurch	14:31
136	1181	Tallulah DODDS	Stanwell School	14:31
137	1183	Stella Rose OLIGNY	Stanwell School	14:32
138	168	Jessica WHITE	Brecon High	14:32
139	1618	Paige WILLIAMS	Ysgol Gyfun Gwyr	14:32
140	13	Francesca COOPER	Aberaeron School	14:33
141	1253	Rosie BIGGIN	Whitchurch	14:33
142	471	Grace WILKES	Cwm Rhymni Gelli Haf	14:33
143	472	Freya WILLIAMS	Cwm Rhymni Gelli Haf	14:34
144	469	Malley THOMAS	Cwm Rhymni Gelli Haf	14:34
145	1511	Cadee WILLIAMS	YG Rhydywaun	14:35
146	1613	Mali GRIFFITHS	Ysgol Gyfun Gwyr	14:35
147	57	Lacey CLISSOLD	Afon Taf High	14:35
148	1473	Isla HUGHES	YG Cwm Rhymni - Y Gwyndy	14:39
149	564	Kathryne LYNE	Gwent Is Coed	14:44
150	345	Polly LEES	Cardiff High School	14:47

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151	118	Daisy HOPKINS	Bishopston Comprehensive	14:49
152	1401	Anwen LYNE	YG Bro Morgannwg	14:49
153	702	Emily KIELY	Llanidloes High School	14:49
154	1468	Betsan BRADBURY	YG Cwm Rhymni - Y Gwyndy	14:49
155	492	Isobel HARDWIDGE	Cwmtawe	14:50
156	1477	Darcie PHILLIPS	YG Cwm Rhymni - Y Gwyndy	14:54
157	1482	Lois WHITE	YG Cwm Rhymni - Y Gwyndy	14:54
158	704	Libby WILLIAMS	Llanidloes High School	14:54
159	1476	Maia PHILLIPS	YG Cwm Rhymni - Y Gwyndy	14:54
160	1259	Katy LEWIS	Whitchurch	14:58
161	891	Amelia RICHARDS	Newbridge	15:01
162	1708	Freya LLOYD	Ysgol Y Strade	15:03
163	1739	Ceryn MIDDLE	Ysgol Nantgwyn	15:06
164	457	Carys DAVIES	Cwm Rhymni Gelli Haf	15:08
165	1081	Nia VALE	St John Baptist	15:16
166	939	Gwennan FILMER	Penweddig	15:17
167	1678	Sophie PHILLIPS	Ysgol Penrhyn Dewi	15:18
168	1471	Ruby GRIFFITHS	YG Cwm Rhymni - Y Gwyndy	15:22
169	1255	Libby EVANS	Whitchurch	15:22
170	163	Lila EDWARDS	Brecon High	15:24
171	1408	Ailsa WEBBER	YG Bro Morgannwg	15:24
172	1398	Megan HUGHES	YG Bro Morgannwg	15:28
173	344	Alice KENE	Cardiff High School	15:28
174	465	Elena BILENKI	Cwm Rhymni Gelli Haf	15:29
175	165	Rosa LLOYD	Brecon High	15:35
176	40	Jocy BIRTWISTLE	Aberdare Community School	15:35
177	468	Codymay STANNARD SIMMS	Cwm Rhymni Gelli Haf	15:37
178	458	Martha DAVIES-JONES	Cwm Rhymni Gelli Haf	15:38
179	668	Charlotte BELL	King Henry VIII	15:45
180	909	Meaghan JENKINS	Olchfa School	15:47
181	514	Anya-Rose ALI	Cyfarthfa	15:50
182	515	Leila HARRIS	Cyfarthfa	15:50
183	1481	Ella THORNTON	YG Cwm Rhymni - Y Gwyndy	15:58
184	563	Macie GABBIDON	Gwent Is Coed	15:59
185	975	Nancy COCKEL	Porthcawl School	16:00
186	1151	Daisy TOVEY	St Martin's	16:00
187	567	Elin WILLIAMS	Gwent Is Coed	16:02
188	1275	Grace WAKEHAM	Whitchurch	16:03
189	130	Freya PAGETT	Blackwood Comprehensive	16:05
190	1028	Pheobe MASON	Redhill High School	16:20
191	219	Abbie GREEN	Bro Pedr	16:21
192	1150	Phoebe PRONGER	St Martin's	16:23
193	66	Emilia LINDSEY	Bassaleg School	16:27
194	221	Kacey NASH	Bro Pedr	16:28
195	222	Madi POWELL	Bro Pedr	16:29
196	845	Mya COPLEY	Mountain Ash	16:40
197	672	Nel WEBB	King Henry VIII	16:58
198	129	Brooke JONES	Blackwood Comprehensive	17:15
199	1709	Effi Mai MILLARD	Ysgol Y Strade	17:48
200	844	Casey CARTER	Mountain Ash	18:00

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Pos	Bib	Athlete	School	Time
201	463	Ezra LYNCH	Cwm Rhymni Gelli Haf	18:08
202	464	Phoebe HOLLAND	Cwm Rhymni Gelli Haf	19:07
203	302	Freya JENKINS	Brynteg	19:09
204	291	Cerys LOCKE	Brynteg	19:11
205	847	Seren DAVIES	Mountain Ash	19:28