

Welsh Schools Athletic Association Championship Best Performances

Junior Boys:	Perf	Year	First Name	Surname	School	District
100m	11.09	2002	Andrew	WATKINS	Coedylan	Glamorgan Valleys
200m	22.13	2002	Andrew	WATKINS	Coedylan	Glamorgan Valleys
300m	36.36	2018	Will	LOVEJOY	Monmouth Comp	South East Wales
800m	2:01.52	2003	Jamie	FENAROLI	Llangatwg	Afan Nedd Tawe
1500m	4:13.94	2018	Jacob	REYNOLDS	Cwm Rhymni	Glamorgan Valleys
80m Hurdles	11.40	1978	Wyn	HARRIES	Llandeilo	Dyfed
1000m Walk	4:20.05	2005	Antonio	CIRILLO	Bishop Vaughan	Afan Nedd Tawe
4x100m Relay	45.42	2003				Cardiff & The Vale
High Jump	1.92	2012	Miles	KELLER-JENKINS	Ffynone	Afan Nedd Tawe
Pole Vault	3.55	2016	Mark	MELLOR	Cardiff High	Cardiff & The Vale
Long Jump	6.19	1977	Ian	STRANGE	Newbridge	Gwent
Long Jump	6.19	1977	John	FURNHAM	Bishop Hannon	South Glamorgan
Triple Jump	13.37	2013	Osaze	AGHEDO	Bishop Vaughan	Afan Nedd Tawe
Shot	15.75	2015	Thomas	HANSON	Dyffryn	Afan Nedd Tawe.
Discus	45.75	2015	Jay	MORSE	Stanwell	Cardiff & The Vale
Hammer	55.26	2006	Rhys	HODNETT	Cathedral School	Cardiff & The Vale
Javelin	55.44	2003	Garth	LOUGHRAN	Dyffryn Taf	Dyfed

Middle Boys:	Perf	Year	First Name	Surname	School	District
100m	10.90	2004	Andrew	WATKINS	Coedylan	Glamorgan Valleys
200m	21.73	2004	Andrew	WATKINS	Coedylan	Glamorgan Valleys
400m	48.82	2004	Bruce	TASKER	Greenhill	Dyfed
800m	1:56.5 (HT)	1990	Jason	MURPHY	Amman Valley	Dyfed
1500m	4:02.70	2015	Matthew	WILLIAMS	Milford Haven	Dyfed
3000m	8:48.7 (HT)	1990	Colin	JONES	Brynrefail	Gwynedd
2000m Walk	9:07.85	2007	Antonio	CIRILLO	Bishop Vaughan	Afan Nedd Tawe
3000m Walk	18:12.30	2017	Owain	NICHOLAS	Bro Gwaun	Dyfed
100m Hurdles	13.19	2007	David	GUEST	Bryntirion	Glamorgan Valleys
400m Hurdles	54.42	1994	Mark	ROWLANDS	Bishop Vaughan	West Glamorgan
1500m S/chase	4:21.8 (HT)	1979	Marcus	THOMAS	Bishop Of Llandaff	South Glamorgan
4x100m Relay	43.14	2015				Cardiff & The Vale
High Jump	2.06	2000	Chuka	ENIH-SNELL	Bishop Vaughan	Afan Nedd Tawe
Pole Vault	4.80	1990	Neil	WINTER	Monmouth	Gwent
Long Jump	6.72	2018	Daniel	MURATHODZIC	St. Iltyds	Cardiff & The Vale
Triple Jump	15.06	1998	Steven	SHALDERS	Cynffig	Glamorgan Valleys
Shot	16.63	1980	Mark	HEWER	St Cenydd	Mid Glamorgan
Discus	58.05	2016	James	TOMLINSON	Pembroke	Dyfed
Hammer	62.03	2014	Nathan	THOMASON	John Bright	Eryri
Javelin	59.12	1989	Linton	BADDELEY	Cardiff High	South Glamorgan

Senior Boys	Perf	Year	First Name	Surname	School	District
100m	10.5 (HT)	1992	Peter	MAITLAND	Qe Cambria	Dyfed
200m	21.82	2016	Kristian	JONES	Cowbridge	Cardiff & The Vale
400m	48.61	2016	Joseph	BRIER	Ystalyfera	Afan Nedd Tawe
800m	1:51.66	2012	Elliott	SLADE	Bishop Of Llandaff	Cardiff & The Vale
1500m	3:54.50	2000	Matthew	JONES	Llanfyllin	Powys
3000m	8:34.37	1996	Andres	JONES	Aberaeron	Dyfed
5000m	15:00.0 (HT)	1972	Gareth	MORGAN	Lewis School	Glamorgan
2000m Walk	8:22.8 (HT)	2001	Cameron	SMITH	Llanishen	Cardiff & The Vale
3000m Walk	15:37.09	2017	Jordan	PRICE	Crickhowell High School	Powys
110m Hurdles	13.91	2013	David	OMOREGIE	Bishop Of Llandaff	Cardiff & The Vale
400m Hurdles	53.0 (HT)	1996	Mark	ROWLANDS	Bishop Vaughan	Afan Nedd Tawe
2000m S/chase	5:59.0 (HT)	1981	Marcus	THOMAS	Bishop Of Llandaff	South Glamorgan
4x100m Relay	42.5 (HT)	1991				Gwent
High Jump	2.10	2001	Chuka	ENIH-SNELL	Bishop Vaughan	Afan Nedd Tawe
Pole Vault	4.65	2009	David	GUEST	Bryntirion	Glamorgan Valleys
Long Jump	7.34	1967	John	ELIAS	Maesteg	Glamorgan
Triple Jump	14.90	1979	David	WOOD	Tregaron	Dyfed
Shot	16.15	2022	Dafydd	PAWLETT	Pembrokeshire College	Dyfed
Discus	56.52	2007	Brett	MORSE	St Cyres	Cardiff & The Vale
Hammer	63.35	2014	Jac	PALMER	Cwn Rhymni	Glamorgan Valleys
Javelin	67.34	1986	Jonathan	CLARKE	Neath College	West Glamorgan