



NORTH WALES REGIONAL ATHLETICS COUNCIL  
MINUTES OF THE MEETING HELD ON FRIDAY 23<sup>rd</sup> MARCH 2018  
AT EIRIAS PARK LEISURE CENTRE, COLWYN BAY

**Present:** P. Brooks (P.B.), D. Davies (D.D.), R. Frost (B.F.), J. Hatton (J.H.), K. Hatton (K.H.), D. Harris (D.H.), B. Harris (B.H.), S. McCormack (S.M.), C. Backshall (C.B.), L. Davitt (L.D.), R. Jones-Morris (R.J.M.), B. Edwards (B.E.)

**Apologies for Absence:** A. Bowyer, R. Mackey, A. Lewis, E. Brewer, D. Edwards, D. A. Williams, M. Blake.

**1.0 Chair's Address:** K.H. reported that (a) the position of Regional representative to the road/cross country committee remains unfilled (b) She welcomed L.D. to his first meeting. (c) She reported that Welsh Athletics (W.A.) has funding from Sport Wales for the use of video conferencing at Plas Menai and Deeside L.C. and that it was unlikely that W.A. would give financial support to using other venues (d) she read an e-mail from James Williams regarding grants (e) that P.B. was now using a new e-mail address after problems with his current provider (f) she congratulated our athletes on recent championship performances.

**2.0 Minutes of the last meeting and Matters Arising:** (previous minutes in italics): Accepted as a true record.

**2.1:** 3(b) Should read "...have a closing date of at least seven days".

**2.2:** 7.2 Should read A5 not A55.

**2.3** 6.5 B.F. asked that it be recorded that Eden O'Dea (Wrexham) had won the U/20 women's title at the Welsh 10km championships in Llandudno.

**2.4** 7.2 K.H. and R.J.M. had attended a meeting with Menai t&f to discuss an athlete and club welfare issue. It had been agreed that at least two adults should always be present when coaching juniors and also that a safer location should be found for hill sprints training where it would not be necessary to cross a main road. A risk assessment carried out by the Club had confirmed this. It was further agreed that hill sessions will not be held for another six months while the Club are drawing up a policy document to cover this and similar situations.



Discussion then followed and L.D. and S.M. both felt that two adults should be a minimum requirement in such situations and this will now be Regional policy.

**2.5 5.3** S.M. reported that the stock of vests had been replenished at a cost of £680, which was an increase from previous purchases, but it was agreed that the cost would remain at £15 each to athletes.

### **3.0 Treasurer's Report:**

**3.1** D.D. gave a comprehensive report on recent expenditure and income, with details of the balance as at today's date.

**3.2** A letter of thanks had been received from D.A. Williams for the cheque to cover the cost of the coach to the C.A.U. cross country championships.

**3.3** After discussion, it was agreed that K.H. would write to James Williams to seek approval that any surplus at the end of any financial year, would be ring-fenced for development.

**3.4** Budget proposals were received for road, cross country and track and field and based on the assumption that funding from W.A. would be the same in 2018/9 as in 2017/8, the following budgets were agreed: Track and field £1800, cross country £750 and road £750. No proposals were received from fell/mountain or Sportshall.

**3.5** It was agreed that the next meeting would discuss moving all monies into one account.

**4.0 Volunteering and Courses:** K.H. reported that she would report back on progress with the Regional development plan at the next meeting.

**4.1 Development Officer:** Eva Brewer had sent a written report covering the Primary and Secondary Sportshall competitions and thanked all those who helped at the indoor Regional championships. She is currently focusing on secondary schools, with plans to work with teachers and run some taster sessions. She gave details of forthcoming courses in Conwy and Denbighshire, the new Club Portal and GDPR.



**4.2 Cross Country reports:** B.F. presented a written report:

**4.2.1** The Welsh XC Champs at Swansea produced 8 individual medallists (3 gold, 3 silver, 2 bronze) from North Wales clubs, and Menai won gold team honours in U13B, U15B & U15G, with Deeside getting gold in U13G. Congratulations to champions Neisha Roberts U13G, Samia Jones U15G and Mike Spill U15B.

**4.2.2** The Welsh Schools XC Champs at Brecon produced 8 individual medallists (1 gold, 3 silver & 3 bronze) from North Wales, with Samia Jones the JG champion. NE Wales and Eryri schools were well represented, with Eryri winning gold with the MB team, and also second team overall.

**4.2.3** The CAU Inter Counties XC Champs at Loughborough saw a poor turn out of North Wales senior athletes and incomplete teams in SM, SW, U20M, U20W, & U20W. However, the future looks bright with U13B team 16<sup>th</sup>, and U15G 10<sup>th</sup> out of 42 county teams. Congratulations to Mike Spill who finished 3<sup>rd</sup> overall in the U15B British Cross Challenge series.

**4.2.4** At the English Schools XC Champs in Leeds, Matthew Willis competing for Cheshire Schools, won the Senior Boys race and achieved a hat-trick of wins over the 3 age groups. Matthew has been selected to compete for English Schools U18 team at the World Schools XC Champs in Paris from 2<sup>nd</sup> to 7 April 2018.

**4.2.5** This weekend sees the Schools International XC Champs at Nottingham with 8 North Wales athletes in the Welsh Schools team of 32 athletes. We have 3 girls and 1 boy in the Junior races, and the same in the Middle age group, with 2 on standby.

**5.0 Secretary's Report:** P.B. presented a written report:

**5.1 General Council:** Attended by P.B., C. Yorke and A. Lewis (a) bi-lingual signage for road races, referred to the road/cross country committee (b) Commonwealth Games selection: it was generally felt that not enough athletes selected for the Games had competed in Welsh championships (c) track and field: UKA is reviewing guidelines regarding inappropriate behaviour towards officials (d) road running: no further progress regarding the two runners banned from competition and West and South to discuss their poor attendance records at the Inter Region 10km championships at their next meetings.

**5.2 Endurance Officials:** P.B. and Arwel Williams are tutoring courses in Dolgellau on March 24<sup>th</sup>. Next committee meeting is on 17<sup>th</sup> July.



**5.3** Road running: (a) James Mills and Emma Crowe (both Wrexham) had won the Regional half marathon championships in Wrexham on 25<sup>th</sup> February. Thanks to Cute Fruits who had donated a total of £200 prize money for the first 3 men and women in the championships. (b) The B.M.A.F. 10 miles championships were held in Rhyl on 24<sup>th</sup> February; Simon Cole (Gog Tri) won gold M35, John Hickman bronze M75 and Roger Harrison-Jones silver M80. (c) Arwel Lewis will adjudicate at the Regional 5km championships in Ffrith.

**5.3** (ctd.) (d) Cute Fruits have given us 2 free entries for each of the Mid-Cheshire 5km races in May and August (e) Martin Green set a new N.W.R.A.C. 20 miles best time of 1:55:47 at the Trimpell race (f) it was agreed that P.B. will look for a venue and date and look into the viability of a Regional road relay championships.

## **6.0 Any Other Business:**

**6.1** Details of the annual officials' conference at Kenilworth were received.

**6.2** W.A. are reviewing the way Regions are funded. It was agreed to invite James Williams to our A.G.M. in June.

**6.3** Details of the changes to UKA rules, which will appear in the 2018-2020 rulebook were circulated.

**6.4** S.M. raised the issue of new legislation on data protection and K.H. agreed that she would look into a presentation/workshop for a future meeting.

**6.5** C.B. reported that all entries for the Regional T&F championships will be through the W.A. website.

**6.6** S.M., J.H. and Philip Tugwell have all qualified as race adjudicators.

**7.0: Date and Venue of the next meeting:** The next meeting will be held at Eirias Park Leisure Centre on Friday 4<sup>th</sup> May, commencing at 19.00