

## Welsh Athletics Covid-19 Risk Assessment

We recommend that all clubs, groups, coaches, leaders and facility operators complete a Covid-19 specific Risk Assessment. We have initially populated this template risk assessment for you by including a sample entry related to the spread of Covid-19 and to illustrate what is expected. Look at how this might apply to your activity sessions, continue by identifying the hazards that are the real priorities in your case and complete the table to suit your environment and proposed activity. This template is to be used as a guide to completing a full risk assessment to enable you to carry out your activity with safety.

Venue / location / name of the facility	
Name of person conducting Risk Assessment (eg. coach/leader):	
Date Risk Assessment was carried out:	

What are the hazards?	Who might be harmed?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by who?	Action by when?	Done
Spread of Covid-19 Coronavirus	Coach, athlete  Vulnerable groups – Elderly, Pregnant, those with existing underlying health conditions.  Anyone else who physically comes in contact with other people in relation to your activity	<b>Hand Washing</b> Hand washing facilities in place (with soap and warm water) Stringent hand washing taking place. Gel sanitisers in any area where hand washing facilities not available.  <b>Cleaning</b> Frequently cleaning and disinfecting equipment and surfaces that are touched regularly	Low / Medium / High	Coaches and athletes to be reminded on a regular basis to wash their hands for 20 seconds with water and soap and the importance of proper drying with disposable towels. Also reminded to catch coughs and sneezes in tissues – Follow ‘Catch it, Bin it, Kill it’ and to avoid touching face, eyes, nose or mouth with unclean hands.  To help reduce the spread of coronavirus (Covid-19) reminding everyone of the advice from Public Health Wales.  Ensure any use of equipment is restricted to one athlete while being used and that thorough cleaning is carried out prior to and after any training session.	Low / Medium / High			

This is not an exhaustive list and we highly recommend that you complete a full risk assessment for your coaching group or venue. This resource provides guidance and does not constitute formal professional advice. The information in this resource is based on advice provided by the Health and Safety Executive, but we recommend that all coaches, leaders and clubs seek relevant expert advice in this subject area as and when required.