

LIFTING ATHLETICS OUT OF LOCKDOWN

#StaySafe



WELSH ATHLETICS
ATHLETAU CYMRU

Test, Trace & Protect guidance for organisers of outdoor training & running sessions

At the current time we recommend strongly that only a 'Responsible Person' can organise and supervise an athletics session. For the purposes of this guidance and to ensure consistency at this time we have agreed the following definition of a Responsible Person:

A coach/leader who has an active/up to date qualification, a club Covid officer (becomes the Chair if the club has not elected an officer), or a member of Welsh Athletics staff who is delivering an activity.

Responsible Individuals should be aware of the following, and should look to complete COVID-19 awareness training being provided by the [WSA](#) as soon as possible:

1. Take a register of all those participating should be taken and include consent to share that information with the NHS track and trace system if an individual in that group reports positive COVID-19 symptoms or has a positive COVID-19 test. Contact information should be obtained and stored in line with [GDPR regulations](#).
2. Members of the group will need the contact information of the responsible individual which the NHS will then ask for.
3. The NHS team will then contact you [the responsible individual] and ask for the contact information of everyone who was in the group with the person who has the symptoms/tested positive.
4. The NHS will then contact and inform everyone on the list that a member of the group has symptoms/tested positive. There are then two scenarios;
 - I. If you/a group member[s] broke social distancing/had close contact for a prolonged period [less than 1m for more than 1 minute] e.g. administered first aid, shared a car or indoor space in close proximity, they must then self-isolate for 14 days [[See the Welsh Government's diagram](#)].
 - II. If social distancing has not been broken/no close contact, group members can continue to train/attend, but should be vigilant for symptoms.

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- [Welsh Government Guidance on Test, Trace & Protect information](#)
 - [Infographic explaining when & how to contact the NHS service](#)
 - [Welsh Athletics guidance page](#)