



WELSH ATHLETICS  
ATHLETAU CYMRU



## Covid Guidance for Groups & Clubs in Wales

(Updated 4<sup>th</sup> January 2022)

Following the recent announcements by the First Minister from 26<sup>th</sup> December, Wales are currently operating at Alert Level 2. Whilst, for the most part this will not affect club or group activities significantly, there are some associated / additional restrictions.

The latest Welsh Government Restrictions can be found here:

<https://gov.wales/current-restrictions>

### Update (Version 12):

- The limits announced are 30 people (indoors) and 50 people (outdoors). For club training, and where space allows, multiple groups can operate within/at a facility. Under 18s are exempt from this number, but those organising activity should be mindful of the requirements around having a risk assessment, taking reasonable measures, and ensure they limit the number of places to that which can be safely accommodated in the space available, both indoors and outdoors.
- Where clubs are using facilities for hospitality (ie. club rooms) facemasks should be worn and social distancing (2m) should be adhered to where possible.
- It should be noted however that all affiliated clubs, running groups and facility operators (where applicable) should continue to be mindful of the need to risk assess activities and take necessary precautions to minimise the risk of the spread of the virus in line with the latest Welsh Government regulations and guidance. The Track and Trace procedures adopted by clubs and groups throughout the pandemic should be continued as a matter of course. All activity taking place across the sport should always take into account both national and any more localised restrictions that may be applicable.
- Whilst 50 is the maximum number outdoors, use of smaller groups to allow for safe delivery of group running activities should be considered. The ratio of 12:1 runners to leaders must be adhered to.
- The Track and Trace procedures adopted by clubs and groups throughout the pandemic should be continued as a matter of course. All activity taking place across the sport should always consider both national and any more localised restrictions that may be applicable.
- The club should consider safeguarding responsibilities and act in accordance with the existing safeguarding requirements in relation to athletes and coaches.
- Where possible athletes should arrive ready for training, ready to start their activities at the allocated time.
- The club will need to consider the type of First Aid provision at the venue / facility.
- The club will need to have carried out a risk assessment for all activities. A template can be found [here](#)