

**Final Eligibility Committee List  
(for moves during November 2022)**



First Name	Last Name	Age Group	Origin Club	Destination Club	Region	Date Of Move
Paul	Hayward	Senior	Islwyn RC	Pont-Y-Pwl & District Runners	East Wales	16/11/2022
Lorraine	Kelsey	Senior	Les Croupiers	Islwyn RC	East Wales	01/12/2022
Chloe	Steele	U13	Chepstow Harriers	Newport Harriers	East Wales	03/11/2022
Michael	Thurgood	Senior	Caerleon RC	Monross Trailblazers	East Wales	17/11/2022
Jed	Wherlock	U15	Lliswerry Runners	Newport Harriers	East Wales	09/11/2022
John	Jones	Senior	Abergele Harriers	Eryri Harriers	North Wales	11/11/2022
Amber	Simpson	Senior	Deeside AAC	Wrexham AAC	North Wales	27/11/2022
Carl	Cable	Senior	Aberdare Valley AAC	Rhondda AAC	South Wales	11/11/2022
Clara	Evans	Senior	Cardiff Athletics	Pontypridd Roadents AC	South Wales	01/11/2022
Mark	Harrison	Senior	Llanelli AC	Clwb Run Wales	South Wales	25/11/2022
Sarah	Osborne	Senior	Cybi Striders	Clwb Run Wales	South Wales	19/11/2022
Charlotte	Smith	Senior	Pontypridd Roadents AC	Les Croupiers	South Wales	27/11/2022
Steven	Williams	Senior	Sospan Road Runners	Clwb Run Wales	South Wales	27/09/2022
Noah	Ernest	U20	Cardiff Archers	Swansea Harriers	West Wales	23/11/2022
Ollie	George	U20	Pembrokeshire Harriers	Sarn Helen	West Wales	12/11/2022
Martyn	Ogrady	Senior	Tri Hard Harriers	Neath Harriers	West Wales	04/11/2022
Kevin	Thomas	Senior	Tri Hard Harriers	Neath Harriers	West Wales	10/11/2022