

**Final Eligibility Committee List
(for moves during January 2022)**

First Name	Last Name	Age Group	Origin Club	Destination Club	Region	Date Of Move
Michael	Cope	Senior	Aberdare Valley AAC	Parc Bryn Bach Running Club	East Wales	26/01/2022
Justin	Crocker	Senior	Islwyn RC	Parc Bryn Bach Running Club	East Wales	25/01/2022
Matthew	Evans	Senior	Aberdare Valley AAC	Parc Bryn Bach Running Club	East Wales	13/01/2022
Jasmine	Hayden	U17	Cardiff Archers	Blaenau Gwent Athletics	East Wales	06/01/2022
Daniel	Lane	Senior	Lliswerry Runners	Griffithstown Harriers	East Wales	13/01/2022
Ross	Matthews	Senior	Islwyn RC	Parc Bryn Bach Running Club	East Wales	25/01/2022
Dylan	Thompson	Senior	Cardiff Archers	Blaenau Gwent Athletics	East Wales	12/01/2022
Victoria Jane	Thompson	Senior	Cardiff Archers	Blaenau Gwent Athletics	East Wales	12/01/2022
Lee	Turner	Senior	Lliswerry Runners	Griffithstown Harriers	East Wales	13/01/2022
Steven	Hayes	Senior	Deestridders R.C.	Deeside AAC	North Wales	28/01/2022
Rachel	Nickerson	Senior	Llangollen Running Club	Wrexham AAC	North Wales	07/01/2022
Sion	Salisbury	Senior	Clwb Rhedeg DVT Running Club	Eryri Harriers	North Wales	08/01/2022
Elen	Blackmore	U11	Carmarthen & District Harriers	Cardiff Athletics	South Wales	29/01/2022
DAVID	COTTRELL	Senior	Pencoed Panthers	Ogmore Phoenix Runners	South Wales	25/01/2022
Joshua	Davies	U11	Cardiff Athletics	Cardiff Archers	South Wales	12/01/2022
Charles	Davis	Senior	Swansea Harriers	Les Croupiers	South Wales	01/02/2022
Shenai	Ellis	U15	Cardiff Athletics	Cardiff Archers	South Wales	26/01/2022
Darcy	Letman-Higgins	U11	Cardiff Athletics	Cardiff Archers	South Wales	21/01/2022
Lloyd	Manning-James	Senior	Bridgend AC	Pontypridd Roadents AC	South Wales	25/01/2022
James	Marsh	Senior	Clwb Run Wales	Ogmore Phoenix Runners	South Wales	12/01/2022
Leanne	Talbot	Senior	Hengoed Harriers	Pontypridd Roadents AC	South Wales	27/01/2022
James	Thie	Senior	Cardiff Athletics	Pontypridd Roadents AC	South Wales	26/01/2022
Eliza	Thomas	Senior	Run4All Neath	Cornelly Striders AC	South Wales	12/01/2022
Joe	Thomas	Senior	Bridgend AC	Pontypridd Roadents AC	South Wales	25/01/2022
Olivia	Tsim	Senior	Cardiff Athletics	Pontypridd Roadents AC	South Wales	02/01/2022
Meirion	Williams	Senior	Hengoed Harriers	Pontypridd Roadents AC	South Wales	25/01/2022
Sioned	Howells	Senior	Amman Valley Harriers	Swansea Harriers	West Wales	03/01/2022
Rachel	Thomas	Senior	Run4All Neath	Paul Popham Running Club	West Wales	17/01/2022