

**Final Eligibility Committee List
(for moves during January 2020)**

First Name	Last Name	Age Group	Origin Club	Destination Club	Region	Date Of Move
Lisa	Davies	Senior	Islwyn RC	Hengoed Harriers	East Wales	08/01/2020
Russell	Dobbs	Senior	Islwyn RC	Hengoed Harriers	East Wales	11/01/2020
Lee	Mills	Senior	Micky Morris Racing Team	Islwyn RC	East Wales	01/02/2020
Emily	Sams	Senior	Parc Bryn Bach Running Club	Caerphilly Runners	East Wales	25/01/2020
Richard	Sheehy	Senior	Parc Bryn Bach Running Club	Mynydd Du	East Wales	05/01/2020
Mark	Byrne	Senior	Wrexham AC	Buckley RC	North Wales	11/01/2020
Nick	Venables	Senior	Wrexham AC	Run Free Fell Runners	North Wales	05/01/2020
Adam	Bull	Senior	Aberdare Valley AAC	Pontypridd Roadents AC	South Wales	12/01/2020
Alice	Davies	U13	Cardiff Athletics	Barry & Vale Harriers	South Wales	28/01/2020
sean	hopkins	U13	Cardiff Archers	Cardiff Athletics	South Wales	22/01/2020
Richard	Jackson-Hookins	Senior	Les Croupiers	Pontypridd Roadents AC	South Wales	27/01/2020
Gemma	Lockett	Senior	Les Croupiers	CDF Runners	South Wales	11/01/2020
Rachel	Marcarian	Senior	Porthcawl Runners	Ogmore Phoenix Runners	South Wales	04/01/2020
Eli	Onyewu	U20	Neath Harriers	Cardiff Athletics	South Wales	01/02/2020
Tara	Phillips	Senior	Pontyclun Road Runners	Ogmore Phoenix Runners	South Wales	28/01/2020
Nia	Powell	U13	Pontyclun Athletics Club	Cardiff Archers	South Wales	10/01/2020
Elaine	Wharmby	Senior	Pegasus Running Club	Brackla Harriers	South Wales	03/01/2020
Garry	Wharmby	Senior	Pegasus Running Club	Brackla Harriers	South Wales	08/01/2020
Oliver	Williams	Senior	White Rock Runners	Pontypridd Roadents AC	South Wales	13/01/2020
Bethan	Adams	U15	Llanelli AC	Swansea Harriers	West Wales	28/01/2020
Cari	Adams	U13	Llanelli AC	Swansea Harriers	West Wales	28/01/2020
Karen	Aitchison	Senior	RUN4ALL Running Club	Port Talbot Harriers	West Wales	06/01/2020
Dewi	Aubrey	Senior	RUN4ALL Running Club	Port Talbot Harriers	West Wales	01/01/2020
Nicky	Cooper	Senior	RUN4ALL Running Club	Port Talbot Harriers	West Wales	27/01/2020
Ryan	Edwards	U17	Cardiff Archers	Neath Harriers	West Wales	30/01/2020
Darren	Forrester	Senior	RUN4ALL Running Club	Port Talbot Harriers	West Wales	24/01/2020
Evie	Forrester	Senior	RUN4ALL Running Club	Port Talbot Harriers	West Wales	23/01/2020
Helen	Janney	Senior	Amman Valley Harriers	Sospan Road Runners	West Wales	26/01/2020
Hugh	Janney	Senior	Amman Valley Harriers	Sospan Road Runners	West Wales	26/01/2020
Ross	Purchase	Senior	Cornelly Striders AC	Neath Harriers	West Wales	11/01/2020