



## Welsh Athletics & Welsh Schools Athletic Association

Joint Combined Events  
 Sunday 3<sup>rd</sup> November 2019  
 National Indoor Athletics Centre

### FINAL TIMETABLE



WELSH ATHLETICS  
 ATHLETAU CYMRU

Track			Field			Pool
<b>11:00</b>	60m Hdl	U18 BOYS (10)	<b>11:00</b>	Shot Put	U14 BOYS (30)	2
			<b>11:00</b>	Long Jump (out)	U14 GIRLS (48)	2
			<b>11:00</b>	Long Jump (in)	U16 GIRLS (20)	1
			<b>11:00</b>	Shot Put	U18 GIRLS (8)	1
<b>11:15</b>	60m Hdl	U16 BOYS (19)				
	60m Hdl	U18 GIRLS (8)		Shot Put	U18 BOYS (10)	1
	60m Hdl	U16 GIRLS (20)				
				Long Jump (out)	U16 BOYS (19)	1
<b>12:20</b>	60m Hdl	U14 BOYS (30)				
	60m Hdl	U14 GIRLS (48)				
				Long Jump (in)	U18 GIRLS	1
	200m	U18 BOYS				
				High Jump	U16 GIRLS	2
	200m	U16 BOYS				
				Long Jump (out)	U14 BOYS	2
				Shot Put	U14 GIRLS	2
				High Jump	U18 GIRLS	1
				Long Jump (in)	U18 BOYS	1
	800m	U18 GIRLS				
				Shot Put	U16 GIRLS	1
				Shot Put	U16 BOYS	1
	800m	U18 BOYS				
	800m	U14 BOYS				
	800m	U14 GIRLS				
	800m	U16 GIRLS				
	800m	U16 BOYS				

**(number of entries per age group)**

1. Athletes are required to report to the Registration area at the right hand end of the first floor at NIAC (upstairs) between 9:15 and 9.45 am on Sunday. **Registration closes 9:45.**
2. The first track event – 60m hurdles for u18 boys – plus the first field events – long jump for u16 girls and shot for u18 girls and u14 girls – are due to start at 11:00 am. Warm up for those field events will start soon after 10:00 am.
3. The Meeting Referee – Sue Maughan – will determine the start times for all other events taking into account appropriate rest requirements for athletes and the availability of facilities. As a result, the order of events, published above, may change.
4. After their first event, athletes will be told their reporting times by the Announcer. Please listen carefully.