

# Welsh Athletics

&

# U.W.I.C

GRAND PRIX SERIES

FIXTURE 2

Results

Sunday-08-January-2012



WELSH ATHLETICS  
ATHLETAU CYMRU





## Senior Men Track

AC Record - Jason GARDENER, England, 6.52, 2002

Welsh Record - Colin JACKSON, Cardiff AAC, 6.49, 1994

## Event T19, SM, 60m Final

Pos	Bib	Athlete	Club	Perf
1	101	Rhys KNAPMAN-SM	Cardiff AAC	6.89
2	28	Ben REYNOLDS-SM	Windsor SE & H	6.95
3	75	Leon REID-U20M	Bristol and West AC	6.96
4	47	Micheal PRENTICE-U20	Cardiff AAC	7.01
5	56	Samuel GORDAN-U20M	Cardiff AAC	7.07
6	58	Christopher STONE-U20M	Bristol and West AC	7.14
7	23	Chris HILL-SM	UWIC	dns
8	24	Jono HORNBLow-SM	UWIC	dns

## Event T13, SM, 60m

				Race 1					Race 2		
Pos	Bib	Athlete	Club	Perf	q	Pos	Bib	Athlete	Club	Perf	q
1	23	Chris HILL-SM	UWIC	6.98	q	1	101	Rhys KNAPMAN-SM	Cardiff AAC	7.01	q
2	28	Ben REYNOLDS-SM	Windsor SE & H	7.01	q	2	43	Paul BENNETT-SM	Swansea Harriers	7.34	
3	53	James GRIFFITHS-SM	Cardiff AAC	7.35		3	52	Matthew JONES-SM	Carmarthen Harriers	7.50	
4	50	Jordan MORRIS-SM	Plymouth Athletics	7.43		4	26	Peter URQUHART-SM	Unattached	7.57	
5	39	Ian ALLEN-SM	Exeter	7.72		5	42	Ryan HARRIS-SM	Bridgend AC	7.58	
6	36	Robert GREW-SM	Exeter	8.01		6	54	Edward LAMTZOS-SM	Newport Harriers	7.69	
7	35	Joe THOMPSON-SM	Cornwall AC	8.19		7	70	Ryan JAMES-SM	Cardiff AAC	7.83	
8						8	108	Tony MILLS-SM	Unattached	8.24	
				Race 3					Race 4		
1	24	Jono HORNBLow-SM	UWIC	7.22	q	1					
2	41	Richard DERRICK-SM	Unattached	7.31		2					
3	63	Lemar FRECKLETON-SM	Newport Harriers	7.35		3					
4	91	Leon YANDLE-SM	Glamorgan Uni	7.51		4					
5	92	Simon PARK-SM	Bristol and West AC	7.78		5					
6	85	Ivor JAMISON-SM	Plymouth Athletics	7.84		6					
7	69	Graig RUSSELL-SM	Newport Harriers	8.07		7					

AC Record - Not Recognised at this age group

Welsh Record - Christian MALCOLM, Cardiff AAC, 6.67, Chemnitz, 1994

## Event T12, U20M, 60m

				Race 1					Race 2		
Pos	Bib	Athlete	Club	Perf	q	Pos	Bib	Athlete	Club	Perf	q
1	56	Samuel GORDAN-U20M	Cardiff AAC	7.03	q	1	47	Micheal PRENTICE-U20	Cardiff AAC	6.98	q
2	58	Christopher STONE-U20M	Bristol and West AC	7.24	q	2	75	Leon REID-U20M	Bristol and West AC	6.99	q
3	55	Doran-HASSAN-U20	Cardiff AAC	7.39		3	59	Joel HENDERSON-U17M	Bristol and West AC	7.56	
4	100	Rob PHILLIPS-U20M	Yate & District AC	7.57		4	62	Matthew TAILBY-U20M	Taunton AC	7.58	
5	32	Peter CONWAY-U20M	Cornwall AC	7.59		5	61	Jacob WEEKS-U20M	Taunton AC	7.86	
6	34	Jay HUSSAINI-U20M	Cornwall AC	7.67		6	27	Owain MORGAN-U20M	Neath Harriers	7.90	
7						7	89	Matty LATHBEAWDIERE-U20M	Bristol and West AC	8.14	



## Senior Men Track

AC Record - Doug TURNER, (Wales), 20.92, Cardiff 2002

Welsh Record - Christian MALCOLM, Cardiff AAC, 20.54, Ghent, Belgium

Event T25, SM, 200m

				Race 1				Race 2						
Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf
1	168	Jamail WHYTE-U20M	Cardiff AAC	22.90	1	63	Lemar FRECKLETON-SM	Newport Harriers	24.20	1	97	Matt WRIGHT-SM	Cheltenham	24.29
2	51	Thomas WILLIAMS-U17M	Barry & Vale Harriers	23.75	2	109	Ryan HAMPSON-U17M	Stroud	24.51	2	77	Tom REYNOLDS-U17M	Cwmbran Harriers	24.65
3	94	Josh DAVIES-U17M	Pembrokeshire	24.82	3	126	Craig GODSALL-SM	Cwmbran Harriers	25.05	3	85	Ivor JAMISON-SM	Plymouth Athletics	25.44
4	33	Neil TUNSTALL-MM	Cornwall AC	25.55	4	99	Carsten ADAMS-U20M	Cheltenham	25.67	4	27	Owain MORGAN-U20M	Neath Harriers	25.46
				Race 3				Race 4						
1	71	Ryan LESS-U17M	Cwmbran Harriers	23.90	1	111	Navid CHILDS-SM	Thames Vally Harriers	23.42	1	58	Christopher STONE-U20M	Bristol and West AC	23.45
2	118	Rhys GRANVILLE-SM	Carmarthen Harriers	24.51	2	32	Peter CONWAY-U20M	Cornwall AC	24.32	2	54	Edward LAMTZOS-SM	Newport Harriers	24.47
3	61	Jacob WEEKS-U20M	Taunton AC	26.47	3	57	Sion HINKSMAN-U17M	Aberdare VAAC	25.47	3	152	Ben MCEWAN-U20M	Newport Harriers	25.18
4					4					4				
				Race 5				Race 6						
1	100	Rob PHILLIPS-U20M	Yate & District AC	23.91	1	114	Matthew COLLINS-U20M	Barry & Vale Harriers	23.47	1	122	Jonathon HOBBS-U20M	Cardiff AAC	52.16
2	50	Jordan MORRIS-SM	Plymouth Athletics	24.41	2	70	Ryan JAMES-SM	Cwmbran Harriers	25.10	2	118	Rhys GRANVILLE-SM	Carmarthen Harriers	52.27
3	86	Jack DYER-U17M	Bristol and West AC	24.73	3	66	Jack DUNN-U20M	Cwmbran Harriers	25.10	3	114	Matthew COLLINS-U20M	Barry & Vale Harriers	52.29
4					4					4	70	Ryan JAMES-SM	Cardiff AAC	55.53
				Race 7				Race 8						
1	114	Matthew COLLINS-U20M	Barry & Vale Harriers	23.47	1	120	Kyran ROBERTS-U17M	Carmarthen Harriers	52.98	1	120	Kyran ROBERTS-U17M	Carmarthen Harriers	52.98
2	70	Ryan JAMES-SM	Cardiff AAC	24.89	2	76	Stephan MORRIS-SM	FDSW	53.40	2	76	Stephan MORRIS-SM	FDSW	53.40
3	66	Jack DUNN-U20M	Cwmbran Harriers	25.10	3	46	Chris MARSHALL-SM	UWIC	53.53	3	46	Chris MARSHALL-SM	UWIC	53.53
					4	33	Neil TUNSTALL-MM	Cornwall AC	56.57	4	33	Neil TUNSTALL-MM	Cornwall AC	56.57

AC Record - Matthew ELIAS, (Wales), 47.39, Cardiff 10.02.2002

Welsh Record - Jamie BAULCH, Cardiff AAC, 45.39, Birmingham, England

Event T15, SM, 400m

				Race 1				Race 2						
Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf
1	191	Matthew ANTONIAZZI-U20M	Cwmbran Harriers	51.53	1	122	Jonathon HOBBS-U20M	Cardiff AAC	52.16	1	120	Kyran ROBERTS-U17M	Carmarthen Harriers	52.98
2	102	Matt MUGGERIDOE-SM	Yate & District AC	52.48	2	118	Rhys GRANVILLE-SM	Carmarthen Harriers	52.27	2	76	Stephan MORRIS-SM	FDSW	53.40
3	38	Adam MCCARTHY-SM	UWIC	52.81	3	114	Matthew COLLINS-U20M	Barry & Vale Harriers	52.29	3	46	Chris MARSHALL-SM	UWIC	53.53
4	98	Yesper ADAMS-U20M	Cheltenham	52.94	4	70	Ryan JAMES-SM	Cardiff AAC	55.53	4	33	Neil TUNSTALL-MM	Cornwall AC	56.57
				Race 3				Race 4						
1	121	Mark BERRIDGE-SM	Basingstoke & Mid Mants	51.19	1	120	Kyran ROBERTS-U17M	Carmarthen Harriers	52.98	1	120	Kyran ROBERTS-U17M	Carmarthen Harriers	52.98
2	119	Joshua EVANS-U17M	Yate & District AC	51.90	2	76	Stephan MORRIS-SM	FDSW	53.40	2	76	Stephan MORRIS-SM	FDSW	53.40
3	32	Peter CONWAY-U20M	Cornwall AC	52.65	3	46	Chris MARSHALL-SM	UWIC	53.53	3	46	Chris MARSHALL-SM	UWIC	53.53
4	99	Carsten ADAMS-U20M	Cheltenham	55.38	4	33	Neil TUNSTALL-MM	Cornwall AC	56.57	4	33	Neil TUNSTALL-MM	Cornwall AC	56.57
				Race 5				Race 6						
1	105	Sam PETERS-SM	Uni of Plymouth	50.70	1					1				
2	116	Ryan COOPER-U17M	Cardiff AAC	54.87	2					2				
3	109	Ryan HAMPSON-U17M	Stroud	55.91	3					3				
4	106	Thomas HUNTER-U17M	Stroud	57.14	4					4				



## Senior Men Track

**AC Record - Mark ENGLISH, (Ireland), 01:48.63, Cardiff , 2010****Welsh Record - James WATKINS, Cardiff AAC, 01:47.23, Moscow,R****Event T31, SM, 800m**

				<b>Race 1</b>				<b>Race 2</b>						
Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf
1	159	Carl Thomas HILL-SM	Aberdare VAAC	01:53.64	1	125	Andrew DEAN YOUNG-SM	Bristol and West AC	01:59.20	1	125	Andrew DEAN YOUNG-SM	Bristol and West AC	01:59.20
2	182	Elliot SLADE-U20M	Cardiff AAC	01:54.68	2	120	Kyran ROBERTS-U17M	Carmarthen Harriers	02:00.18	2	120	Kyran ROBERTS-U17M	Carmarthen Harriers	02:00.18
3	175	Andrew DE-CAMPS-SM	Gloucester AC	01:56.15	3	186	Patrick TARRY-SM	Stroud	02:00.20	3	186	Patrick TARRY-SM	Stroud	02:00.20
4	170	Dave RAGAN-SM	Basingstoke & Mid Mants	01:56.99	4	176	William HARTLEY-SM	Bristol University	02:01.50	4	176	William HARTLEY-SM	Bristol University	02:01.50
5	76	Stephan MORRIS-SM	FDSW	01:59.46	5	173	Peter WATKEYS-SM	Basingstoke & Mid Mants	02:03.90	5	173	Peter WATKEYS-SM	Basingstoke & Mid Mants	02:03.90
6	180	Chris PROTHERO-SM	Unattached	01:59.63	6	136	Alex PILLOW-SM	University Of bath AC	02:05.80	6	136	Alex PILLOW-SM	University Of bath AC	02:05.80
					7	152	Ben MCEWAN-U20M	Newport Harriers	02:11.54	7	152	Ben MCEWAN-U20M	Newport Harriers	02:11.54
					8	179	Jacob ZENNADI-U20M	Cwmbran Harriers	02:14.69	8	179	Jacob ZENNADI-U20M	Cwmbran Harriers	02:14.69

**AC Record - Stephen DAVIES, (Wales), 03:41.25, Cardiff 2009****Welsh Record - James THIE, Cardiff AAC, 03:38.69, Birmingham,En****Event T21, Male, 1500m**

Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf
1	151	Steve DAVIES-SM	Unattached	03:42.39	1	134	Andrew WOODS-SM	Bristol and West AC	04:01.54
2	137	Steve MITCHELL-SM	Bristol and West AC	03:43.65	2	117	Jim NORRIS-U20M	UWIC	04:03.65
3	149	Tom CURR-SM	Stroud	03:44.83	3	146	Halliwell BRET-U20M	Stroud	04:04.51
4	144	Joe THOMAS-SM	Cardiff AAC	03:47.55	4	155	Zak JOBIAS-U20M	Bristol and West AC	04:10.72
5	157	Adam BITCHELL-SM	UWIC	03:47.55	5	143	Adam DAVIES-SM	Newport Harriers	04:11.50
6	150	Thomas PURNELL-U20M	Stroud	03:49.38	6	165	Joe ALLEN-SM	Bridport Runners	04:17.53
7	147	Chris GOWELL-SM	Swansea Harriers	03:49.56	7	156	Paaman MORRIS-U20M	Cardiff AAC	04:29.27
8	132	Michael KERSHAW-SM	Cardiff AAC	03:52.61	8	154	David BEDWELL-SM	Bristol and West AC	04:44.58
9	148	Jonothon MORGAN-SM	UWIC	03:59.18	9				
10	162	William PAULSON-U20M	Stroud	04:06.02	10				

**AC Record - Rob WHALLEY, (England), 07:53.63, Cardiff, 2000****Welsh Record - Ian HAMER, Swansea Harriers, 07:51.49, Birmingh****Event T29, Male, 3000m**

Pos	Bib	Athlete	Club	Perf
1	166	Ander RUSSELL-SM	Stroud	08:24.84
2	177	Daniel STUDLEY-SM	Bristol and West AC	08:53.87
3	138	Matthew EMERY-SM	Rugby & Northampton	09:17.51
4	172	Nicholas ROSE-SM	Bristol and West AC	10:00.49
5	153	Tyrone FOWLER-SM	Newport Harriers	10:28.39
6	192	Huw ROBERTS-SM	Bridgend AC	10:58.55

**AC Record - Colin JACKSON, Wales, 7.60, 2002****Welsh Record - Colin JACKSON , Brecon AC, 7.30, 1994****Event T1, SM, 60m Hurdles**

Pos	Bib	Athlete	Club	Perf
1	64	Oliver JEFFERIES-SM	Bristol University	8.73
2	31	Tyron BLAKE-U20M	Unattached	8.74
2	33	Neil TUNSTALL-MM	Cornwall AC	9.10



## Masters

**AC Record - Doug TURNER, (Wales), 20.92, Cardiff 2002****Welsh Record - Christian MALCOLM, Cardiff AAC, 20.54, Ghen****Event T23, Master Men, 200m**

				<b>Race 1</b>					<b>Race 2</b>
<b>Pos</b>	<b>Bib</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>	<b>Pos</b>	<b>Bib</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>
1	1	Craig RUSSELL-M35	Newport Harriers	25.59	1	3	Keith POWELL-M50	Newport Harriers	27.29
2	2	Nick TAYLOR-M40	Newport Harriers	25.60	2	5	Malcolm COWTON-M50	Yate & District AC	28.40
3					3	4	Duncan STEWARD-M50	Yeovil Olympians	30.13
				<b>Race 3</b>					<b>Race 4</b>
1	6	Rod HOWE-M60	Cardiff AAC	30.33	1	10	John EVANS-M75	Rugby & Northampton	36.53
2	7	Mel JAMES-M65	Les Croupiers RC	31.77	2	9	Malcolm FARNHAM-M70	Les Croupiers RC	37.19
3	8	Barrie ROBERTS-M65	Bournville	38.45	3	11	Hubert DANIELS-M80	Swansea Harriers	41.19

**AC Record - Mark ENGLISH, (Ireland), 01:48.63, Cardiff , 2010****Welsh Record - James WATKINS, Cardiff AAC, 01:47.23, Moscc****Event T35, Master Men, 800m**

				<b>Race 1</b>
<b>Pos</b>	<b>Bib</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>
1	12	David GOODGER-M35	Newport Harriers	02:04.97
2	14	Anthony POWELL-M40	Neath Harriers	02:06.09
3	15	Brett DAVIES-M45	Newport Harriers	02:11.40
4	13	Rob SAGE-M35	Les Croupiers RC	02:11.88
5	17	Phil CRANE-M50	Neath Harriers	02:12.24
6	18	Paul BEVAN-M50	Cardiff AAC	02:14.03
7	19	Gordan WHITTLESTONE-M60	City of Sheffield AC	02:35.67
8	8	Barrie ROBERTS-M65	Bournville	03:06.84



## U17M-U15B-U13B Track

**AC Record - Not Recognised at this age group****Welsh Record - Tim BENJAMIN, Cardiff AAC, 6.93, Birmingham,Eng 1998****Event T10, U17M, 60m**

Pos	Bib	Athlete	Club	Race 1 Perf
1	51	Thomas WILLIAMS-U17M	Barry & Vale Harriers	7.35
2	71	Ryan LESS-U17M	Cwmbran Harriers	7.38
3	74	Aled PRICE-U17M	Carmarthen Harriers	7.51
4	57	Sion HINKSMAN-U17M	Aberdare VAAC	7.53
5	86	Jack DYER-U17M	Bristol and West AC	7.61
6	66	Jack DUNN-U20M	Cwmbran Harriers	7.73
7	48	Samual HUGHS-U17M	Cwmbran Harriers	7.97

**AC Record - Not Recognised at this age group****Welsh Record - Andrew WATKINS, Pontypridd AC, 7.06, Birmingham,Eng****Event T8, U15B, 60m**

Pos	Bib	Athlete	Club	Race 1 Perf
1	77	Tom REYNOLDS-U17M	Cwmbran Harriers	7.58
2	44	Harry HILLMAN-U15	Cardiff AAC	7.95
3	60	Khan FAGAN-U20M	Bristol and West AC	8.10
4	81	Rhys ROBERTS-U15B	Bridgend AC	8.46

**AC Record - Not Recognised at this age group****Welsh Record - Sion ROBERTS, Wrexham AC, 7.95, Manchester,Eng 2010****Event T6, U13B, 60m**

Pos	Bib	Athlete	Club	Race 1 Perf
1	84	Ceirrion HOPKINS-U13B	Neath Harriers	8.45
2	45	Samuel WINK-U13B	Cardiff AAC	8.57
3	49	Euan MORGAN WILLIAMS-U13B	Bridgend AC	8.74
4	78	Deio HUGHS-U13B	Cardiff AAC	8.95
5	29	Adam GREY-U13B	Cwmbran harriers	9.44
6	73	Jaquan MOORE-U13B	Norwich AC	9.64
7	83	Jack FOWLER-U13B	Cwmbran Harriers	10.30

**AC Record - Not Recognised at this age group****Welsh Record - Scott EDWARDS, Derby AC, 02:22.04, Cardiff, 2007****Event T39, U13B, 800m**

Pos	Bib	Athlete	Club	Race 1 Perf
1	96	James VINCENT-U13B	Cardiff AAC	02:33.63
2	45	Samuel WINK-U13B	Cardiff AAC	02:44.27
3	29	Adam GREY-U13B	Cwmbran harriers	02:53.23
4	185	Daniel MAMMOND-U13B	Cwmbran Harriers	02:54.19
5	184	Josh GREENSLADE-U13B	Cwmbran Harriers	02:55.62

**AC Record - Not Recognised at this age group****Welsh Record - Elliot SLADE, Cardiff AAC, 01:57.62, Cardiff, 2011****Event T37, U17M, 800m**

Pos	Bib	Athlete	Club	Race 1 Perf
1	158	Declan MORRIS-U17M	Cardiff AAC	02:10.82

**AC Record - Not Recognised at this age group****Welsh Record - Daniel CHESWORTH, Newport Harriers, 02:04.54, Birmingl****Event T38, U15B, 800m**

Pos	Bib	Athlete	Club	Race 1 Perf
1	178	Nikita NEARY-U15B	Carmarthen Harriers	02:06.02
2	68	Elliot DUNN-U15B	Cwmbran Harriers	02:34.26

**Race 2**

Pos	Bib	Athlete	Club	Race 2 Perf
1	135	Oliver JACKSON-U13B	Cardiff AAC	02:51.49
2	183	Jamie GREENSLADE-U13B	Cwmbran Harriers	02:59.17
3	169	Daniel PEMBORTON-U13B	Cardiff Archers	03:04.86
4	83	Jack FOWLER-U13B	Cwmbran Harriers	03:05.60



## Male Field Results

**AC Record - Brendan REILLY / Samson ONI/Robbie GRABARZ, Ireland/England/Eng** **AC Record - Not Recognised at this age group****Welsh Record - Robert MITCHELL , Sale Harriers Manchester, 2.24, 2009****Welsh Record - Andrew MCIVER/John HILL, Cardiff AAC/Solihull, 2.15, Cosfo**

Event F25, SM, High Jump

Event F26, U20M, High Jump

Pos	Bib	Athlete	Club	Perf
1	39	Ian ALLEN-SM	Exeter	1.73

Pos	Bib	Athlete	Club	Perf
1	74	Aled PRICE-U17M	Carmarthen Harriers	1.76

**AC Record - Paul WILLIAMSON/Nick BUCKFIELD, England, 5.50, 2000/2002****AC Record - Paul WILLIAMSON/Nick BUCKFIELD, England, 5.50, 2000/2002****Welsh Record - Scott SIMPSON , Birchfield Harriers, 5.42, 2007****Welsh Record - Scott SIMPSON , Birchfield Harriers, 5.42, 2007**

Event F22, SM, Pole Vault

Event F24, Master Men, Pole Vault

Pos	Bib	Athlete	Club	Perf
1	130	Luke BAILEY-SM	UWIC/Bristol and West	4.26
2=	131	Neil PRICE-SM	Yeovil Olympians	3.96
2=	30	Emyr JONES-SM	Carmarthen Harriers	3.96
4	37	Stuart RICHARDS-SM	Yeovil Olympians	3.06
5	127	Rob MCGREGOR-SM	Bridgend AC	NHR

Pos	Bib	Athlete	Club	Perf
1	140	Glyn PRYCE-SM	Swansea Harriers	3.96
2	3	Keith POWELL-M50	Newport Harriers	2.96
3	20	John HOWE-M70	Rhondda AC	NHR

**AC Record - Not Recognised at this age group****AC Record - Gable GARENAMOTSE, Botswana, 8.01, 2002****Welsh Record - Neil WINTER, Shaftesbury, 5.10, Birmingham,Eng 1992****Welsh Record - Lynn DAVIES , Roath H, Cardiff, 7.97, 1966**

Event F23, U20M, Pole Vault

Event F29, SM, Long Jump

Pos	Bib	Athlete	Club	Perf
1	139	Lewis NEWTON-U20M	UWIC	4.46
2	129	David CALLAN-U20M	Cardiff AAC	4.06
3	145	Stephan SCARFI-U20M	Cwmbran Harriers	3.96
4	128	Lewis PREECE-U17M	Swansea Harriers	3.66
5	87	Jack SNOOK-U20M	Wimbourne	3.56
6	133	Joshua HOLLISEY-MCLEAN-U17	Swansea Harriers	2.96

Pos	Bib	Athlete	Club	Perf
1	79	Adam WILLIAMS-SM	UWIC	6.60
2	90	Phil WARWICKER-SM	UWIC	6.28
3	161	Chris CLAYDON-SM	UWIC	6.12
4	160	Steven JEFFREYS-SM	Brecon AC	6.11
5	50	Jordan MORRIS-SM	Plymouth Athletics	5.75

**AC Record - Not Recognised at this age group****AC Record - Not Recognised at this age group****Welsh Record - David GUEST, Bridgend , 7.33, Bompas,Fr 2010****Welsh Record - Scott HERBERT, Milton Keynes, 6.90, Cosford,Eng 1990**

Event F30, U20M, Long Jump

Event F19, U17M, Long Jump

Pos	Bib	Athlete	Club	Perf
1	34	Jay HUSSAINI-U20M	Cornwall AC	5.62
2	98	Yesper ADAMS-U20M	Cheltenham	5.35
3				

Pos	Bib	Athlete	Club	Perf
1	94	Josh DAVIES-U17M	Pembrokeshire	5.94
2	48	Samual HUGHS-U17M	Cwmbran Harriers	5.10
3	93	Kyle ARNOLD-U17M	Newport Harriers	5.02

**AC Record - Not Recognised at this age group****AC Record - Not Recognised at this age group****Welsh Record - Lloyd ROBBINS, Deeside, 6.16, Birmingham,Eng 2010****Welsh Record - Kierran COOPER, Wrexham AAC, 4.92, Cardiff 2008**

Event F20, U15B, Long Jump

Event F21, U13B, Long Jump

Pos	Bib	Athlete	Club	Perf
1	112	Wojtek DZIAMGKI-U15B	Stroud	4.16
2	44	Harry HILLMAN-U15	Cardiff AAC	5.00
3	81	Rhys ROBERTS-U15B	Bridgend AC	4.75

Pos	Bib	Athlete	Club	Perf
1	96	James VINCENT-U13B	Cardiff AAC	4.21
2	78	Deio HUGHS-U13B	Cardiff AAC	3.68
3	84	Ceirriion HOPKINS-U13B	Neath Harriers	4.48
4	73	Jaquan MOORE-U13B	Norwich AC	3.41
5	83	Jack FOWLER-U13B	Cwmbran Harriers	2.90
6	29	Adam GREY-U13B	Cwmbran harriers	3.56
7	107	Thomas ATKINSON-U15B	Cardiff AAC	3.77
8	49	Euan MORGAN WILLIAMS-U	Bridgend AC	2.99
9	135	Oliver JACKSON-U13B	Cardiff AAC	3.05
10	141	Brynmor CLEMENTS-U17M	Swansea Harriers	3.09
11	103	Marcus SMITH-U15B	Bridgend AC	2.40

**AC Record - Julian GOLLEY, (England), 16.05, Cardiff 2001****AC Record - Julian GOLLEY, (England), 16.05, Cardiff 2001****Welsh Record - Steven SHALDERS, Cardiff AAC, 16.39, Sheffield,Eng 2006****Welsh Record - Steven SHALDERS, Cardiff AAC, 16.39, Sheffield,Eng 2006**

Event F9, SM, Triple Jump

Event F11, Master Men, Triple Jump

Pos	Bib	Athlete	Club	Perf
1	104	Theo CAMPBELL-SM	Bristol and West AC	14.94
2	111	Navid CHILDS-SM	Thames Vally Harriers	14.90
3	82	Alex EZECHI-OBIAKO-SM	Cardiff AAC	14.29
4	79	Adam WILLIAMS-SM	UWIC	13.96
5	90	Phil WARWICKER-SM	UWIC	13.41
6	97	Matt WRIGHT-SM	Cheltenham	11.58

Pos	Bib	Athlete	Club	Perf
1	22	Dave SHIELDS-M50	Reading	9.87
2	4	Duncan STEWARD-M50	Yeovil Olympians	9.60
3	10	John EVANS-M75	Rugby & Northampton	7.57



## Male Field Results

**AC Record - Not Recognised at this age group****Welsh Record - Steven SHALDERS, Cardiff AAC, 15.45, Birmingham, Eng 1999**

Event F10, U20M, Triple Jump

Pos	Bib	Athlete	Club	Perf
1	88	Max NETHERLOTT-U17M	Unattached	11.40
2	124	Gage FRANCIS-U17M	Cardiff AAC	11.26
3	93	Kyle ARNOLD-U17M	Newport Harriers	11.24
4	48	Samual HUGHS-U17M	Cwmbran Harriers	11.16

**AC Record - Not Recognised at this age group****Welsh Record - Mathew EVANS, Carmarthen Harriers, 15.69, Cardiff 2003**

Event F35, U15B, Shot (4.00kg)

Pos	Bib	Athlete	Club	Perf
1	163	Jordan BRUANT-U15B	Newport Harriers	8.64
2	44	Harry HILLMAN-U15	Cardiff AAC	8.48
3	164	Jamie BRYANT-U15B	Newport Harriers	7.81

**AC Record - Garrett JOHNSON, USA, 19.00, 2007****Welsh Record - Saun PICKERING, Haringey AC, 19.10, 1996**

Event F7, SM, Shot (7.26kg)

Pos	Bib	Athlete	Club	Perf
1	67	Ryan SPENCER-JONES-SM	Unattached	17.43

**AC Record - Not Recognised at this age group****Welsh Record - Mathew EVANS, Carmarthen Harriers, 13.26, Carmarthen 20**

Event F36, U13B, Shot (3.25kg)

Pos	Bib	Athlete	Club	Perf
1	78	Deio HUGHS-U13B	Cardiff AAC	6.73
2	167	Scott HILL-U13B	Swansea Harriers	6.52
3	141	Brynmor CLEMENTS-U17M	Swansea Harriers	6.51
4	73	Jaquan MOORE-U13B	Norwich AC	6.45
5	96	James VINCENT-U13B	Cardiff AAC	5.18
6	169	Daniel PEMBORTON-U13B	Cardiff Archers	5.01
7	135	Oliver JACKSON-U13B	Cardiff AAC	4.84



## Female Track Results

AC Record - Joice MADUAKA, England, 7.28, 2002

Welsh Record - Carman SMART, Cardiff AAC, 7.34, 1990

Event T20, SW, 60m Final

Pos	Bib	Athlete	Club	Perf
1	322	Zara GEORGE-SW	UWIC/Cardiff AAC	7.73
2	278	Rhiannon JEFFREYS-U20W	Neath	8.13
3	284	Hannah WILLIAMS-SW	Bristol & West AC	8.20
4	286	Claire WILLIAMS-SW	Cwmbran Harriers	dns
5	312	Rhiannon YATES-SW	UWIC/Cardiff AAC	dns
6	314	Steffi WILSON-U20W	Poole AC	dns
7	256	Rebecca BROWN-U20W	Exeter Harriers	dns
8				

AC Record - Not Recognised at this age group

Welsh Record - Lisa ARMSTRONG, Torfaen, 7.48, Cosford,Eng

Event T14, SW, 60m

fastest 8 SW &amp; U20 to FINAL

Race 1

Pos	Bib	Athlete	Club	Perf	q
1	322	Zara GEORGE-SW	UWIC/Cardiff AAC	7.69	q
2	312	Rhiannon YATES-SW	UWIC/Cardiff AAC	7.74	q
3	286	Claire WILLIAMS-SW	Cwmbran Harriers	8.09	q
4	284	Hannah WILLIAMS-SW	Bristol & West AC	8.20	q
5	268	Sarah EVANS-SW	Swansea Harriers	8.53	
6	275	Jessica PETERSON-SW	UWIC/Deeside AAC	8.90	
7	308	Jenny MCLOUGNLIN-SW	Cardiff University	9.23	

Event T11, U20W, 60m

Race 2

Pos	Bib	Athlete	Club	Perf	q
1	314	Steffi WILSON-U20W	Poole AC	7.81	q
2	295	Sian SWANSON-U20W	UWIC/Swansea	8.06	q
3	278	Rhiannon JEFFREYS-U20W	Neath	8.14	q
4	256	Rebecca BROWN-U20W	Exeter Harriers	8.23	q
5	271	Lamorna NEWMAN-U20W	Cornwall	8.38	
6	313	Gwenllian WILLIAMS-U20W	UWIC/Cardiff AAC	8.52	
7	297	Katie NASH-U20W	Brigend AC	9.03	
8					

AC Record - Amy SPENCER, (England), 23.74, Cardiff 2009

Welsh Record - Catherine MURPHY, Shaftesbury, 23.35, Birmingham,En

Event T27, SW, 200m

Race 1

Pos	Bib	Athlete	Club	Perf
1	313	Gwenllian WILLIAMS-U20W	UWIC/Cardiff AAC	26.95
2	339	Lara DURRANI-U17W	Cardiff AAC	27.06
3	328	Hayley STEWARD-SW	Yeovil Olympiads	29.65

Race 3

1	278	Rhiannon JEFFREYS-U20W	Neath	26.73
2	326	Lucy HAMMETT-U20W	Swansea Harriers	28.63
3	332	Jessica ROBINS-U17W	Stroud AC	28.64
4	251	Lolita BYFIELD-MOORE-W45	Cardiff AAC	28.73

AC Record - Catherine MURPHY, (Wales), 52.54, Cardiff 2.02.2002

Welsh Record - Catherine MURPHY, Shaftesbury, 51.74, Birmingham,En

Event T17, SW, 400m

Race 1

Pos	Bib	Athlete	Club	Perf
1	300	Megan ROGERS-U20W	UWIC/Wrexham AC	58.56
2	338	Danielise COCKING-SW	Unattached	61.09
3	326	Lucy HAMMETT-U20W	Swansea Harriers	63.36
4	334	Emily MORRIS-U20W	Swansea Harriers	66.04

AC Record - Jemma SIMPSON, (England), 02:03.66, Cardiff 201

Welsh Record - Hayley PARRY, Swansea, 02:01.52, Birmingham

Event T33, SW, 800m

#REF!

Pos	Bib	Athlete	Club	Perf
1	348	Sophie TYERS-SW	Bath University	02:18.82
2	350	Chloe ANDERSON-SW	UWIC	02:19.29
3	352	Majidan HARB-U20W	Cardiff AAC	02:29.41
4	355			02:32.82

AC Record - Gemma TURTLE, (England), 04:14.06, Cardiff 2010

Welsh Record - Hayley TULLETT, Swansea, 04:05.63, Stockholm,Sweder

Event T22, Female, 1500m

Pos	Bib	Athlete	Club	Perf
1	343	Bethan STRANGE-SW	Cardiff AAC	04:36.68

AC Record - Diane ALLAHGRREN, England, 8.01, 2002

Welsh Record - Kay MORLEY-BROWN, Cardiff AAC, 8.16, 1992

Event T3, SW, 60m Hurdles

Pos	Bib	Athlete	Club	Perf
1	257	Lauren O'REILLY-SW		9.02
2	270	Hannah JACKSON-SW	Yate & District AC	10.92

AC Record - Diane ALLAHGRREN, England, 8.01, 2002

Welsh Record - Bethan EDWARDS, Cardiff, 8.47, Birmingham,

Event T4, U20W, 60m Hurdles

Pos	Bib	Athlete	Club	Perf
1	256	Rebecca BROWN-U20W	Exeter Harriers	8.98
2	300	Megan ROGERS-U20W	UWIC/Wrexham AC	9.43



## U17W-U15G-U13G RESULTS

**AC Record - Not Recognised at this age group****Welsh Record - Lisa ARMSTRONG, Torfaen, 7.56, Cosford, Eng 1!****Event T9, U17W, 60m**

				Race 1
Pos	Bib	Athlete	Club	Perf
1	274	Anicia SKEATES-U17W	North Somerset AC	8.24
2	310	Yemma SONGU-U17W	Bristol & West AC	8.25
3	279	Abigail BARTON-U17W	Yeovil Olympiads	8.34
4	311	Alyssa SMALL-U17W	Bristol & West AC	8.38
5	280	Ziana AZARIAH-U17W	Yeovil Olympiads	8.67
6	315	Charlotte EVANS-U17W	Cwmbran Harriers	8.90

**AC Record - Not Recognised at this age group****Welsh Record - Hannah BRIER, Swansea, 7.75, Birmingham, Eng****Event T7, U15G, 60m**

				Race 1
Pos	Bib	Athlete	Club	Perf
1	296	Sophie THOMAS-U15G	North Somerset AC	8.52
2	261	Jodie BEYNON-U15G	Blaenau Gwent AC	8.58
3	287	Millicent FAKANDE-U15G	Cwmbran Harriers	8.69
4	301	Eve WILLIAMS-U15G	Cwmbran Harriers	8.78
5	289	Henrietta EBBS-U15G	Yate & District AC	8.78
6	316	Leoni STEVENS-U15G	Brigend AC	8.88
7	290	Ellie MATTHEWS-U15G	Cwmbran Harriers	9.05

**AC Record - Not Recognised at this age group****Welsh Record - Hannah BRIER, Swansea, 8.2/8.23, Cardiff, 200!****Event T5, U13G, 60m**

				Race 1
Pos	Bib	Athlete	Club	Perf
1	299	Catrin LORD-U13G	Cardiff AAC	9.02
2	285	Rebecca CHICK-U13G	Cwmbran Harriers	9.25
3	283	Emily THOMAS-U13G	Cardiff AAC	9.43
4	273	Chloe HOPKINS-U13G	Swansea Harriers	9.78
5	303	Jasmine DUNN-U13G	Cwmbran Harriers	10.27
6	292	Dori DOBBS-U13G	Blaenau Gwent AC	11.00
7	294	Molly PALIN-U13G	Blaenau Gwent AC	11.10

				Race 3
Pos	Bib	Athlete	Club	Perf
1	288	Gabrielle FAKANDE-U13G	Cwmbran Harriers	9.09
2	305	Macey JONES-U13G	Cwmbran Harriers	9.26
3	317	Hannah PACHUTA-U13G	Brigend AC	9.42
4	302	Isobel WILLIAMS-U13G	Cwmbran Harriers	9.74
5	329	Zoe HAMM-U13G	Brigend AC	9.87
6	306	Meriel CLODE-U13G	Brigend AC	10.17

**AC Record - Not Recognised at this age group****Welsh Record - Jade WILLIAMS, Amman V, 02:11.68, Cardiff 2009****Event T40, U17W, 800m**

				Race 1
Pos	Bib	Athlete	Club	Perf
1	349	Elin LEWIS-U17W	Cwmbran Harriers	02:38.20

**AC Record - Not Recognised at this age group****Welsh Record - Lauren BELL, Pembroke, 02:15.32, Birmingham, Eng****Event T41, U15G, 800m**

				Race 1
Pos	Bib	Athlete	Club	Perf
1	347	Olivia TURLEY-U15G	Cwmbran Harriers	02:39.41
2	354	Kelsey RABAIOTTI-U13G	Swansea Harriers	03:02.49
3	277	Eleanor STEPHENSON-WILDING-U15G	Cardiff AAC	03:12.88

				Race 2
Pos	Bib	Athlete	Club	Perf
1	307	Rosie HAINING-U13G	Aberdare VAAC	8.84
2	325	Isabella PARSELLE-U13G	Bristol & West AC	8.87
3	319	Rhiannon MAINE-U13G	Swansea Harriers	9.06
4	320	Lauren EVANS-U13G	Cardiff ACC	9.23
5	291	Issy BREEDON-U13G	Unattached	9.33
6	293	Bethan POWELL-U13G	Blaenau Gwent AC	9.67

**AC Record - Not Recognised at this age group****Welsh Record - Lora ROBERTS, Bridgend, 02:24.99, Cardiff 2007****Event T42, U13G, 800m**

				Race 1
Pos	Bib	Athlete	Club	Perf
1	353	Isobel DODD-U13G	Brigend AC	02:39.17
2	351	Abigail FISHER-U13G	Blaenau Gwent AC	02:42.08
3	273	Chloe HOPKINS-U13G	Swansea Harriers	03:04.01
4	337	Megan STRATTON-THOMAS-U13G	Swansea Harriers	03:11.83
5	292	Dori DOBBS-U13G	Blaenau Gwent AC	03:36.83
6	294	Molly PALIN-U13G	Blaenau Gwent AC	03:39.20



## Female Field Results

**AC Record - Susan JONES, (England), 1.90, Cardiff 2002****Welsh Record - Julie CRANE, Sale, 1.90, Otterberg, Ger 2004/Loughborough, Er****Event F27, SW, High Jump**

Pos	Bib	Athlete	Club	Perf
1	257	Lauren O'REILLY-SW		1.65
2	318	Rachel SPOONER-SW	Uni of Plymouth	1.55
3				

**AC Record - Not Recognised at this age group****Welsh Record - Rebecca JONES, Wrexham, 1.86, Cardiff 2002****Event F28, U20W, High Jump**

Pos	Bib	Athlete	Club	Perf
1	295	Sian SWANSON-U20W	UWIC/Swansea	1.60
2	334	Emily MORRIS-U20W	Swansea Harriers	1.55
3	344	Laura TRIGG-U17W	Cardiff	1.55

**AC Record - Gillian COOKE, Scotland, 6.43, 2008****Welsh Record - Ruth HOWELL, Birchfield, 6.51, 1974****Event F14, SW, Long Jump**

Pos	Bib	Athlete	Club	Perf
1	312	Rhiannon YATES-SW	UWIC/Cardiff AAC	5.88
2	323	Natasha LEWIS-SW	Team Bath AC	5.37
3	257	Lauren O'REILLY-SW		5.27
4	328	Hayley STEWARD-SW	Yeovil Olympiads	4.70
5	275	Jessica PETERSON-SW	UWIC/Deeside AAC	4.21
6	324	Louise CROFT-SW	Bath University	3.86

**AC Record - Not Recognised at this age group****Welsh Record - Nicola SHORT, Torfaen, 5.77, Cosford, Eng 1986****Event F15, U20W, Long Jump**

Pos	Bib	Athlete	Club	Perf
1	340	Ffion REES-U20W	Carmarthen Harriers	5.09
2	271	Lamorna NEWMAN-U20W	Cornwall	4.77

**AC Record - Not Recognised at this age group****Welsh Record - Nicola SHORT, Torfaen, 5.77, Cosford, Eng 1986****Event F16, U17W, Long Jump**

Pos	Bib	Athlete	Club	Perf
1	274	Anicia SKEATES-U17W	North Somerset AC	4.97
2	254	Olivia EVANS-U17W	Cardiff AAC	4.59
3	260	Kate YEOMANS-U20W	Newquay & Par AC	4.49
4	281	Genista JOHNSTON-U17W	Yeovil Olympiads	4.29

**AC Record - Henrietta PAXTON, Birchfield Harriers, 2010****Welsh Record - Rhian CLARKE, Essex Ladies, 4.20, 2001****Event F4, SW, Pole Vault**

Pos	Bib	Athlete	Club	Perf
1	255	Lyndsey MAUND-SW	Swansea Harriers	3.56
2	276	Elinor LEWIS-SW	UWIC/Cardiff AAC	2.66
3	258	Rebecca DAVIES-SW	Deeside AAC	NHR

**AC Record - Not Recognised at this age group****Welsh Record - Sally PEAKE, Birchfield H, 4.21, Cardiff 2011****Event F5, U20W, Pole Vault**

Pos	Bib	Athlete	Club	Perf
1	267	Naomi JAMES-U20W	Swansea Harriers	3.46
2	254	Olivia EVANS-U17W	Cardiff AAC	2.96
3	262	Caitlin ATKINS-U17W	Swansea Harriers	2.66
4	263	Enfys JONES-U20W	Carmarthen Harriers	2.66
5	264	Carys JONES-U15G	Carmarthen Harriers	2.56
6	265	Lucy DALY-U20W	Cardiff AAC	2.56
7	282	Anna BARNES-U15G	Swansea Harriers	2.46
8	266	Shannon LEE-U17W	Swansea Harriers	NHR

**AC Record - Yamile ALDAMA, (Cuba), 14.11, Cardiff 2003****Welsh Record - Sara BARRY, Cardiff, 12.47, Cardiff 2009****Event F1, SW, Triple Jump**

Pos	Bib	Athlete	Club	Perf
1	275	Jessica PETERSON-SW	UWIC/Deeside AAC	8.55

**AC Record - Not Recognised at this age group****Welsh Record - Sally PEAKE, Liverpool, 11.79, Cardiff 2003****Event F2, U20W, Triple Jump**

Pos	Bib	Athlete	Club	Perf
1	271	Lamorna NEWMAN-U20W	Cornwall	10.50
2	269	Bethan HILL-HOWELLS-U17W	Newport	10.26
3	260	Kate YEOMANS-U20W	Newquay & Par AC	10.23
4	281	Genista JOHNSTON-U17W	Yeovil Olympiads	8.89

**AC Record - Not Recognised at this age group****Welsh Record - Sara OTUNG, Cardiff, 5.51, Cardiff 2008****Event F17, U15G, Long Jump**

Pos	Bib	Athlete	Club	Perf
1	287	Millicent FAKANDE-U15G	Cwmbran Harriers	4.45
2	316	Leoni STEVENS-U15G	Brigend AC	3.78
3	298	Zoe NASH-U15G	Brigend AC	4.40



## Female Field Results

## AC Record - Not Recognised at this age group

Welsh Record - Chloe HUGHES, Deeside, 4.61, Cardiff 2011

Event F18, U13G, Long Jump

Pos	Bib	Athlete	Club	Perf
1	320	Lauren EVANS-U13G	Cardiff ACC	4.00
2	305	Macey JONES-U13G	Cwmbran Harriers	3.93
3	299	Catrin LORD-U13G	Cardiff AAC	3.90
4	317	Hannah PACHUTA-U13G	Brigend AC	3.88
5	283	Emily THOMAS-U13G	Cardiff AAC	3.86
6	288	Gabrielle FAKANDE-U13G	Cwmbran Harriers	3.74
7	336	Caitlin EXTON-U15G	Cardiff AAC	3.60
8	335	Katy GREEN-U13G	Cardiff AAC	3.48
9	291	Issy BREEDON-U13G	Unattached	3.46
10	337	Megan STRATTON-THOMAS-U13G	Swansea Harriers	3.40
11	273	Chloe HOPKINS-U13G	Swansea Harriers	3.09
12	329	Zoe HAMM-U13G	Brigend AC	2.91
13	292	Dori DOBBS-U13G	Blaenau Gwent AC	2.80
14	333	Erin PHILLIP-U13G	Cardiff Athletic Archers	2.79
15	293	Bethan POWELL-U13G	Blaenau Gwent AC	2.75
16	294	Molly PALIN-U13G	Blaenau Gwent AC	2.41
17	303	Jasmine DUNN-U13G	Cwmbran Harriers	2.39

## AC Record - Not Recognised at this age group

Welsh Record - Jayne BERRY, Brecon AC, 14.54, Cosford,Eng 1989

Event F13, U20W, Shot (4.00kg)

Pos	Bib	Athlete	Club	Perf
no athletes				

## AC Record - Not Recognised at this age group

Welsh Record - Adele NICOLL, Birchfield Harriers, 13.56, Cardiff 2011

Event F32, U15G, Shot (3.25kg)

Pos	Bib	Athlete	Club	Perf
1	341	Lauren RICHARDS-U15G	Severn	9.95
2	287	Millicent FAKANDE-U15G	Cwmbran Harriers	7.42
3	346	Emily EVANS-U15G	Swansea Harriers	7.19

## AC Record - Not Recognised at this age group

Welsh Record - Mathew EVANS, Carmarthen Harriers, 15.69, Cardiff 2003

Event F35, U15B, Shot (4.00kg)

Pos	Bib	Athlete	Club	Perf
1	163	Jordan BRUANT-U15B	Newport Harriers	8.64
2	44	Harry HILLMAN-U15	Cardiff AAC	8.48
3	164	Jamie BRYANT-U15B	Newport Harriers	7.81

## AC Record - Venissa HEAD, Wales, 19.06, 1984

Welsh Record - Venissa HEAD, Cardiff AAC, 19.06, 1984

Event F12, SW, Shot (4.00kg)

Pos	Bib	Athlete	Club	Perf
1	327	Sarah BENSON-SW	Cardiff University/Bingley	13.19
2	331	Jessica HUDDLESTON-SW	UWIC	10.80
3	342	Gemma YOUNG-U20W	UWIC	10.40
4	328	Hayley STEWARD-SW	Yeovil Olympiads	9.88

## AC Record - Not Recognised at this age group

Welsh Record - Philippa ROLES, Swansea Harriers, 13.68, Birmingham,Eng 199

Event F31, U17W, Shot (4.00kg)

Pos	Bib	Athlete	Club	Perf
1	280	Ziana AZARIAH-U17W	Yeovil Olympiads	7.32
2	332	Jessica ROBINS-U17W	Stroud AC	5.49

## AC Record - Not Recognised at this age group

Welsh Record - Adele NICOLL, Oswestry Olympians, 11.39, Manchester (SC),E

Event F33, U13G, Shot (2.72kg)

Pos	Bib	Athlete	Club	Perf
1	345	Sarah WATKINS-U13G	Neath Harriers	8.59
2	285	Rebecca CHICK-U13G	Cwmbran Harriers	6.79
3	321	Caitlin ARNOLD-U13G	Newport	6.44
4	320	Lauren EVANS-U13G	Cardiff ACC	5.96
5	337	Megan STRATTON-THOMAS-U13G	Swansea Harriers	5.53
6	333	Erin PHILLIP-U13G	Cardiff Athletic Archers	5.01
7	283	Emily THOMAS-U13G	Cardiff AAC	4.88
8	293	Bethan POWELL-U13G	Blaenau Gwent AC	4.39
9	291	Issy BREEDON-U13G	Unattached	3.52

## AC Record - Not Recognised at this age group

Welsh Record - Mathew EVANS, Carmarthen Harriers, 13.26, Carmarthen 200

Event F36, U13B, Shot (3.25kg)

Pos	Bib	Athlete	Club	Perf
1	78	Deio HUGHS-U13B	Cardiff AAC	6.73
2	167	Scott HILL-U13B	Swansea Harriers	6.52
3	141	Brynmor CLEMENTS-U17M	Swansea Harriers	6.51
4	73	Jaquan MOORE-U13B	Norwich AC	6.45
5	96	James VINCENT-U13B	Cardiff AAC	5.18
6	169	Daniel PEMBORTON-U13B	Cardiff Archers	5.01
7	135	Oliver JACKSON-U13B	Cardiff AAC	4.84