

PLEASE ONLY ENTER YOUR ATHLETES BIB NUMBERS IN LEG ORDER
IN COLUMNS LEG 1, LEG 2, LEG 3 AND LEG 4

Event Number		Event Time		Distance
T20		5:36 PM		4 x 100 relay
LEG 1	LEG 2	LEG 3	LEG 4	MALE
				Parc Bryn Bach Running Club
				Parc Bryn Bach Running Club
T19		5:28 PM		4 x 100 relay
LEG 1	LEG 2	LEG 3	LEG 4	FEMALE
				Parc Bryn Bach Running Club
				Parc Bryn Bach Running Club
				4 x 200 relay
LEG 1	LEG 2	LEG 3	LEG 4	MALE
				Parc Bryn Bach Running Club
				Parc Bryn Bach Running Club
				4 x 200 relay
LEG 1	LEG 2	LEG 3	LEG 4	FEMALE
				Parc Bryn Bach Running Club
				Parc Bryn Bach Running Club
				4 x 300 relay
LEG 1	LEG 2	LEG 3	LEG 4	U17W
				Parc Bryn Bach Running Club
				Parc Bryn Bach Running Club
				4 x 400 relay
LEG 1	LEG 2	LEG 3	LEG 4	MALE
				Parc Bryn Bach Running Club
				Parc Bryn Bach Running Club
				4 x 400 relay
LEG 1	LEG 2	LEG 3	LEG 4	FEMALE
				Parc Bryn Bach Running Club
				Parc Bryn Bach Running Club
				Medley Relay
LEG 1	LEG 2	LEG 3	LEG 4	MALE
				Parc Bryn Bach Running Club
				Parc Bryn Bach Running Club
				Medley Relay
LEG 1	LEG 2	LEG 3	LEG 4	FEMALE
				Parc Bryn Bach Running Club
				Parc Bryn Bach Running Club
TEAM MANAGER				

PLEASE HAND THIS TO RESULTS 30 MINUTES PRIOR TO THE FIRST RELAY
ALL THAT IS REQUIRED ARE THE 4 ATHLETES NUMBERS IN LEG ORDER
ATHLETES NUMBERS TO FILL IN THE SPACES CAN BE FOUND AT REGISTRATION OR OFF
THE RESULTS SHEETS