

Fixture 2 @ Neath Sunday 20th May										Season Schedule								
Ev No	Close	Time	Event	Age Groups	Est Races	Ev No	Close	Time	Event	CLUBS FIELD DUTIES	SEN	U20	U17	FIX 1	FIX 2	FIX 3	FIX 4	
T01	12:00	13:00	2k Walk	All	1	F01	10:30	11:30	Discus	Men	Newport Harriers	2.00kg	1.75kg	1.50kg	100m	100m		100m
T02	12:20	13:20	100m	Women	3 or 4	F02	11:15	12:15	Pole Vault	Women	Brecon Athletic Club				200m		200m	200m
T03	12:40	13:40	100m	Men	5 to 6	F03	11:30	12:30	Shot Put	Women	Cardiff ArchersParc Bryn Ba	4.00kg	4.00kg	4.00kg	400m	300m & 400m	300m & 400m	300m & 400m
T04	13:04	14:04	800m	Women	2 to 3	F04	12:22	13:22	Discus	Women	Cardiff AAC	1.00kg	1.00kg	1.00kg	800m	800m		800m
T05	13:20	14:20	110m hurdles	SENM (106.7)	1 or 2	F05	13:00	14:00	Triple Jump	Women	Swansea Harriers					1500m	1500m	1500m
T06	13:24	14:24	110m hurdles	U20M (99.0)	1 or 2	F06	13:00	14:00	Pole Vault	Men	Pembrokeshire Harriers				3000m		3000m	3000m
T07	13:32	14:32	800m	Men	2 to 3	F07	14:26	15:26	Javelin	Women	Barry & Vale Harriers	600g	600g	600g	2K Walk	2K Walk	2K Walk	2K Walk
T08	13:52	14:52	100m hurdles	U17M (91.4)	1	F08	13:45	14:45	Shot Put	Men	Neath Harriers	7.26kg	6.00kg	5.00kg		sp hdl	sp hdl	sp hdl
T09	14:00	15:00	100m hurdles	Women (84.0)	1	F09	14:30	15:30	Triple Jump	Men	Carmarthen Harriers				dist hdl		dist hdl	dist hdl
T10	14:08	15:08	80m Hurdles	U17W (76.2)	1	F10	16:54	17:54	Javelin	Men	Run4All Neath	800g	800g	700g	1.5km S/C		1.5km S/C	1.5km S/C
T11	14:16	15:16	400m	Men	2 to 4	<b>1. Entry Fee £5 per athlete</b> <b>2. Registration closes 1 hour before each start time</b> <b>3. Track events are seeded based on athletes pb's</b> <b>4. Athletes of similar ability (pb's) are seeded equally</b> <b>5. Relay declarations submitted 1 hour prior to event time</b> <b>6. Field events: Athletes throw their age group weights</b> <b>7. Age Groups Score individually</b> <b>8. All age group points are combined for 'Overall Team Score'</b> <b>9. Clubs to supply officials to help on field events</b>								HJ		HJ	HJ	
T12	14:36	15:36	400m	Women	2 to 4									PV	PV		PV	
T13	14:52	15:52	300m	U17W	2 to 3									LJ		LJ	LJ	
T14	15:08	16:08	1500m	Women	1 to 2										TJ	TJ	TJ	
T15	15:18	16:18	1500m	Men	1 to 2									SP	SP		SP	
T16	15:48	16:48	4 x 100 Relay	Women	2									DT	DT		DT	
T17	15:52	16:52	4 x 100 Relay	Men	2										JT	JT	JT	
T18	16:00	17:00	4 x 400 Relay	Women	2									HT		HT	HT	
T19	16:04	17:04	4 x 400 Relay	Men	2													
T20	16:08	17:08	4 x 300 Relay	U17W	1													