

**Fixture 1 @ Cardiff International Sports Campus Sunday 22nd April**

**ATHLETE INFORMATION**

**MATCH 1 FEMALE**

Number Issued

PLEASE PRINT NAME & CLUB CLEARLY FOR ACCURATE RESULTS

FIRST NAME																			
SURNAME																			
CLUB																			

ALL ATHLETES MUST ENTER A CLUB or UNIVERSITY or COLLEGE TO TAKE PART,  
NO ATHLETES ARE PERMITTED TO TAKE PART UNATTACHED

SELECT YOUR AGE GROUP BELOW-(NO U11-U13-U15 ATHLETES ALLOWED)

**U17W**

**U20W**

**SENW**

Entry £5.00

ENTRIES CLOSE 60 MINUTES PRIOR TO EVENT START

**EVENT SELECTION**

**FEMALE TRACK EVENTS**

**FEMALE FIELD EVENTS**

Event	Closes	Time	PB	Event	Closes	Time	PB
100m	13:07	14:07		High Jump	12:00	13:00	
200m	15:15	16:15		Pole Vault	11:30	12:30	
400m	14:35	15:35		Long Jump	14:25	15:25	
800m	14:47	15:47					
				Shot	13:45	14:45	
3000m	12:52	13:52		Discus	15:14	16:14	
2k Walk	11:38	12:38		Hammer	11:30	12:30	
Distance Hdl	12:36	13:36		Field events 4 trials only, except High Jump & Pole Vault			
1.5km S/C	16:03	17:03					

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