

Fixture 1 @ Cardiff International Sports Campus Sunday 22nd April

ATHLETE INFORMATION

MATCH 1 MALE

Number Issued

PLEASE PRINT NAME & CLUB CLEARLY FOR ACCURATE RESULTS

FIRST NAME

SURNAME

CLUB

ALL ATHLETES MUST ENTER A CLUB or UNIVERSITY or COLLEGE TO TAKE PART,
NO ATHLETES ARE PERMITTED TO TAKE PART UNATTACHED

SELECT YOUR AGE GROUP BELOW-(NO U11-U13-U15 ATHLETES ALLOWED)

U17M

U20M

SENM

Entry £5.00

ENTRIES CLOSE 60 MINUTES PRIOR TO EVENT START

EVENT SELECTION

MALE TRACK EVENTS

Event	Closes	Time	PB
100m	13:31	14:31	
200m	15:35	16:35	
400m	14:19	15:19	
800m	14:59	15:59	
3000m	12:06	13:06	
2k Walk	11:38	12:38	
Distance Hdl	11:30	12:30	
1.5km S/C	13:59	14:59	

MALE FIELD EVENTS

Event	Closes	Time	PB
High Jump	14:00	15:00	
Pole Vault	13:30	14:30	
Long Jump	11:45	12:45	
Shot	11:45	12:45	
Discus	13:24	14:24	
Hammer	10:30	11:30	
Field events 4 trials only, except High Jump & Pole Vault			

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