

| WELSH ATHLETICS ROAD/CROSS COUNTRY COMMITTEE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <u>ACTION</u>                                                                  |
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| <p data-bbox="252 275 1197 344"><b>MINUTES OF MEETING HELD ON WEDNESDAY 17<sup>th</sup> OCTOBER 2018 AT J43 HOLIDAY INN EXPRESS SWANSEA</b></p> <p data-bbox="252 394 403 423"><b>PRESENT: -</b><br/>Alex Donald, Graham Finlayson, Martin Green (by phone), Nikki Haines, Chris Jones, Steve Jones, Sharon Leech, Kevin Tobin</p> <p data-bbox="252 510 443 539"><b>APOLOGIES : -</b><br/>None</p> <p data-bbox="252 624 1075 658"><b>MATTERS ARISING FROM LAST MEETING (ref. 19<sup>th</sup> SEPT 2018)</b></p> <ul data-bbox="304 680 1197 1189" style="list-style-type: none"> <li>• <i>IR Champs – Regional Reps to have informed Regions of the new venue, Llandrindod.</i></li> <li>• <i>Masters’ working group – JW confirmed that this was an option he would look into but also confirmed that any expenditure on Masters events would be separate to the Road/XC budget</i></li> <li>• <i>Burgos &amp; Liverpool advertised by WA</i></li> <li>• <i>Abbotstown – CJ to have put info on the website for athletes to apply. Jenny Nesbitt only athlete to race</i></li> <li>• <i>NW to send a regional team to Telford 10K</i></li> <li>• <i>HCI selection policy to be confirmed</i></li> <li>• <i>Committee to decide upon how to draw up a list of athletes to be contacted about season’s events. Emails to be sent for interest/availability</i></li> </ul> <p data-bbox="252 1252 649 1285"><b>CORRESPONDENCE RECEIVED</b></p> <ul data-bbox="304 1330 1197 1951" style="list-style-type: none"> <li>• Email received from JW that the Celtics will be held this year, within the Belfast Cross Challenge/ HCI meeting on 19<sup>th</sup> January. SL confirmed with EW that teams would be sent in all age groups. Selection criteria to be confirmed and reminder put on website/ social media</li> <li>• Email received from John Allen NI Athletics regarding clarification of age groups. The whole event will be run under IAAF age group rules. The U17 and U20 will run together, and so although the U20 are also a HCI team, they will be IAAF age rules i.e. not 20 in 2019</li> <li>• Email received from PB that he’s yet to be informed about the Snowdonia Marathon being a Masters Championship but MG confirmed he’d been informed at the Regional meeting. SL and MG have emailed PB to confirm this again</li> <li>• CJ received an email from Jenny Nesbitt indicating her interest in competing at Burgos</li> </ul> | <p data-bbox="1217 1093 1358 1240"><b>YET TO BE DONE:<br/>NEXT MEETING</b></p> |

## 2018/19 ROAD & CROSS COUNTRY COMPETITIONS PROGRAMME

### Domestic fixtures:

- Masters Marathon Championships, Snowdon 28<sup>th</sup> October
- Inter-Schools XC Champs at Brecon, 17<sup>th</sup> November
- British and Irish Masters International 17<sup>th</sup> November Swansea
- IR Champs at Llandrindod 8<sup>th</sup> December 2018
- Welsh Cross Country Championships 23<sup>rd</sup> February 2019, Pembrey
- Welsh 10K Champs 31<sup>st</sup> March 2019, Cardiff Bay
- Welsh Marathon Champs 28<sup>th</sup> April 2019, London
- Welsh 5K Champs 5<sup>th</sup> May 2019, Whitchurch

### Representative fixtures:

- Burgos Cross Country 11<sup>th</sup> November 2018 (junior and senior)
- Liverpool Cross Country 24<sup>th</sup> November 2018 (junior and senior)
- HCI and Celtic International at Belfast Cross Challenge Dundonald 19<sup>th</sup> January 2019 (U17, U20, U23 and senior)

**Selection criteria:** HCI and Celtic: first two at IR Champs and another two based on current form

- Barcelona Half Marathon 10<sup>th</sup> February 2019 (seniors, 4 male and 4 female, standard to be set M: 66 half 30.30 10K, W: 76 half, 35 10K)
- Armagh Road 3K and 5K 14<sup>th</sup> February 2018 (development and senior)
- SIAB 23<sup>rd</sup> March 2019 Dublin
- Find a 10K (poss March/April 2019, tbc)
- Mini-Marathon London 28<sup>th</sup> April 2019

**SL/EW**

**SL/EW**

**ALL**

### SCHOOLS

- No new information

### TEAM SELECTION AND MANAGEMENT

- **Burgos:**

Women: Stevie Stockton, Beth Kidger, Jenny Nesbitt, Charlotte Arter Res: Caryl Jones, Bronwen Jenkinson, Clara Evans

Men: Charlie Hulson, Dewi Griffiths, Kristian Jones, Dan Nash Res: Rob Samuel, James Hunt, Owain Jones

U20 Women: Cari Hughes, Kiara Frizelle, Mia Roberts, Ashleigh Willis (no reserves)

U20 Men: Jake Heyward, Oliver Barbaresi, Elliot Lawrence Res: Dominic Smith, Ben Thomas

TM: NH/CJ or AD

**SL/EW**

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| <p><b>Liverpool:</b> to be selected by email circulation before 5<sup>th</sup> November. 20 athletes (4 seniors x2, 6 juniors x2). Accommodation to be offered to athletes (try Runcorn Holiday Inn)<br/>TM: LD/ JM</p> <p><b>BUDGET AND FINANCE</b></p> <ul style="list-style-type: none"> <li>• n/a</li> </ul> <p><b>AOB</b></p> <ul style="list-style-type: none"> <li>• the Road Relays, Commonwealth Half Marathon and the Cardiff Cross were all successful events</li> <li>• official invitations will be sent to the Regions for Llandrindod next week (AD)</li> <li>• Happy 70<sup>th</sup> birthday wishes to Graham for the 31<sup>st</sup> October</li> <li>• Congratulations to CJ on his appointment</li> </ul> <p><b>DATE &amp; TIME OF NEXT MEETING</b></p> <ul style="list-style-type: none"> <li>• 5<sup>th</sup> December, 7pm, Holiday Inn Express Swansea East SA10 6GZ</li> </ul> | <p><b>KT/NH/CJ</b></p> <p><b>SL/EW</b><br/><b>CJ to ask Liz and John</b></p> |
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