



NORTH WALES REGIONAL ATHLETICS COUNCIL
MINUTES OF THE MEETING HELD ON FRIDAY 16th FEBRUARY 2018
AT EIRIAS PARK LEISURE CENTRE, COLWYN BAY

Present: P. Brooks (P.B.), D. Davies (D.D.), R. Frost (B.F.), J. Hatton (J.H.), K. Hatton (K.H.), D. Harris (D.H.), B. Harris (B.H.), D.A. Williams (D.A.W.), R. Mackey (R.M.), D. Edwards (D.E.), S. McCormack (S.M.), M. Blake (M.B.), C. Yorke (C.Y.) and G. White (G.W.).

Apologies for Absence: A. Bowyer, R. Jones-Morris, C. Backshall, A. Lewis E. Brewer and D. Peters. M.B. asked that it be noted that his apologies for the previous meeting had not been recorded.

1.0 Chair's Address: K.H. reported that (a) John Messum had expressed an interest in filling the vacancy for a Regional representative for the road/cross country committee and that C.Y. had applied to be the Regional representative on the General Council. (b) She welcomed C.Y. and G.W. to their first meeting. (c) She reported that there have been problems with sound quality at the meetings in Plas Menai and that she and C. Backshall had attended the Welsh Athletics (W.A.) road show in Colwyn Bay; she further commented that the latter meeting had been very informative. (d) attendance at the Wrexham roadshow had been poor.

2.0 Minutes of the last meeting and Matters Arising: (previous minutes in italics): Accepted as a true record.

2.1: K.H. and D.D. reported that the annual grant from W.A. had been received in the week leading up to the last meeting.

2.2: 2.1 It was agreed to support the application for affiliation by new Club, DVT Running Club, based in Llanberis.

2.3: 3.3 B.F. reported that Neil Edwards and Phil Walker had also been awarded the W.A. Meritorious Service award.

2.4 3.4 J.H. reported, in answer to a query from the floor, the 2018 10 miles road running championships could not be held within the Police championships as this was a closed event.

2.5 5.0 K.H. reported on progress on the proposed Regional Development Plan (R.D.P.) in that it would be in spreadsheet form, detailing its aims and actions and to include how volunteer coaches over individual disciplines could work together. P.B. asked that it include the criteria for selection to each discipline. Once completed, the Plan could be added to our Facebook page.

3.0 Discussion on:

(a) Clash of dates for fixtures:

P.B. reported that the date of the Regional track and field championships had changed from Saturday 12th to Sunday 13th May, the latter date having already been allocated to the Regional 5km road running championships. G.W. spoke on how difficult and expensive it would be for Prestatyn R.C. to move to another weekend for their road race. D.H. reported that they had had no option but to move to the Sunday as photo-finish was not available on the Saturday and that the weekend was allocated for all County t&f championships. After discussion K.H. proposed that the clash would be accepted for this year only and this was agreed. It was also agreed that the closing date for all disciplines' championships in 2019, would be the 30th September next.

(b) Closing date for Regional Championships:

After debate, it was agreed that all Regional championships, across all disciplines, will have a seven-day closing date. This will enable the office in Cardiff to check entries to ensure that all are currently registered with W.A.

4.0 Volunteering and Courses:

4.1 Development Officer: Eva Brewer had sent a written report stating that the R.D.P. should include the Primary Objectives of creating a thriving Club at the heart of every athletics Network, double Club membership and the number of volunteers, give every child the opportunity to run, jump and throw in athletics and we should work in partnership to provide those opportunities. She also sent a report covering Regional courses and links to find details, Club Portals, data protection updates and her work with secondary schools in the next months.

4.2 Cross Country reports: B.F. and D.A.W. presented reports covering: (a) N.W.C.C.L., Shrewsbury senior men had won division one and Meirionydd and Denbigh were promoted from division two. Eryri had won the senior women with Gog Tri and W. Cheshire promoted. 744 ran in the senior men's events across the season and 512 in the senior women's. Deeside and Menai were the outstanding teams in Junior League across the four fixtures. (b) The Regional championships at Rhug saw 255 athletes compete across the age-groups, where Amie Bagnall and Ricky Challinor had won the senior titles, Deeside won U/11 boys and girls, U/13 girls and U/15 boys and Menai won the U/13 boys and U/15 boys. (c) Matthew Willis and Cari Hughes ran for G.B. in the European champs In Samorina and in the Edinburgh international. (d) the C.A.U. champs are in Loughborough on March 10, the Welsh schools

4.2 (ctd.) champs are in Brecon on 17th March and the schools international is in Nottingham on 24th March.

5.0 Treasurer's report:

5.1 D.D. presented an up-to-date financial report which was accepted.

5.2 He noted that the t&f budget had been overspent. After discussion it was reported by D.H. and B.H. that this was because D.D. had paid the invoices for transport to the Y.D.L. meetings, which should be paid by the four Clubs involved to Menai t&f Club. D.D. will liaise with that Club for reimbursement.

5.3 S.M. reported that there were no small vests in stock and it was agreed to allocate £500 to restock.

5.4 P.B. reminded all disciplines that they must present their detailed spreadsheets of budget proposals at the next meeting if they are to qualify for funding from W.A. in the next financial year.

6.0 Secretary's Report: P.B. presented a written report:

6.1 General Council: James Williams had stated that the Inter Region cross country championships would not be held this year and asked the regions to instead send teams to the Inter Region 10km road running championships in Llandudno.

6.2 Endurance Officials: Mentoring to be piloted on a one-to-one basis, to be administered by Tom Marley; P.B. to be the North's chosen official. Proposed courses on endurance level one and risk awareness to be held in the North, date t.b.c. Details of two runners in the Snowdonia marathon who swapped numbers without permission and have been banned from all competition for twelve months; James Williams is setting up an appeal process.

6.3 Selection Criteria:

Cross Country D.A.W. reported that (a) for Welsh Inter Regional championships, selection is based on the first 8 finishers in N.W.C.C.L. matches (b) C.A.U. Inter Counties selection is based on N.W.C.C.L. and N. Wales championships results. P.B. asked for details of the number of athletes in each age-group at both events. Selection criteria for fell/mountain still outstanding.

Track and Field: Crispin Backshall had sent K.H. detail of criteria for t&f: (a) for Y.D.L. matches (u/17 and u/20), selection is based on performances in the Power of ten website (b) for the Inter Region championships, selection is based on the Power of Ten website, availability and the Regional championship results.



-4-

6.5 Road Running: (a) The North had fielded 18 athletes from a maximum of 20 at the event, held within the Nick Beer 10km in Llandudno. Only East had sent a team of men (4 seniors), South and West had not attended. Andrew Davies and Bronwen Jenkinson had won the Welsh championships, also included within the event. (b) Nine runners representing the North competed in an Inter County match within the Telford 10km. Five of those recorded personal bests, including Gareth Williams (31:23), Tomos Roberts (31:26) and Eiliw Haf (39:53).

7.0 Any Other Business:

7.1 D.D. had attended a meeting in Plas Menai, hosted by Sport Wales, to establish an organisation promoting health and an active lifestyle. The aim is to include all sports.

7.2 M.B. read a copy of a letter he had sent to Menai T&F regarding his concerns that young athletes are being taken to a training routine that necessitates young athletes twice crossing the busy A55 road and he had asked to see the risk assessment for this activity. P.B. will write directly to the Club and K.H. will also contact the Club for information

7.3 P.B. led a vote of congratulation to M.B. who had won the “Unsung Hero” award for Wales and attended a U.K. final in London.

14.0: Date and Venue of the next meeting: The next meeting will be held at Eirias Park Leisure Centre on Friday 23rd March, commencing at 19.00.